

AUGUST 2023 CORPUS CHRISTI LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUGUST 28 NO SCHOOL	AUGUST 29 Chicken Patty on WG Bun or Deli Sandwich or Assorted Entrée Packs Tater Tots 100% Fruit Punch Milk	AUGUST 30 Cheese Burger on WG Bun or Grilled Cheese Sandwich or Assorted Entrée Packs French Fries Fruit Cup Milk	AUGUST 31 WG Wedge Pizza or Hot Dog on WG Bun or Assorted Entrée Packs Tossed Garden Salad Fruit Cup Milk	SEPT 1 NO SCHOOL

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed romaine salad

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: Unflavored 1% Milk and Unflavored Fat Free Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

Assorted dressing may include: ranch dressing, creamy Italian dressing or Italian dressing

Assorted Entrée Packs may include: Brunch for Lunch Entrée Pack, Nacho Entrée Pack, Pizza Entrée Pack, WOW Sandwich Entrée Pack or Hummus Entrée Pack

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain
* All grains offered are whole grain rich

SEPTEMBER 2023 CORPUS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPTEMBER 4	SEPTEMBER 5	SEPTEMBER 6	SEPTEMBER 7	SEPTEMBER 8
NO SCHOOL	WG Popcorn Chicken with WG Dinner Roll and Gravy or Turkey Hoagie	Cheese Burger on WG Bun or Grilled Cheese Sandwich or Assorted Cold Entree Packs	WG Pancakes with Sausage Link and Pancake Syrup or Chicken Patty on WG Bun or Assorted Cold Entree Packs	WG Stuffed Crust Pizza or Hot Dog on WG Bun or Assorted Cold Entree Packs
Assorted Cold Entree Packs Mashed Potatoes 100% Apple Juice Milk	Baked Beans Fruit Cup Milk	Assorted Cold Entree Packs Baked Apple Slices 100% Fruit Punch Milk	Assorted Cold Entree Packs Tossed Garden Salad Fruit Cup Milk	Assorted Cold Entree Packs Tossed Garden Salad Fruit Cup Milk
SEPTEMBER 11	SEPTEMBER 12	SEPTEMBER 13	SEPTEMBER 14	SEPTEMBER 15
WG Toasted Ravioli with Marinara Sauce or Chicken Patty on WG Bun or Assorted Cold Entree Packs	WG Chicken Tenders with WG Dinner Roll or Cheese Burger on WG Bun or Assorted Cold Entree Packs	WG Breaded Chicken Drumstick WG Dinner Roll or Grilled Cheese Sandwich or Assorted Cold Entree Packs	WG Pasta with Meat Sauce or Chicken Patty on WG Bun or Assorted Cold Entree Packs	WG Wedge Pizza Hot Dog on WG Bun or Assorted Cold Entree Packs
Tossed Garden Salad Broccoli Milk	Tater Tots 100% Apple Juice Milk	Baked Beans 100% Fruit Punch Milk	Tossed Garden Salad Milk	Tossed Garden Salad Fruit Cup Milk
SEPTEMBER 18	SEPTEMBER 19	SEPTEMBER 20	SEPTEMBER 21	SEPTEMBER 22
WG Breaded Mozzarella Sticks with WG Pasta and Marinara Sauce or Chicken Patty on WG Bun or Assorted Cold Entree Packs	WG Popcorn Chicken with WG Dinner Roll and Gravy or Fruit Smoothie with WG Soft Pretzel	Turkey Hoagie or Cheese Hoagie on WG Roll or Cheese Burger on WG Bun or Assorted Cold Entree Packs	WG Pancakes with Sausage Link and Pancake Syrup or Chicken Patty on WG Bun or Assorted Cold Entree Packs	WG Stuffed Crust Pizza or Hot Dog on WG Bun or Assorted Cold Entree Packs
Tossed Garden Salad Broccoli Milk	Mashed Potatoes 100% Apple Juice Milk	Sweet & Sour Cucumber Salad 100% Apple Juice Milk	Baked Apple Slices 100% Fruit Punch Milk	Oven Roasted Vegetables Tossed Garden Salad Fruit Cup Milk

SEPTEMBER 2023 CORPUS LUNCH MENU

SEPTEMBER 25	SEPTEMBER 26	SEPTEMBER 27	SEPTEMBER 28	SEPTEMBER 29
WG Toasted Ravioli with Marinara Sauce OR Chicken Patty on WG Bun OR Assorted Cold Entree Packs Broccoli Tossed Garden Salad Milk	WG Chicken Tenders with WG Dinner Roll OR Cheese Burger on WG Bun OR Assorted Cold Entree Packs Oven Roasted Potatoes 100% Apple Juice Milk	WG Chicken Nuggets with WG Waffle OR Grilled Cheese Sandwich OR Assorted Cold Entree Packs Baked Beans Fruit Cup Milk	WG Pasta with Meat Sauce OR Chicken Patty on WG Bun OR Assorted Cold Entree Packs Tossed Garden Salad Milk	WG Wedge Pizza Hot Dog on WG Bun OR Assorted Cold Entree Packs Tossed Garden Salad Fruit Cup Milk

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed romaine salad

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: Unflavored 1% Milk and Unflavored Fat Free Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

Assorted dressing may include: ranch dressing, creamy Italian dressing or Italian dressing

Assorted Cold Entree Packs may include: Deli Sandwich, Nacho Cold Entree Pack, Brunch for Lunch Cold Entree Pack or Pizza Cold Entree Pack

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