

# ANEGADA DELIGHTS CARIBBEAN CUISINE AND DELI

## HOT BREAKFAST

### SCRAMBLED EGG & CHEESE SANDWICH ... \$3.49

(Multigrain Wheat/ White toast)

### FRESH VEGGIE & HERB OMELET ... \$5.99

(Seasoned with Fresh Herbs and Spices)

### BREAKFAST PLATTER ... \$6.99

(Scrambled Eggs, Toast, Choice of Breakfast meat, Home fries)

### FRENCH TOAST OR CREPE PLATTER ... \$6.99

(Crepes/French Toast, Eggs, Choice of Breakfast meat Home Fries)

### OMELET PLATTER ... \$7.99

(Omelet, Choice of Breakfast meat, Home Fries, Choice of Bread)

### BREAKFAST CREPES ... \$7.99

(Egg and Cheese, Choice of Breakfast meat, Choice of Veggies)

\* (Add Bacon, Sausage, Ham \$1.50, Add Cheese \$0.99) \*

### CHEESE OMELET ... \$5.99

(Seasoned with Fresh Herbs and Spices)

### SUPREME OMELET ... \$6.99

(Filled with Choice of Breakfast Meats and Veggies)

### PANCAKE PLATTER ... \$6.99

(Pancakes, 2 Eggs w/cheese, Choice of Bacon, Sausage or Ham, Home Fries)

### LOW CARB BREAKFAST PLATTER ... \$7.99

(Scrambled Eggs, Breakfast meat, Home Fries, Fresh Grilled Veggies)

### SWEET CREPES ... \$6.99

(Filled with Choice of Fruit and Spread)

\* BREAKFAST SPREADS include Butter, Cream Cheese, Nutella, Assorted Jams, and Maple Syrup \*

## LUNCH

Soup of the day

### SMALL ... \$2.99

### LARGE ... \$5.99

## SALADS

### MIXED GREEN SALAD ... \$5.99

Variety of Fresh Salad Greens

### CHEF SALAD ... \$7.99

Lettuce, Eggs, Turkey or Chicken, Tomatoes, Cucumbers

### COBB SALAD ... \$7.99

Romaine Lettuce, Avocado, Smoked Ham, Eggs, Tomatoes, Cheese

### TUNA SALAD ... \$6.99

Fresh Tuna Salad served on choice of salad greens

\* (Salad Meat choices: Jerk or Grilled Chicken, Turkey, Tuna, Shrimp)  
(Add Cheese, sliced avocado, Guacamole, Hummus or Microgreens \$0.99)

### CESAR SALAD ... \$5.99

Romaine Lettuce, and Croutons Dressed with Parmesan Cheese

### ANEGADA HOUSE SALAD ... \$7.99

Choice of Meat on a Bed of Greens with Spring Mix, Lettuce, Tomato, Onion, Pineapple, Mango, Topped with Pecans and Signature Dressing on the Side

### EGG SALAD ... \$6.99

Delicious homemade egg salad served on Choice of Salad Greens

### CHICKEN SALAD ... \$6.99

Fresh Chicken Salad Served on Choice of Salad Greens

## COLD SANDWICHES & WRAPS

\* (Add Cheese, Sliced Avocado, or Microgreens \$0.99) \*

### BLT ... \$5.99

Served with Choice of Veg Toppings and Dressing

### TURKEY SANDWICH ... \$6.99

(Sliced Turkey with Choice of Vegetable Toppings and Dressing)

### GRILLED CHICKEN ... \$6.99

(Served with Choice of Veg Toppings and Dressing)

### TUNA SALAD SANDWICH ... \$6.99

(Served with Choice of Veg Toppings and Dressing)

### CHICKEN TERIYAKI ... \$6.99

(Served with Choice of Veg Toppings and Dressing)

### HAM SANDWICH ... \$6.99

(Served with Choice of Veg Toppings and Dressing)

### THE "MACK" CLUB SANDWICH ... \$8.49

(Fully club sandwich loaded with all meat includes choice of vegetable toppings)

### EGG SALAD SANDWICH ... \$5.99

(Served with Choice of Veg Toppings and Dressing)

### CHICKEN SALAD SANDWICH ... \$6.99

(Served with Choice of Veg Toppings and Dressing)

## PANINIS & HOT SANDWICHES

### ROAST BEEF SANDWICH ... \$7.99

(Roast Beef with Provolone, Mayo, on Choice of Bread)

### VEGGIE DELIGHT PANINI ... \$7.99

(All Veggie Panini with Roasted Peppers, Onions)

### STEAK AND CHEESE PANINI ... \$7.99

(Grilled Steak and Cheese with Onions, Roasted Peppers on Panini Bread)

### REUBEN SANDWICH ... \$7.99

(Corned Beef with Swiss cheese, Sauerkraut, Dressing on Rye)

### TUNA MELT ... \$7.99

(Tuna Salad with Melted Cheese, Mayo on Rye)

### JERK CHICKEN PANINI ... \$7.99

(Our Signature Spicy Jerk Chicken, with Roasted Peppers and Onions on Panini Bread)

## HANDCRAFTED BURGERS

### REGULAR BURGER ... \$6.99

(Hand Crafted Beef Burger, Seasoned with Natural Spices)

### JERK BURGER SUPREME ... \$7.99

(Our Signature Jerk Burger topped with Bacon, and Choice of Veg Toppings)

### JERK BURGER ... \$7.49

(Hand Crafted Spicy Beef Burger, Seasoned with our Signature Jerk Sauce)

### JERK BURGER DELUXE ... \$8.49

(Our Signature Jerk Burger topped with Bacon and Choice of Shrimp)

## VEGETARIAN/VEGAN

### VEGGIE DELIGHT PLATTER ... \$9.99

(Combination of fresh seasoned Zucchini and Squash grilled with fresh onions and peppers, Rice and Peas, Plantains)

### VEGGIE BURGER ... \$7.99

(Soy Based Veggie Burger, Seasoned with a Special Blend of Herbs and Spices)

### THE "PETER" VEGGIE SANDWICH ... \$6.99

All Veggie on Multigrain Bread, Choice of Greens or Lettuce, Shredded Carrot, Onion, Avocado, Hummus, Microgreens, Cheese Option

### TOFU PLATTER ... \$11.99

(Stir fried tofu seasoned and served with choice of two sides)

### VEGETARIAN APRICOT CHICKEN ... \$12.99

(Soy Based chicken seasoned with fresh apricot seasoning served with two side choices)

## DELI SIDES (\$2.99)

COLESLAW/ SIDE SALAD/ (CHIPS \$1.49)

## CARIBBEAN MEAL SPECIALS

<sup>SPICY</sup> JERK CHICKEN ... \$11.99

BROWN STEW CHICKEN ... \$11.99

OXTAIL ... \$16.99

CURRY COCONUT SHRIMP ... \$11.99

SALMON ... \$16.99

RED SNAPPER ... \$16.99

CURRY CHICKEN ... \$11.99

CURRY GOAT ... \$16.99

<sup>SPICY</sup> JERK SHRIMP ... \$11.99

ROTI (CURRY GOAT) ... \$12.99

ROTI (CHICKEN OR SHRIMP) ... \$10.99

## SIDES (\$3.99)

STEAMED ZUCCHINI

PLANTAINS

MAC AND CHEESE

CABBAGE

RICE AND PEAS

CARIBBEAN PATTIES (BEEF, CHICKEN OR VEGETARIAN)

## DRINKS

FOUNTAIN DRINKS ... 16OZ \$1.99 20OZ \$2.25

ASSORTED BOTTLED DRINKS ... \$2.50

SORREL ... \$2.99

COFFEE/TEA/HOT CHOCOLATE ... \$1.49

BOTTLED WATER ... \$1.49

JAMAICAN SODAS ... \$2.99

FRESH GINGER PUNCH ... \$2.99

## DESSERTS

ASSORTED CAKES ... \$3.79

ASSORTED ICE CREAM ... \$3.59