

SEPTEMBER 2021 CORPUS CHRISTI LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		SEPTEMBER 1 1 - French Toast Sticks w/ Yogurt and Baked Cinnamon Apples or 2 - Grab & Go Nacho Meal Fresh Fruit Fresh Veggies Milk	SEPTEMBER 2 1 - Chicken Tenders w/ Corn Muffin and Hot Vegetable or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Fruit Punch Milk	SEPTEMBER 3 NO SCHOOL
SEPTEMBER 6 NO SCHOOL	SEPTEMBER 7 1 - Chicken Drumstick w/ Mashed Potatoes and Hot Vegetable or 2 - Grab & Go Nacho Meal Fresh Fruit Fresh Veggies Apple Juice Milk	SEPTEMBER 8 1 - Chicken Patty on Bun with Baked Beans and Fruit Cup or 2 - Grab & Go Pizza Meal Fresh Fruit Fresh Veggies Milk	SEPTEMBER 9 1 - Scrambled Eggs w/ Biscuit & Oven Roasted Potatoes or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Fruit Punch Milk	SEPTEMBER 10 1 - Cheese Quesadilla with Tossed Garden Salad and Fruit Cup or 2 - Grab & Go Cheese & Cracker Meal Fresh Fruit Fresh Veggies Milk
SEPTEMBER 13 1 - Breaded Mozzarella Sticks with Pasta, Tossed Garden Salad and Fruit Cup or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Milk	SEPTEMBER 14 1 - Chicken Nuggets & Waffles or 2 - Grab & Go Cheese Sandwich Meal Fresh Fruit Fresh Veggies Apple Juice Milk	SEPTEMBER 15 1 - Cheese Burger w/ French Fries and Fruit Cup or 3 - Grab & Go Nacho Meal Fresh Fruit Fresh Veggies Milk	SEPTEMBER 16 1 - Grab & Go Ham and Cheese Sandwich or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Fruit Punch Milk	SEPTEMBER 17 1 - Wedge Pizza with Tossed Garden Salad and Fruit Cup or 2 - Grab & Go Hummus Meal Fresh Fruit Fresh Veggies Milk

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<p>SEPTEMBER 20</p> <p>1 - Pasta with Meat Sauce, Tossed Garden Salad and Fruit Cup or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Milk</p>	<p>SEPTEMBER 21</p> <p>1 - Oven Roasted Chicken w/ Dinner Roll & Oven Roasted Potatoes or 2 - Grab & Go Nacho Meal Fresh Fruit Fresh Veggies Apple Juice Milk</p>	<p>SEPTEMBER 22</p> <p>1 - Egg & Cheese on Croissant with Tater Tots and Fruit Cup or 2 - Grab & Go Pizza Meal Fresh Fruit Fresh Veggies Milk</p>	<p>SEPTEMBER 23</p> <p>1 - Hot Dog Bar with Baked Beans or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Fruit Punch Milk</p>	<p>SEPTEMBER 24</p> <p>1 - Max Sticks w/ Marinara Dipping Sauce and Tossed Garden Salad or 2 - Grab & Go Cheese & Cracker Meal Fresh Fruit Fresh Veggies Fruit Cup Milk</p>
<p>SEPTEMBER 27</p> <p>1 - Hot Ham & Cheese on Ciabatta Bread with Baked Beans and Fruit Cup or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Fruit Cup Milk</p>	<p>SEPTEMBER 28</p> <p>1 - Popcorn Chicken w/ Mashed Potatoes, Corn Gravy & Dinner Roll or 2 - Grab & Go Cheese Sandwich Meal Fresh Fruit Fresh Veggies Apple Juice Milk</p>	<p>SEPTEMBER 29</p> <p>1 - French Toast Sticks w/ Yogurt and Baked Cinnamon Apples or 2 - Grab & Go Nacho Meal Fresh Fruit Fresh Veggies Milk</p>	<p>SEPTEMBER 30</p> <p>1 - Chicken Tenders w/ Corn Muffin and Hot Vegetable or 2 - Grab & Go Brunch for Lunch Fresh Fruit Fresh Veggies Fruit Punch Milk</p>	

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Milk: 1% White Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.