

## Creed of Tae Kwon Do

To build true confidence through strength in my body, honesty in my heart, and knowledge in my mind. To keep friendship with one another and to build a strong and happy community. Never fight to achieve selfish ends, but to develop Might for Right!

## TENETS OF TAEKWONDO

1. COURTESY – TO BE POLITE
2. INTEGRITY – ABILITY TO KNOW RIGHT FROM WRONG
3. PERSEVERANCE – CONTINUOUS STRENGTH
4. SELF-CONTROL – BEING COURTEOUS TOWARDS OTHERS
5. INDOMITABLE SPIRIT – INCAPABLE OF GIVING UP

## OATH

1. I SHALL OBSERVE THE TENETS OF TAEKWONDO
2. I SHALL RESPECT MY INSTRUCTOR AND SENIORS
3. I SHALL NEVER MISUSE TAEKWONDO
4. I SHALL BE A CHAMPION OF FREEDOM AND JUSTICE
5. I SHALL BUILD A MORE PEACEFUL WORLD