

START MODEL PROGRAMS

2024 Annual Report



START Model Programs provide community mobilization services in the communities that we support throughout Manitoba. We are consent-based, culturally inclusive and client-centered programs that seek to identify the challenges our clients face, support them with multi-disciplinary teams and assist them in reaching their individual goals. Ultimately, this creates healthier and safer communities for everyone.

START Youth, DART, FYRST and Headway are consent-based and voluntary programs that support youth who are experiencing challenges in various areas of their lives. We assist youth and their families by coordinating and advocating for resources and providing ongoing supports.

Re-START is a consent-based and voluntary program that works with adults who have had contact with the justice system. The Re-START program assists clients by coordinating and advocating for resources by using a non-judgmental approach.

START Families utilizes the START and Safe & Together Models to assist adults who are perpetrators of domestic violence to create new outcomes for their families. (Selkirk and Steinbach only)

START model programs deliver community mobilization services on First Nations Treaty Territories 1 and 2, and on the homeland of the Métis Nation. We respect that First Nation treaties were made on these territories, acknowledge harms and mistakes, and dedicate ourselves to collaborate in partnership with First Nations, Inuit and Métis peoples in the spirit of reconciliation.



The START Program

- ♦ Selkirk
 - ♦ St. Andrews
 - ♦ St. Clements
 - ♦ Brokenhead Ojibway Nation
- Families program:
Steinbach, Oakbank,
Beausejour & Ste. Anne



DART Program

- ♦ Dauphin
- ♦ Ochre River
- ♦ Winnipegosis
- ♦ Ethelbert
- ♦ Grandview
- ♦ Gilbert Plains
- ♦ Valley River First Nation



FYRST Program

- ♦ Gimli
- ♦ Arborg
- ♦ Riverton
- ♦ Winnipeg Beach and surrounding areas



Headway

- ♦ Steinbach and surrounding areas

START Model Programs

Key Achievements of 2024-25

Participants of our programs had/were:

- 67%** Fewer Police Calls for Service
- 69%** Fewer Charges Laid
- 54%** Fewer Mental Health Act Calls to Police
- 70%** Connected to Culturally Appropriate Services
- 69%** Youth with Improved School Attendance
- 70%** Youth with Improved Academics
- 86%** Connected to New Services
- 94%** Experienced Reduced Barriers in Accessing Services
- 100%** Service Providers Who Said Participating was a Good Use of Their Time
- 82%** A Reduction of Risk Factors



“Just wanted to let you know – I’ve been working in Selkirk/Red River North since 2018 and you’ve done incredible work. I’ve seen the list of clients grow and grow, and in turn people get the support and help they actually need vs. a band aid solution, which in the long term has taken a great amount of stress and pressure from Police. Keep up the good work and thanks again.”

-Cst. Jordan Lorenz, Selkirk RCMP



- ♦ START Youth
- ♦ Re-START Selkirk
- ♦ START Families

"START has been there for me when it felt like no one else was. I was moved around all year and START was the only thing that didn't leave me or move around. I don't know what I would do without START." - A youth client

Assisting Program Participants:

- ⇒ 69% are accessing needed mental health treatment
- ⇒ 91% were kept safe by a plan created by their support team
- ⇒ 83% have obtained/maintained housing
- ⇒ 76% have improved living conditions
- ⇒ 66% had improved school attendance (youth)
- ⇒ 66% had improved academics (youth)
- ⇒ 94% had barriers to accessing services reduced
- ⇒ 78% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of service providers felt participating was a good use of their time

Working with START has helped my son tremendously and my family. It has given us some common ground between our child and us as his parents to give us all a voice in this difficult situation. My son has benefited greatly from some of the programs offered and we greatly appreciated being able to have the supports needed for us to navigate through this. Thank you and I hope we can continue to work with the START program till our son is in a better place to navigate life.

-Parent of youth

I have been working collaboratively with the START program for several years and truly value the support [the Coordinator] brings to the team. [The Coordinator] has been the point person for all collaterals in relation to a youth we have worked with since 2023. Her input and effort in bringing all parties together to problem solve and case plan is exceptional. She is able to keep meetings on task and facilitate communication flow during, before and after meetings. I am grateful to have the opportunity to work with the START program.

- Probation Officer



- ♦ DART Youth
- ♦ Re-START Dauphin
- ♦ START Families

“My mom couldn’t take care of me; she went to jail, and my sisters and brother went to live with their dad. I was 17 and didn’t want to go into care. EIA and DART worked with me to become an independent minor and receive benefits so I could live on my own. I will be able to finish school this year.”

-DART Program Participant

Assisting Program Participants:

- ⇒ 69% are accessing needed mental health treatment
- ⇒ 98% were kept safe by a plan created by their support team
- ⇒ 68% have obtained/maintained housing
- ⇒ 53% have improved living conditions
- ⇒ 70% had improved school attendance (youth)
- ⇒ 70% had improved academics (youth)
- ⇒ 100% had barriers to accessing services reduced
- ⇒ 100% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of service providers felt participating was a good use of their time

“DART is a great program that exists in Dauphin. Lori is always a pleasure to work with and works hard keeping the various service providers involved in children’s lives organized. The monthly DART meetings allow service providers opportunities to collaborate with one another. Lori is always an advocate for students and parents and a pleasure to work with.”

-Social Work Clinician



- ◆ FYRST Youth
- ◆ Re-START Gimli

“I have never had someone to talk to that really listened. She helped me trust her and see other people around me that I could trust too.”

-FYRST Youth Participant

Assisting Program Participants:

- ⇒ 44% are accessing needed mental health treatment
- ⇒ 88% were kept safe by a plan created by their support team
- ⇒ 100% have obtained/maintained housing
- ⇒ 44% have improved living conditions
- ⇒ 53% had improved school attendance (youth)
- ⇒ 56% had improved academics (youth)
- ⇒ 100% had barriers to accessing services reduced
- ⇒ 56% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of service providers felt participating was a good use of their time

“F.Y.R.S.T. was particularly helpful with this student as it was difficult to work with certain agencies that had key roles in our FYRST client’s care and a significant amount of time was required to bring all supports to the table. We would not have been successful without the wrap-around services of F.Y.R.S.T. and the Coordinator’s skillset in mediation/communication services.”

- School Team



- ♦ Headway Youth
- ♦ Re-START Steinbach

“Having a very consistent group of amazing adults supporting me has been helpful. When I started [with Headway] I had doubts about how helpful it would be, but I have been able to work on myself, grow in self-esteem and self-confidence, and like the people supporting and my meetings better now.”

-Headway youth participant

Assisting Program Participants:

- ⇒ 83% are accessing needed mental health treatment
- ⇒ 93% were kept safe by a plan created by their support team
- ⇒ 100% have obtained/maintained housing
- ⇒ 83% have improved living conditions
- ⇒ 89% had improved school attendance (youth)
- ⇒ 89% had improved academics (youth)
- ⇒ 81% had barriers to accessing services reduced
- ⇒ 89% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of service providers felt participating was a good use of their time

“[The Headway Coordinator] continues to provide opportunities to build capacity and support students. [Meetings are] fantastic for advocacy and ensuring everyone has a voice; they are organized and well thought-out.

Great support for clients!”

-Service Provider

“Being able to know who I really am and not needing to use [substances] a lot [has been helpful]. When I first started [with Headway] I didn’t feel like I really needed it, but now looking back I’m happy I did it.”

—Re-START Steinbach Participant

This year, START Model Programs collectively had:

261
Program
Participants

1271
Case Conference/
Support Team
Meetings

990
Participant
Meetings

Welcome Community Resource Network to the START Model Programs



- ♦ Resource Youth
- ♦ Re-START Stonewall

Resource provides services to:

- ♦ Town of Stonewall
- ♦ RM of Rosser
- ♦ RM of Woodlands
- ♦ RM of Rockwood
- ♦ Town of Teulon

Thank you to the Funders of
Community Resource Network:

Manitoba Justice
Town of Stonewall
Stonewall RCMP Detachment
RM of Rosser
RM of Rockwood
RM of Woodlands
Rural and Northern Child and Family Services

“The START Program is an excellent program and has helped us fill a gap for my granddaughter who had limited resources prior to entry in the program. I have found it helpful to be a part of my grandchild’s team, working together to set goals and promoting her wellbeing and progress. The meetings help us stay all on the same page and provides me with an opportunity to understand how I can continue to help and support my granddaughter.”

-Grandparent of START Youth Client

For further information on the START Model or it’s programs, please check out startmodelprograms.ca or call us at 204-785-4001.

Thank you to Our Partners in Collaboration

Funding Partners

General Child and Family Services Authority
Manitoba Dept. of Families-Rural and Northern Child and Family Services
Manitoba Justice
Royal Canadian Mounted Police
Lord Selkirk School Division
City of Selkirk
RM of St. Clements
Michif Child and Family Services
Dauphin Friendship Centre
City of Dauphin
Mountain View School Division
RM of Gimli
Evergreen School Division
Calvary Church
City of Steinbach
MCC Steinbach
PBX Truck Service
RM of Hanover
Taste of Summer Charity BBQ (Golden West)
RM of Rockwood
RM of Rosser
RM of Woodlands
Town of Stonewall
Stonewall Justice Committee

Community Partners

General Child and Family Services Authority
Manitoba Dept. of Families
Manitoba Justice
Royal Canadian Mounted Police
Lord Selkirk School Division
Shared Health
Interlake-Eastern Regional Health Authority
Manitoba Housing
Brokenhead Ojibway Nation Health Centre
Jordan's Principle
Sgt. Tommy Prince School
Manitoba First Nations Policing
Shawenimabinoojii Inc.
Southeast Child and Family Services
Red River North Counselling and Therapy Services
Canadian Mental Health Association
Selkirk Friendship Centre
Huddle Selkirk
Connections to Employment
Compass Treatment Centre
The Link
Manitoba Adolescent Treatment Centre
Stepping Stone Therapy
St. Amant
Inclusion Selkirk
Marymound
Children's DisAbility Services
Family Resolution Service
Employment and Income Assistance
Survivor's Hope
First Nations of Northern Manitoba Child and Family Services Authority

Community Partners (con't)

Metis Child and Family Services Authority
Southern First Nations Network of Care
Berkowitz Therapeds
SERDC Jordan's Principle caseworker
Community Living Disability Services
Community Living Psychiatric Services
Canadian Mental Health Association
Manitoba Harm Reduction Network
Dr. Karen Dyck
Adult & Teen Challenge
Agape House
Anchor of Hope Counselling
Aulneau Renewal Centre
Backstage (Youth for Christ Steinbach)
Buhler Counselling
Calvary Church
Crossview Church
Chatrath Counselling Centre
Cloud 9 Ranch
Community Financial Counselling Services
Eden Health Care (with Wellness U30 and Segue)
FASD Centre
Flatlands (Youth for Christ Landmark)
Forensic Psychological Services
Hanover School Division
Initiatives for Just Communities (El'dad)
KD Counselling Therapy Services
Life's Journey
Lil' Steps Wellness
Little Warriors
Manitoba Possible
Oak Tree Therapy
RISE Therapy
Rooted Counselling Centre
RWS Therapy & Consulting
Safe Families Steinbach
Southern Health
Southland Church
Steinbach Alternative Justice Committee
Steinbach Community Outreach
Steinbach Pride
The Mill (Youth for Christ Blumenort)
Toba Centre
Vantage Point Counselling Therapy
Victim Services
Whistling Wind Therapy
Dauphin Friendship Centre
City of Dauphin
Mountain View School Division
InSIGHT Mentoring Program
Brandon Correctional Centre
Prairie Mountain Health
Housing First
Waskaa'igan Neegan Safe Warm Drop-In Space
MB Education & Training
Parkland Job Opportunity Centre
Almost New Store
Evergreen School Division
Behaviour Psychology Service –Department of Families
Elements CTS
Janis Dyck Therapy Group
Evergreen Basic Needs