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HELLO
AUGUST

2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5	6	7	8
	Bowling Wizard Bin Lynnhaven Mall Library of Choice Animal Shelter Gabe's Norfolk Botanical Gardens Five Below Ross Michael's Craft Store Ferry Ride Walmart Dollar Tree Park of Choice	Five Below Ross Michael's Craft Store Beach of Choice Wegmans Shoe Dept. K & G Fashion Movie Day The Rootz Library of Choice Deer Park Sandy Bottom Recreational Park of Choice Oceanfront Greenbrier Mall Target Park of Choice	Burlington Walmart TJ Maxx Movie of Choice Farm Fresh Target Sam's Club Chesapeake Square City Park of Choice Library of Choice Coliseum Tour Patrick Henry Mall Pop Shelf Norfolk Zoo Family Dollar Norfolk Library Roses	Movie Day Greenbrier Mall The Rootz Dollar Tree Kroger's Ice Cream Social Chill's Burlington Walmart TJ Maxx Library of Choice Beach of Choice Golf Glow Chrysler Museum Waterside Citi-Trends Rainbow	Meals on Wheels Sam's Club Chesapeake Square Mall Rainbow Park of Choice Bowling Lynnhaven Mall Wizard Bin Library of Choice Mall of Choice Movie of Choice Walmart Patrick Henry Mall Russell Memorial Library Dollar Tree	



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
9	10	11	12	13	14	15
	Cinema Café JC Penny Macy's Bowling Hampton Carousel Publix Car Lot Tour of Choice Harris Teeters Bennetts Creek Park North Suffolk Library Sportsplex of Choice Mall of Choice Park of Choice Ferry Ride Food Lion Five Below	Norfolk Botanicals Gardens Royal Bazaar Burlington Tour of Local Fire Station Dollar Tree Harborview Shopping Regal Cinema Smoothie Café Library of Choice Treasure Hunt Big Lots Oceanfront Mt. Trashmore Bowling Akira Store Victoria Secret Hobby Lobby Pet Shop	Hobby Lobby Barnes & Noble Chesapeake City Park Beach of Choice Ross Store Sam's Club Village's Car Wash JC Penny Macy's Library of Choice Ollie's Choice of Goodwill Movie Day Gamestop Dick's Sporting Goods Greenbrier Mall	Harborview Shopping Regal Cinema Smoothie Café Library of Choice Dollar General Store Five Below Health Store Norfolk Botanical Gardens Royal Bazar Library of Choice Museum of Choice Bluebird Gap Farm Park of Choice	Meals on Wheels Harris Teeters Bennetts Creek North Suffolk Library Bowling Hobby Lobby Barnes & Noble Chesapeake City Park Library of Choice Mall of Choice Park of Choice IKEA Goodwill of Choice Michael's Craft Store Burlington	



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
16 	17 Norfolk Outlets Canvas Shoes Adidas Store Library of Choice Dollar Tree Bass Pro Shop Pop Shelf Book Store TJ Maxx Hampton Carousel Park of Choice Mariners Museum and Park Mama's Ghent Library Aldi Best Buy	18 Roses Footlocker Aeropostale H & M Thrift Store of Choice Mall of Choice Walmart Food Lion Park of Choice Gabès Library of Choice Wegmans Dave & Busters Old Navy Dairy Queen Target Home Goods Hobby Lobby	19 IKEA-(Norfolk) Mall of Choice Dollar General Movie of Choice Target Pet Store Big Lots Norfolk Outlets Library of Choice Park of Choice Gym of Choice Rec. Center of Choice Sandy Bottom Sno Ball Acredale Saddlery Burlington Beauty To Go	20 Food Lion Park of Choice Gabes Wlamart Boo Williams Sportsplex Emergency Preparedness Dollar Tree TJ Maxx Aldi Grocery Outlet Major Hillard Library Activites of Choice Library of Choice Bowling Target H & M Norfolk Outlets Footlocker	21 Meals on Wheels Pop Shelf Book Store Harris Teeters Park of Choice Farmers Market IKEA Mall of Choice Dollar General Library of Choice Thrift Store of Choice Citi-Trends Arts & Crafts Boo Williams Sportsplex Barnes & Noble Dollar Tree	22



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 Pet Smart Beauty Store Activity of Choice Library of Choice Bowling Green Clean Mariners Museum Home Depot Ollie's Hibbitts Sports Food Lion Burlington Cold Stone Movie of Choice Park of Choice Home Goods Target	24 Pet Smart Beauty Store Activity of Choice Library of Choice Bowling Green Clean Mariners Museum Home Depot Ollie's Hibbitts Sports Food Lion Burlington Cold Stone Movie of Choice Park of Choice Home Goods Target	25 Aldi Store Grocery Outlet Major Hillard Library Beach of Choice Roses Animal Farm Visit To Nursing Home Michaels Craft Store Thrift Store of Choice Activity of Choice Library of Choice Park of Choice Kroger's Russell Memorial Hibbitts Sports Wegmans Hot Topic Dollar Tree	26 Dick's Sporting Goods Best Buy Bath & Body Works Museum of Choice Norfolk Zoo Home Goods Norfolk Botanical Gardens Pet Smart Portsmouth Sportsplex Activity of Choice Library of Choice Five Below Walmart Target Food Lion Patrick Henry Mall Bath & Body Works Champs	27 Michael's Craft Store Thrift Store of Choice Activity of Choice Library of Choice Citi-Trends Ice Cream Social Mt. Trashmore Sportsplex of Choice Bowling Arts & Crafts Waterside Ferry Fishing Pier of Choice Norfolk Library Park of Choice Store of Choice Mall of Choice	28 "Pool Party" 10AM-3PM at 12137 Old Suffolk Rd. Windsor, Va. 23487	29

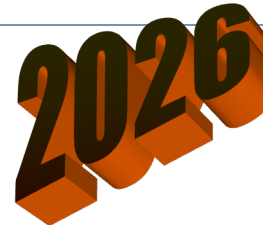


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Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31					
	 Summer Movies Mall Walk  Family Dollar Store Library of Choice  Home Depot Lowes Mall of Choice Sportsplex of Choice  Mt. Trashmore  Bowling Kroger's Park of Choice					



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Alternative Activities :	- Suffolk Cultural Art Center-Tues. -Fri. 10A-4P 110 W. Finney Avenue Suffolk, VA. 23434 - Cone Slingers:15141-D Carrollton Blvd. Carrollton, VA. 23314 - First Choice @ Deep Creek Assisted Living 1012 George Washington Highway Chesapeake, VA. (Contact: Ms. Tammy for Appt. on Wednesday's at 1:30 pm (757-966-1645) - Acts of Kindness: Give out Water Bottles in local communities. - Bingo Boogie:10:30 AM-11:30 AM Aug. 11th @ North Suffolk Library - Grayson & Emma's: 28412 Southampton Parkway Courtland, Va. 23837 (Tour Greenhouse) - Remarkable Goods: 10836 Warwick Blvd. Newport News, Va. 23601			Additional Activities - Boo Williams Sportsplex (Exercising) Monday- Friday 6a-2p/ 5 Armistead Pointe Hampton, VA 23666 - Isle of Wight Schoolhouse Museum: Open: 1p-4p (Mon. & Fri Only) 516 Main Street Smithfield, VA. 23431 - Hickory Ridge Farm: 2928 S Battlefield Blvd Chesapeake, VA 23322 Phone: 757-560-6763 Hours: 10:00 a.m. -5:00 p.m. *Nike Park: 13034 Nike Park Rd. Carrollton, VA. *Emergency Preparedness: August 20, 2026 Schedule is subject to change due to funds, weather, etc! Activities have been selected based upon individuals/Group preferences.		
	 Exercise can be incorporated into daily schedule.			Library: North Suffolk Library: (NSL) Morgan Memorial Library: (MML) Chuckatuck Library: (CL) Portsmouth Main Library (PML) Craddock Library: (CDL) Russell Memorial Library (RML) Indian River Library (IR)		
	*Activity Calendars Due August 15, 2026					

