

GYM CLASS SCHEDULE

5 :30 AM MONDAY 10:30 AM 4:30 PM	CROSSFIT
5:30 AM TUESDAY 10:30 AM 4:30 PM	CROSSFIT
5 :30 AM WEDNESDAY 10:30 AM 4:30 PM	CROSSFIT
5:30 AM THURSDAY 4:30 PM	CROSSFIT
5:30 AM FRIDAY 10:30 AM 4:30 PM	CROSSFIT