<u>Creed of Tae Kwon Do</u>

To build true confidence through strength in my body, honesty in my heart, and knowledge in my mind. To keep friendship with one another and to build a strong and happy community. Never fight to achieve selfish ends, but to develop Might for Right!

TENETS OF TAEKWONDO

- 1. COURTESY TO BE POLITE
- 2. INTEGRITY ABILITY TO KNOW RIGHT FROM WRONG
- 3. PERSEVERANCE CONTINUOUS STRENGTH
- 4. SELF-CONTROL BEING COURTEOUS TOWARDS OTHERS
- 5. INDOMITABLE SPIRIT INCAPABLE OF GIVING UP

<u>OATH</u>

- 1. I SHALL OBSERVE THE TENETS OF TAEKWONDO
- 2. I SHALL RESPECT MY INSTRUCTOR AND SENIORS
- 3. I SHALL NEVER MISUSE TAEKWONDO
- 4. I SHALL BE A CHAMPION OF FREEDOM AND JUSTICE
- 5. I SHALL BUILD A MORE PEACEFUL WORLD