2024 CLASS SCHEDULE

MASTER KWON / KMA TAEKWONDO

START Aug. 5th 2024

K-Tiger (4~6yrs)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
White & H/White Belt BEGINNER CLASS	6:00 ~ 6:30	4:00~4:30	6:00~6:30	4:00~4:30	
L/Yellow Belt above ADVANCE CLASS	4:00 ~ 4:30	6:00~6:30	4:00~4:30	6.00~6.30	

K-Junior (6.5~12yrs)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
White, Yellow, Orange Belt	5:10 ~ 5:50	6:40~7:20	5:10~5:50	6:40~7:20	
Green, Purple, Blue Belt	6:40 ~ 7:20	4:40~5:20	6:40 ~ 7:20	4:40~5:20	6:40~7:20
Brown, Red, R-Black Belt	6:40 ~ 7:20	4:40~5:20	6:40 ~ 7:20	4:40~5:20	6:40~7:20
Black Belt	7:20 ~ 8:00 ONLY BLACK BELT	4:40~5:20		4:40~5:20	7:20 ~ 8:00 ONLY BLACK BELT
MASTER CLUB Leadership Team		5:30 ~ 7:20		5:30~7:20	
Form CLUB Competition Team	4:30 ~ 5:10		4:30 ~ 5:10 STRENGTH TRAINING		5:00~5:50
Sparring CLUB Competition Team	8:00 ~ 8:50		4:30 ~ 5:10 STRENGTH TRAINING		5:50~6:40
Family Class			7:30 ~ 8:10		

K-Teen&Adult (13YRS ABOVE)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
White, Yellow, Orange Belt	5:10 ~ 5:50	7:30 ~ 8:10	7:30 ~ 8:10	7:30 ~ 8:10	
Green, Purple, Blue Belt		7:30 ~ 8:10	7:30 ~ 8:10	7:30 ~ 8:10	6:40 ~ 7:20
Brown, Red, R-Black Belt		7:30 ~ 8:10	7:30 ~ 8:10	7:30 ~ 8:10	6:40 ~ 7:20
Black Belt	7:20 ~ 8:00 ONLY BLACK BELT	7:30 ~ 8:10	7:30 ~ 8:10	7:30 ~ 8:10	7:20 ~ 8:00 ONLY BLACK BELT
Form Training Competition Team	4:30 ~ 5:10		4:30 ~ 5:10 STRENGTH TRAINING		5:00 ~ 5:50
Sparring Training Competition Team	8:00 ~ 8:50		4:30 ~ 5:10 STRENGTH TRAINING		5:50 ~ 6:40
Family Class			7:30 ~ 8:10		

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