## **InkArchBrows**

## **Pre-care for Ombre Powder Brows**

Things to avoid 24 hours before as it could cause excessive and unwanted bleeding resulting in poor retention.

- Caffeine
- Alcohol
- Vitamin E
- Fish oil
- Sodas

Medications to avoid 48 hours prior to appointment as it will cause blood to thin out and will affect the final result.

- Aspirin
- Ibuprofen
- niacin

## Things to avoid 2 weeks prior to appointment

- No facial peels
- Exfoliant
- Retinol cleancer
- Vitamin A

## Things to avoid 4 weeks prior to procedure

No botox injection

Be well hydrated 24 hours prior to appointment Come with your everyday makeup.

If any question please contact me by email: <a href="mailto:inkacrhbrows@gmail.com">inkacrhbrows@gmail.com</a>