

Clear Guidance, LLC

Consulting and Care Management

Strategic Approach
Creative Problem Solving
Informed Decisions



Let us provide the compass for your family's journey

Why Clear Guidance?

PH.D. LED PRACTICE

Our founder has a doctorate in Gerontology and almost three decades of experience in elder care, dementia and working with younger disabled populations. Dr. Pilcher is not only the Owner of Clear Guidance, but also provides personal consultation on every case.

EXPERTISE

Dementia Speciality

The Clear Guidance Team has expertise and a focus on working with with families experiencing behavioral, atypical and young onset dementias. Dr. Pilcher has not only dedicated her entire career to the study of dementia, but also to understanding and teaching alternative strategies for addressing difficult symptoms or behaviors.

Emotional, Psychological and Psychiatric Challenges

The combined psychiatric experience of our interdisciplinary team allows Clear Guidance to provide comprehensive support to you and/or loved one. Clear Guidance can develop and implement behavior modifications plans, coordinate with other providers, assist in acquiring or maintaining coping skills and offer medication monitoring for compliance and side effects.

Clear Guidance

www.clearguidance.org

(339) 777-5919

Our Services

Consultation / Caregiver Coaching

- Virtual (video or telephone) or in-person
- One-time, ongoing or as needed basis
- Development of strategies for overcoming resistance and introducing supports
- Placement decisions and issues
- Navigating next steps of complex medical issues
- Selecting and introducing home supports

Care Management

- Assessment of needs
- Recommendations and care planning
- Implementation of services
- Ongoing Monitoring and/or supervision

Ancillary Services

- Placement / relocation
- Long term insurance review / analysis
- Health care advocacy
- Family mediation / problem solving
- Issue resolution with facility or provider
- Medication Management / Remote Monitoring



The Clear Guidance team consists of Dr. Pilcher, Gerontologist, and Master's level Social Work and Nurse care managers. We are dedicated to working with our clients and their families to problem solve, strategize and find solutions to the challenges they face.

