

| Time     | Sunday | Monday                                     | Tuesday                                    | Wednesday                                  | Thursday                                   | Friday                                    | Saturday                       |
|----------|--------|--------------------------------------------|--------------------------------------------|--------------------------------------------|--------------------------------------------|-------------------------------------------|--------------------------------|
| 8:00 AM  |        |                                            |                                            | Adult Tai Chi<br>8:05-9:05 AM              |                                            |                                           |                                |
| 9:00 AM  |        |                                            |                                            |                                            |                                            |                                           | Adult Tai Chi<br>9:05-10:05 AM |
| 10:00 AM |        |                                            |                                            |                                            |                                            |                                           |                                |
| 11:00 AM |        |                                            |                                            |                                            |                                            |                                           |                                |
| 12:00 PM |        |                                            |                                            |                                            |                                            |                                           |                                |
| 1:00 PM  |        |                                            |                                            |                                            |                                            |                                           |                                |
| 2:00 PM  |        |                                            |                                            |                                            |                                            |                                           |                                |
| 3:00 PM  |        |                                            |                                            |                                            | Pre-School<br>(ages 3.5-4)<br>3:30-4:00    |                                           |                                |
| 4:00 PM  |        | Little Warriors<br>(ages 5-6)<br>4:10-4:55 | Kid Warriors<br>(ages 9-15)<br>4:00-4:55   | Little Warriors<br>(ages 5-6)<br>4:10-4:55 | Kid Warriors<br>(ages 9-15)<br>4:00-4:55   | Advanced Kids<br>(ages 9-15)<br>4:00-4:55 |                                |
| 5:00 PM  |        | Junior Warriors<br>(ages 6-9)<br>5:00-5:50 | Junior Warriors<br>(ages 6-9)<br>5:00-5:50 | Junior Warriors<br>(ages 6-9)<br>5:00-5:50 | Junior Warriors<br>(ages 6-9)<br>5:00-5:50 |                                           |                                |
| 6:00 PM  |        | Kid Warriors<br>(ages 9-15)<br>6:00-6:55   | Teen — Adult Karate<br>6:00-7:00           | Kid Warriors<br>(ages 9-15)<br>6:00-6:55   | Teen — Adult Karate<br>6:00-7:00           | Teen — Adult Karate<br>6:00-7:00          |                                |
| 7:00 PM  |        | Teen — Adult Jiu Jitsu<br>7:10-8:15        | Teen — Adult Jiu Jitsu<br>7:10-8:15        | Teen — Adult Jiu Jitsu<br>7:10-8:15        | Teen — Adult Jiu Jitsu<br>7:10-8:15        | Teen — Adult Jiu Jitsu<br>7:10-8:15       |                                |
| 8:00 PM  |        |                                            |                                            |                                            |                                            |                                           |                                |