Military Veterans

Timber Pines

To honor, educate, and assist all US Military veterans, men and
women by providing social opportunities ,information on veterans'
entitlements, and outreach activities that address needs beyond the
scope of other support groups

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My HealtheVet

How it Works

The VA provides an excellent tool for Veterans to monitor their healthcare. The tool is called
My Health*e*Vet. My HealtheVet (MHV) is a web based system that allows the Veteran to
review information maintained in their personal VA electronic medical record. In addition,
MHV provides the capability for the veteran to communication electronically with their primary
and specialty care clinical providers. By successfully registering for a free account, Veterans
can refill VA prescriptions online, access the Veterans Health Library and research many
other health related topics on their own. When Veterans upgrade to a Premium account, they
can view their VA appointments online, check their VA lab results, view VA medical notes and
reports and engage in *Secure Messaging* – a secure, web-based message service that allows
the Veteran to communicate non-urgent, non-critical healthcare issues and concerns with
their Primary Care Providers and other participating health care teams.

How To Register

1. Type www.myhealth.va.gov in the address bar on your web browser, and then select
   Enter.
2. When the MHV homepage opens, click the red *Register* tab.
3. When the registration page opens, complete all of the information, review and accept
   all *Terms & Conditions* by clicking all three boxes, then click *Save*.
4. After you have registered, go to www.myhealth.va.gov again. Then login with the *User
   ID* and the *Password* you have just created to access the website.
   Make sure you bookmark www.myhealth.va.gov for future use.

How to Upgrade to a Premium Account

1. Print, read and sign the My Health*e*Vet release of Information form (VA Form 10-5345a)
   or pick up a form at the VA health facility's Release of Information Office.
2. Take a copy of your signed form and government issued identification (valid driver's
   license or Veterans Identification Card) to the VA health facility's Release of
   Information Office.
   After the VA staff verifies your information, your My Health*e*Vet account can be
   upgraded.

3. Remember – to access above online features, a Veteran must be logged into www.myhealth.va.gov and already have a Username and Password established. If you forgot your Username and/or Password, click "Forgot Username" or "Forgot Password" links located on the home page.

Need Help

If a Veteran needs assistance establishing an account or utilizing MHV, then the **My HeatheVet Help Desk** should be contacted at the treating VA health care facility. The James A. Haley VA Hospital My Health*e*Vet Help Desk is available Monday through Friday, 8 a.m. to 5 p.m. Contact the My Health*e*Vet Coordinator at 813-972-2000, ext. 4107 or ext. 2985.