

NOVEMBER 2022 CORPUS CHRISTI LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	NOVEMBER 1 NO SCHOOL	NOVEMBER 2 No NP Lunch Home and School ChikFilA PreOrder Through H & S	NOVEMBER 3 Pulled Pork on WG Bun or Assorted Entrée Packs Tater Tots 100% Fruit Punch Variety of Milk	NOVEMBER 4 WG Stuffed Crust Pizza or Assorted Entrée Packs Tossed Garden Salad Fruit Cup Variety of Milk
NOVEMBER 7 WG Mozzarella Sticks with WG Pasta and Marinara Sauce or Brunch for Lunch Entrée Pack Tossed Garden Salad Milk	NOVEMBER 8 WG Chicken Sticks with WG Waffle or Nacho Entrée Pack Seasoned Corn 100% Apple Juice Variety of Milk	NOVEMBER 9 WG Cheese Burger or Pizza Entrée Pack French Fries Fruit Cup Variety of Milk	NOVEMBER 10 Egg and Cheese on WG Croissant or Assorted Entrée Packs Tater Tots 100% Fruit Punch Variety of Milk	NOVEMBER 11 WG Cheese or WG Chicken Quesadilla or Assorted Entrée Packs Seasoned Black Beans Tossed Garden Salad Fruit Cup Variety of Milk
NOVEMBER 14 WG Toasted Ravioli with Marinara Sauce or Brunch for Lunch Entrée Pack Broccoli Tossed Garden Salad Variety of Milk	NOVEMBER 15 WG Chicken Fingers with WG Dinner Roll or Nacho Entrée Pack Baked Beans 100% Apple Juice Variety of Milk	NOVEMBER 16 No NP Lunch Home and School Hot Dog Day PreOrder through H & S	NOVEMBER 17 WG Chicken Patty on Bun or Assorted Entrée Packs Tater Tots Cucumber Slices 100% Fruit Punch Variety of Milk	NOVEMBER 18 WG Wedge Pizza or Assorted Entrée Packs Tossed Garden Salad Fruit Cup Variety of Milk
NOVEMBER 21 WG Pasta with Meat Sauce or Brunch for Lunch Entrée Pack Broccoli Tossed Garden Salad Variety of Milk	NOVEMBER 22 Oven Roasted Chicken with WG Dinner Roll or Nacho Entrée Pack Mashed Potatoes 100% Apple Juice Variety of Milk	NOVEMBER 23 NO LUNCH	NOVEMBER 24 NO SCHOOL	NOVEMBER 25 NO SCHOOL
NOVEMBER 28 WG Bosco Sticks with Marinara Sauce or Brunch for Lunch Entrée Pack Broccoli Tossed Garden Salad Variety of Milk	NOVEMBER 29 WG Popcorn Chicken with WG Dinner Roll and Gravy or Nacho Entrée Pack Mashed Potatoes 100% Apple Juice Variety of Milk	NOVEMBER 30 No NP Lunch Home and School Pizza PreOrder Through H & S		

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AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed romaine salad

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: Unflavored 1% Milk and Unflavored Fat Free Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

Assorted dressing may include: ranch dressing, creamy Italian dressing or Italian dressing

Assorted Entrée Packs may include: Brunch for Lunch Entrée Pack, Nacho Entrée Pack, Pizza Entrée Pack, WOW Sandwich Entrée Pack or Hummus Entrée Pack

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

*** All grains offered are whole grain rich**