



Mission:

Once INcarcerated...Once INC... is a 501c (3) organization founded and directed by two formerly incarcerated women. We intend to change the assumed narrative regarding people who live with criminal record(s). OUR end goal is reducing recidivism, thus improving public safety. We help Justice Impacted families and individuals navigate through the collateral damage they will face... **Once Incarcerated.**

ONCE IN ANONYMOUS ©2019

Tracie Bernardi, Recovery Support Specialist
LaResse Harvey, Social Worker

Is a program created for and by formally incarcerated people (F.I.P). The steps to successful reentry and our “life after incarceration” books will be available for purchase TBA.

Once IN: Vision Statement:

Once INcarcerated...Once INC... is a holistic non-profit organization that works with the whole family to reduce recidivism and promote zero-entry for children, thus reducing generational incarceration. We aim to increase reentry success through Life Skills, Leadership Development, Advocacy and Trauma Support.

Once IN... inside the jails and prisons assist with grievances, voting rights for unsentenced voters or preparing for reentry. We connect people to resources such as employability and housing services, links to education, credit and financial literacy, advocacy around criminal and juvenile justice and prison reform; mental health and trauma support for Justice Impacted people and their families. Our **POWER** is in our brand of-Impactful Storytelling-We use **OUR HISTORY** for **CULTURAL CHANGE!**

Once INcarcerated...Once INC... helps people connect with the resources necessary to achieve successful reintegration. Our founding leaders know exactly what it’s like to be **ONCE INCARCERATED.**

CONTACT US



860-829-9920

onceincarcerated@gmail.com

www.onceincarcerated.org

[Once Incarcerated | Facebook](#)

[Instagram](#)



COFOUNDERS

Tracie Bernardi, RSS & LaResse Harvey, BSW



Once Incarcerated...
Once INC...
THE PROMISE KEEPERS

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*FIP means formerly incarcerated person or people.

Welcome to OIA!

Once Incarcerated Anonymous

Mission Statement

Once Incarcerated Anonymous is here to help you transition as you live in TRUE FREEDOM!

In a world filled with Implicit Bias and Stereotyping everything from Race to cultural behaviors (Goth). People living with criminal records deserve a **REAL** safe place, where WE can go to talk about where WE have been; where WE hope to go; and where WE are. This group is about recognizing the roots of our trauma, stomping out negative messages, healing, peer support, and knowing WE are not alone.

We will learn together to rewrite our stories so that WE use them impactfully and honestly for positive change. Together WE can prevent recidivism. Together WE can change the culture of our society to stop generational INCARCERATION AND promote ZERO ENTRY for **ALL** children. WE will not hide our truths. We share our truths to end mass incarceration, while addressing institutionalization.



PREAMBLE

*created by and for *FIPs.*

- I AM ACKNOWLEDGED AND WELCOMED IN THIS WORLD.
- I AM NECESSARY IN THIS WORLD
- I HAVE A PURPOSE.
- I AM A SURVIVOR.
- I DID NOT MAKE IT THROUGH ALL MY EXPERIENCES WITHOUT REASON.
- I AM NOT MY MISTAKES.
- I ACKNOWLEDGE THAT ALL HUMAN BEINGS MAKE POOR CHOICES, I AM NO DIFFERENT.
- HAVING BEEN IN PRISON, DOES NOT MAKE ME LESS THAN HUMAN. I CARRY NO SHAME.
- I AM FORGIVEN. MY SENTENCE IS SERVED.
- I AM FREE TO BE MYSELF, LOVE MYSELF, AND CREATE MY OWN HAPPINESS.
- I CAN ACCOMPLISH MY DREAMS WITH A PLAN.
- I WILL **PAVE MY PAIN INTO POWER.**
- MY STORY WILL CHANGE THE NARRATIVE FOR ALL PEOPLE LIVING WITH A RECORD.

OIA MEETINGS ZOOM ONLY

Every **Tuesdays 8pm** and **Saturday 12pm-Noon. 1-hour**

Do you want to attend OIA meetings?

Text 860-829-9920

with your **email and where you were incarcerated?**



Sign up for Subgroups!

- **People who deal with killing someone**
- **People who deal with the "Hustler's Lifestyle."**
- **Youth Incarceration now Adult**
- **Youth Incarceration 25 and under**
- **Family of Incarcerated Person**