

Military Veterans



Timber Pines



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To honor, educate, and assist all US Military veterans, men and women by providing social opportunities, information on veterans' entitlements, and outreach activities that address needs beyond the scope of other support groups

James A. Haley VA Hospital – Women Veterans Health Program

About the Program

Women who have served in the armed forces are eligible for a variety of veterans benefits. VA actively encourages women to utilize the benefits due them.

James A. Haley Veterans' Hospital offers a variety of health services to address the unique needs of women Veterans. The Women Veterans Health Care Program focuses on wellness education, preventive health treatment, disease management and the emotional well-being of women Veterans. Our goal is to offer women patients quality healthcare in a concerned, compassionate and comprehensive manner throughout their life span. To make an appointment at the Women's Center, call (813) 972-2000 extension 3678 or 3679.

Women's Primary Care Services

Exams and Services:

- History and physical, including pelvic exam and breast exam
- Menopause treatment including hormonal therapy if appropriate
- Family planning and contraceptive care
- Infertility evaluation and referrals
- Maternity care referrals
- Assessment for heart disease, high blood pressure and stroke risk
- Tobacco use cessation counseling
- Sexual trauma referrals
- Flu and other vaccines
- Social work referrals
- Medication therapy education
- Referrals for other services as needed

Screening for:

- High blood pressure
- Breast cancer or fibrocystic disease – mammograms
- Cervical cancer – Pap test
- Colorectal cancer
- Osteoporosis
- High cholesterol
- Sexually transmitted diseases

- Diabetes
- Nutrition and dietary needs
- Psychosocial issues that impact your health

Women's Specialty Services at James A. Haley Veterans' Hospital

The **Gynecology Clinic** provides special services including major or minor surgical procedures for treatment of women's reproductive disorders, urologic-gynecology (for treatment of urinary incontinence) and oncologic-gynecology (for treatment of cancers of the female reproductive organs).

The **Breast Care Clinic** has been established for evaluation and treatment of breast diseases or abnormalities detected through breast examination or mammography.

Mental Health Services are available for treatment of many conditions, including depression and anxiety. An individual comprehensive treatment plan is developed with the patient. Referrals are made as needed for specific issues, including military sexual trauma, eating disorders, substance use and post traumatic stress disorder.

We invite women veterans to take advantage of our special programs. Your active and vocal participation in the health care process is important to our success. We value the opinions of veterans and want to listen and respond to your health care concerns.

OEF/OIF veterans, including activated Reservists and National Guard members, are eligible for a wide range of benefits, including free health care for conditions possibly related to your hazardous service. Timeframes are as follows:

Veterans currently-enrolled and new enrollees discharged from active duty on or after Jan. 28, 2003 are eligible for the enhanced benefits for five years post-discharge.

Veterans discharged from active duty before Jan. 28, 2003, who applied for enrollment on or after Jan. 28, 2008, are eligible for the enhanced benefit until Jan. 27, 2011.

How to Access These Services

All women veterans who have received an honorable discharge (or general under honorable conditions) from the military are eligible to apply for healthcare services. An eligibility specialist will process the request and the patient will be notified if she has met eligibility criteria. Eligible women patients are assigned to a primary care team. A co-payment may be assessed for treatment of non-service connected conditions. The fee is determined by the patient's income and entitlement.

If you **are NOT already enrolled** for VA medical benefits at JAHVH, contact the Eligibility Unit at (813) 972-2000, ext. 1710 for assistance.

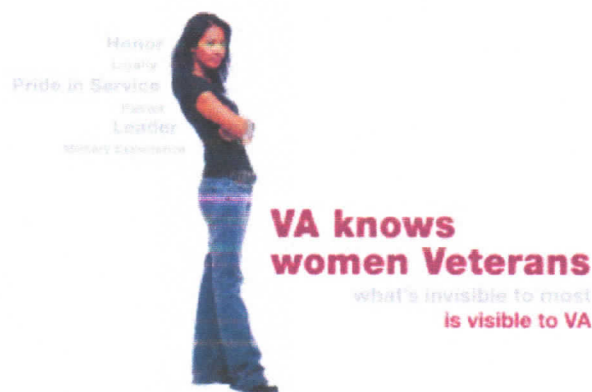
If you **are already enrolled** for VA medical benefits, contact your Primary Care team for information about how you can access the services available in the Women's Clinic.

If you want to know more about the Women Veterans Health Care Program at JAHVH, stop by the Women Veterans Program Manager's office at 13535 Lake Terrace Lane Tampa, FL 33637. She is also available by calling (813) 972-2000, ext. 6695.

For Women Veterans, VA is Here

Women Veteran Program Managers are available at each VA Medical Center nationwide to assist women Veterans and coordinate services. Women Veterans who are interested in receiving care at VA should contact the nearest VA Medical Center.

Women Veterans are assigned to a designated Women's Health Primary Care Provider who can provide general primary care and is specially trained or experienced in women's care.



Whole Health - It's All About You

VA's Whole Health System offers women Veterans proactive and personalized health care—empowering you to achieve your greatest level of health and well-being. Whole Health means the Whole You. From integrative health approaches like stress reduction, nutrition, and health coaching, to traditional clinical care and complementary health approaches—your journey to Whole Health starts here.

Well-Being Programs

Proactive, integrative health approaches such as:

- Health coaching
- Mind-body therapies and stress reduction
- Mindfulness
- Nutrition and weight management
- Peer support and community resources
- Programs to stop smoking
- Physical therapy and chiropractic services

General Health

You will be at the center of a Patient Aligned Care Team (PACT). A provider, nurse, and others will engage with you to manage your health care.

- Primary care: includes general medical care for acute and chronic conditions, such as chronic pain, high blood pressure, and diabetes
- Preventive care: includes immunizations and cancer screenings, such as mammogram, Pap, and colonoscopy
- Gender-specific care
- Birth control
- Family planning and preconception counseling
- Maternity and newborn care (first 7 days after birth)
- Osteoporosis screening and management

Gynecology Health Services

Evaluation and treatment for:

- Abnormal Pap test
- Abnormal uterine bleeding
- Infertility
- Pelvic pain
- Gynecologic cancers

Mental Health

Evaluation, counseling, and treatment for:

- Depression, mood, and anxiety disorders
- Alcohol and drug use and addiction
- Coping with illness
- Intimate partner violence/sexual and domestic abuse
- [Military sexual trauma \(MST\)](#)
- Parenting and caregiver concerns
- Posttraumatic stress disorder (PTSD)
- Stress adjustment from deployment

Specialty Care

- Management of chronic or complex conditions, including heart disease, diabetes, cancer, and fibromyalgia, as well as HIV/AIDS and hepatitis
- Surgery programs available at most Medical Centers
- Rehabilitation, homebound, and long-term care VA referrals are given to those in need of rehabilitation therapies, such as physical therapy, occupational therapy

VA referrals are given to those in need of rehabilitation therapies, such as physical therapy, occupational therapy, speech-language therapy, exercise therapy, recreational therapy, and vocational therapy.