

Start Time	Time Blocks
8:00 AM	1h

Daily Schedule

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM				Adult Tai Chi 8:30-9:30 AM			
9:00 AM							Adult Tai Chi 9:00-10:00 AM
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM					Pre-School (ages 3.5-4) 3:30-4:00		
4:00 PM		Little Warriors (ages 5-6) 4:10-4:55	Little Warriors (ages 5-6) 4:10-4:55	Little Warriors (ages 5-6) 4:10-4:55	Little Warriors (ages 5-6) 4:10-4:55	Advanced Kids (ages 10-15) 4:00-4:55	
5:00 PM		Junior Warriors (ages 7-9) 5:00-5:50	Junior Warriors (ages 7-9) 5:00-5:50	Junior Warriors (ages 7-9) 5:00-5:50	Junior Warriors (ages 7-9) 5:00-5:50	Little Warriors (ages 5-6) 4:10-4:55	
6:00 PM		Kid Warriors (ages 10-15) 6:00-6:55	Kid Warriors (ages 10-15) 6:00-6:55	Kid Warriors (ages 10-15) 6:00-6:55	Kid Warriors (ages 10-15) 6:00-6:55	open mat	
7:00 PM		open mat	Teen — Adult Karate 7:10-8:15	open mat	Teen — Adult Karate 7:10-8:15	open mat	
8:00 PM							