Pinetree Park Baptist Newsletter



Edition 2174

March 15, 2019

"Seed Sowing Kingdom Growing"

Pinetree Park Baptist

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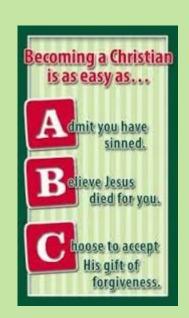
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Jesus Foretold His Death

17 Now Jesus, going up to Jerusalem, took the twelve disciples aside on the road and said to them,

18 "Behold, we are going up to Jerusalem, and the

Son of Man will be Betrayed to the chief priests and to the scribes; and they will Condemn Him to Death,

19 And deliver Him to the Gentiles to mock & to scourge and to crucify.

And the third day

He will rise again.'

Matthew Chapter 20 verses 17-19



Pastor Jennings asks members to be in Continual Prayer for...

Spiritual Growth Physical Growth Church Unity Our Community



Mother E. Anderson
Sis. Jimmie Ruth Gamble
Mother Belinda Jones
The McKinney Family
Simeon (Bro. Corey's
nephew)
Derec Hammons
Vacation Bible School



Sis. Inell Robinson in the loss of her brother-in-law.

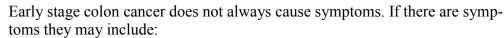
From the Healthcare Ministry

According to the National Cancer Institute, colon cancer is the second cause of death from cancer in the United States. Most cases of colon cancer begin as small noncancerous clumps of cells called polyps. Over time these polyps can become colon cancers. For this reason, doctors recommend regular screening tests to help prevent colon cancer by removing these polyps before they turn into cancer. People with an average risk of this cancer should consider screening beginning at age 50. However, people with an increased risk factor should consider screening sooner.

Our risk for colon cancer increases as we age, however according to the CDC, in recent years the number of deaths from colon cancer are decreasing in persons over the age of 55 and increasing for those under 50. It is important to discuss your family history with your doctor so that he can properly determine your risks for developing this disease. Risk factors include:

Colon Cancer Awaren

- Family history of colon cancer
- ♦ Personal history of polyps
- ♦ Getting older
- ♦ African American heritage
- Inflammatory intestinal conditions such as Crohn's disease
- Diabetes and heavy alcohol consumption
- ♦ Smoking and Obesity



- ♦ Rectal bleeding or blood in your stool
- ♦ A change in bowel habits that lasts longer than four weeks
- ♦ Abdominal discomfort such as pain, cramps, aches
- ♦ Weakness or fatigue
- ♦ Unexplained weight loss

Begin today to take steps to reduce your risk of developing colon cancer by making changes in your everyday life. Take steps to:

- ♦ Eat a variety of vegetables, fruit and whole grains
- ♦ Exercise at least 30 minutes a day
- ♦ Maintain a healthy weight
- ♦ Stop smoking
- ♦ Limit your intake of processed meat

Early detection is the key to prevention. According to the National Cancer Institute, nine out of ten people whose colon cancer is found early and treated appropriately are still alive 5 years later.

Don't Put It Off!!

Talk with your doctor today about screening options



Annie Armstrong Easter Offering



Mothers Board

The Mothers are collecting new & used Bibles, Books & Magazines for three Nursing Homes.



6:30-7:30 Tuesdays & Thursdays

Contact Sis. Kathy for Tickets

Crucifixion Foretold - Matthew 20:17-19



Across

- 1. Puzzle based on scriptures from this book of the Bible.
- 3. The Gentiles will mock and and crucify Him.
- 5. Jesus was traveling to this place.
- 6. Jesus will rise on the _____ day.
- 7. To expose to danger by treacherously giving information to an enemy.

Down

- 2. The number of disciples with Jesus.
- 4. To put death by nailing to a cross.









- 3 Shauntez Jennings
- 6 Barbara Goodrum
- 7 Alice Little
- 9 Everlena Anderson
- 11 Duel Adams
- 15 Angel Lee
- 23 Antwan Jennings
- 23 Dexter McKinney
- 25 Alex Ubom



April Events

- 6 Bowling 10:30 a.m.
- 7 Communion
- 8 Finance 7 p.m.
- 9 Deacons 7 p.m.
- 10 Men Cookout 10 a.m.
- 13 Conference 10 a.m. WMU 8 a.m. Ushers 12 p.m.
- 14 Palm Sunday
- 18 Maundy Thursday
- 19 Good Friday
- 21 Resurrection Day
- 27 WMU Dinner & Auction



March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	5
3 Communion	4 Finance 7 pm	5 Deacons 7 pm Zumba 6:30	6 Prayer 10:30 a.m. Bible Study 7 p.m.	7 Zumba 6:30	8	9 WMU 8 a.m.
10	11	12 Zumba 6:30	13 Prayer 10:30 a.m. Bible Study 7 p.m.	14 Zumba 6:30	15	16 VBS Sneak Peak 9 a.m.
17 Children's Church	18	19 Zumba 6:30	20 Prayer 10:30 a.m. Bible Study 7 p.m.	21 Zumba 6:30	22	23 Men 10 a.m. Women Seminar 9 a.m2 p.m.
24 Blood Pressure Checks	25	26 Zumba 6:30	27 Prayer 10:30 a.m. Bible Study 7 p.m.	28 Zumba 6:30	29	30 Junpstart 10:30 a.m.
31 Benevolence Offering						



Mother Lyn Adams Sweetheart of Year