## SOURCES NEST

## **After Care Instructions for Tattoo**

Good aftercare is the single most important thing you can do to protect your tattoo. While it is healing, **NEVER** touch your tattoo without first washing your hands with soap and water. When washing tattoo, **DO NOT SCRUB**. Pat *OR* Air dry with a clean, disposable paper towel.

DAY of TATTOO: Gently wash the tattooed area with warm water and soap within 1-2 hours from leaving tattoo shop. This needs to be repeated 2 more times before going to bed DO NOT apply moisturizer first day.

2-3 WEEKS AFTER YOUR TATTOO (until surface is healed): Wash area at least once a day and apply a thin coat of a lotion. Gently rub the product into the tattoo area. This should be repeated 3-4 times daily. DO NOT allow the area to dry, but NEVER apply more than a thin layer of lotion choice. Over-saturation of the product can interfere with healing.

RECOMMENDED LOTIONS INCLUDE: Cocoa Butter Lotion or Fragrance - Free Lotion

Until the surface of your tattoo is fully healed, **DO NOT** expose your tattoo to chlorine pools, hot tubs, lake or ocean water, direct sunlight, tanning bed lights or other harsh conditions and chemicals. **DO NOT** pick at scabs or scratch your tattoo.

If you have any questions concerning your tattoo, please contact the shop or reach out directly to the artist.

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