

START Model Programs 2023 Annual Report



Who We Are

START model programs provide community mobilization services in the communities that we support throughout Manitoba. We are a consent-based, culturally inclusive and client-centered program that seeks to identify the challenges our clients face, support them with multi-disciplinary teams and assist them in reaching their individual goals. Ultimately, this creates healthier and safer communities for everyone.

START model programs deliver community mobilization services on First Nations Treaty Territories 1 and 2, and on the homeland of the Métis Nation. We respect that First Nation treaties were made on these territories, acknowledge harms and mistakes, and dedicate ourselves to collaborate in partnership with First Nations, Inuit and Métis peoples in the spirit of reconciliation.

Where We Are Located



The START Program
Selkirk, MB



D.A.R.T. Program
Dauphin, MB



Gimli, MB



Steinbach, MB

START Youth, DART, FYRST and Headway are consent-based and voluntary programs that support youth who are experiencing challenges in various areas of their lives. We assist youth and their families by coordinating and advocating for resources and providing ongoing supports.

Re-START is a consent-based and voluntary program that works with adults who have had contact with the justice system.

START Families utilizes the START and Safe & Together Models to assist adults who are perpetrators of domestic violence to create new outcomes for their families. (Selkirk and Steinbach only)

START Model Programs Key Achievements 2023

67%	Fewer Police Calls for Service
54%	Fewer Charges Laid
55%	Fewer Mental Health Act Calls to Police
78%	Connected to Culturally Appropriate Services
61%	Youth with Improved School Attendance
60%	Youth with Improved Academics
82%	Were Connected to New Services
88%	Experienced Reduced Barriers in Accessing Services
99%	Service Providers Who Said Participating was a Good Use of Their Time
83%	Had a Reduction of Risk Factors

“Please pass on my appreciation to your entire unit for the work that you do. You’ve been a tremendous resource, and I’ve always been confident in making referrals. It’s nice to have some channel to offer actual results-oriented help, rather than just put out fires, leave, then put them out again later...”

-Cst. Jordan Booth, Selkirk RCMP

The START Program

Selkirk, MB



Serving :
Selkirk
St. Andrews
St. Clements &
Baaskaandibewiziibing
First Nation

My experience with START has always been very positive. What I love most about it is that it meets the family and student where they are at. START is also very proactive in nature and I feel with many of our youth helps prevent further difficulties for the student and family. I appreciate the collaboration with this fantastic resource.

– School Counsellor

“To be honest I didn’t want to attend the program at first because I didn’t think it would be helpful. However, after attending for a while now I realized there are lots of things that have been helping me especially with my kids. My daughter did not want to see me because of the way I treated her and her mom, but after months of trying the stuff I learned she wants to see me again.”

– a START Families client

Assisting Program Participants:

- ⇒ 76% are accessing needed mental health treatment
- ⇒ 95% have obtained/maintained housing
- ⇒ 75% have improved living conditions
- ⇒ 63% had improved school attendance (youth)
- ⇒ 60% had improved academics (youth)
- ⇒ 91% had barriers to accessing services reduced
- ⇒ 86% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of service providers felt participating was a good use of their time
- ⇒ 95% had a better understanding of the participant’s challenges

D.A.R.T. Program

Dauphin, MB



Serving:
Dauphin, Ochre River,
Winnipegosis,
Ethelbert, Grandview,
Gilbert Plains and
Valley River First
Nation, MB

Assisting Program Participants:

- ⇒ 74% are accessing needed mental health treatment
- ⇒ 76% have obtained/maintained housing
- ⇒ 72% have improved living conditions
- ⇒ 52% had improved school attendance (youth)
- ⇒ 52% had improved academics (youth)
- ⇒ 86% had barriers to accessing services reduced
- ⇒ 82% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of services providers felt participating was a good use of their time

Working with the Re-START Program provides a linkage between policing and mental health services allowing a frame of reference from both sides to be shared. The result of which creates an understanding of clients by both organizations and the opportunity to hold the clients accountable while understanding the context of their mental health and behaviours in the community.

-FACT Care Board Team Member

My children were first referred to the DART Program two years ago, at which point I felt my children were doing better and declined after the first meeting as I felt I did not need the assistance. A year later, my situation changed, and I remembered I could call the DART Program and ask for help creating a safety plan. I realized then I needed more help, and the program has been there for me helping me advocate for my children's needs at school and some family relationships.

-Parent of a DART Participant

FYRST Gimli, MB



Serving:

Gimli, Arborg, Riverton,
Winnipeg Beach, MB and
surrounding areas

"I really like having support from multiple resources, it helps me not feel like I'm alone trying to help my child. It shows there are people looking out for her too. It's a mental relief for me."

-Parent of FYRST participant

"This has been my first involvement with Re-Start and it has been very positive to bring team members together every month, very collaborative and appreciated that in this case the participant has been "leading" the team."

-Service Provider

Assisting Program Participants:

- ⇒ 68% are accessing needed mental health treatment
- ⇒ 100% have obtained/maintained housing
- ⇒ 60% have improved living conditions
- ⇒ 57% had improved school attendance (youth)
- ⇒ 54% had improved academics (youth)
- ⇒ 67% had barriers to accessing services reduced
- ⇒ 76% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 95% of services providers felt participating was a good use of their time
- ⇒ 95% had a better understanding of the participant's challenges

Headway Steinbach, MB



Serving:

Steinbach, MB and
surrounding areas

Assisting Program Participants:

- ⇒ 73% are accessing needed mental health treatment
- ⇒ 100% have obtained/maintained housing
- ⇒ 83% have improved living conditions
- ⇒ 67% had improved school attendance (youth)
- ⇒ 67% had improved academics (youth)
- ⇒ 94% had barriers to accessing services reduced
- ⇒ 100% had a reduction of risk factors

Assisting Service Providers:

- ⇒ 100% of services providers felt participating was a good use of their time (youth)
- ⇒ 95% had a better understanding of the participant's challenges (youth)

"[The Youth Coordinator] is extremely organized and has very good understanding and empathy for the client and their family/support. [The Youth Coordinator] has great communication – great resources, insights, and connections. Excellent!"

-Headway Service Provider

"Everyone is here for me and has helped me with myself and school...things have gotten better after being in this program."

-Headway Youth Client

Working with START has made a huge difference not only for our son but for our family too. They helped us to ease the parent/teen dynamic to the point we were able to love each other through the harder times instead of arguing, fighting and being demanding with our struggling, trying to figure themselves out teen. Thank you START – FOREVER thankful.

– Parent of START Youth Participant

Coordinator Viewpoint

I have had many clients have their files closed by CFS this year, and all of them have asked to continue to meet with me. I have seen lots of progress made by these clients- some of them were very resistant at the beginning of our working relationship so it has been very neat to see the positive changes they have made and rewarding to hear how it has benefited their relationship with their family/children.

-START Coordinator



Coordinator Viewpoint

Working with a family with a youth with a mental health diagnosis and there is a strain in the relationship between parent and child. I was able to arrange some educational learning around understanding the diagnosis and how to respond to the youth in a way they will receive it without feeling attacked. The parents were very good about changing the way they relate to their child and this has been a positive change in the relationship for this family. They are interacting in a much healthier way.

-START Coordinator

252 Program Participants
1117 Case Conferences/Support Team Meetings
915 Participant Meetings

For More information about START Model Programs visit us at:
StartModelPrograms.ca or call 204-785-4001

Thank You to our Partners

Funding Partners

Manitoba Justice, Victim Services
Manitoba Justice, Crime Prevention Branch
Manitoba Families, Rural and Northern CFS
Michif Child & Family Services
RCMP
City of Selkirk
City of Dauphin
RM of Gimli
RM of Hanover
RM of St. Andrews
RM of St. Clements
Lord Selkirk School Division
Mountain View School Division
Evergreen School Division
Dauphin Friendship Centre
Selkirk and District Community Foundation
Family Violence Intervention Fund
Calvary Church

Community Partners

Addictions Foundation of Manitoba/Shared Health
Anchor of Hope Counselling
Aulneau Renewal Centre
Band of Colours
Berkowitz Therapeds
Brokenhead Ojibway Nation Health Services
Buhler Counselling
Calvary Church
Canadian Mental Health Association
Canadian Mental Health Association – Community Housing
with Supports Program
Chatrath Counselling Centre
Children's DisAbility Services
Cloud 9 Ranch
Community Financial Counselling Services
Community Living Disability Services
Community Mental Health
Compass Treatment Centre
Connections to Employment
Crossview Church
Dauphin Friendship Centre
Dauphin Friendship Centre Client Advocate
Dauphin Friendship Centre Housing
Dauphin Friendship Centre Indigenous Wellness Worker
Dauphin Friendship Centre InSight Mentor Program
Eagle Embracing You
Elements CTS
Employment and Income Assistance
Evergreen School Division
Families First
FASD Centre
FASD Key Worker
Government of Canada - Parole Services
Housing First
Hanover School Division
Huddle
Inclusion Selkirk
Initiatives for Just Communities

Interlake-Eastern Regional Health Authority
Jordan's Principle
KD Counselling Therapy Services
Land-Based Therapy
Legal Aid Manitoba
Life's Journey
Lil' Steps Wellness
Lord Selkirk School Division
Manitoba Department of Families
Manitoba Department of Families - Behaviour Psychology Services
Manitoba Housing
Manitoba Justice, Community & Youth Corrections
Manitoba Possible
Marymound
MATC
Metis Child and Family Services
Michif Child and Family Services
Mountain View School Division
Ndinawemaaganag Endaawaad
North-West Metis Council (MMF)
Nova House
Oak Tree Therapy
Parkland Mental Health Housing
Peguis Child and Family Services
Prairie Mountain Health – Addiction Services
Prairie Mountain Health – Child & Adolescent Mental Health
Prairie Mountain Health – Community Mental Health – FACT
(Flexible Assertive Community Treatment) Care Board Team
Prairie Mountain Health – Community Mental Health – Psycho-
social Rehabilitation
Prairie Mountain Health – Primary Care Outreach Clinic
Prairie Mountain Health – Public Health
Public Guardian & Trustee
Public Health
RCMP
Red River North CTS
Rooted Counselling Centre
Rural and Northern Child and Families Services
Rural and Northern Child and Family Services – Parkland
RWS Therapy and Consulting
Safe Families
Selkirk and District Community Foundation
Selkirk Community Renewal Corporation
Selkirk Friendship Centre
Southeast Child and Family Services
St. Amant
START Families
Steinbach Alternative Justice Committee
Steinbach Community Outreach
Steinbach Pride
Stepping Stone Therapy
The Link
Turning Leaf Support Services Inc.
Victim Services
Vulnerable Persons Commission
Walking Stick
West Region Child and Family Services
Whistling Wind Therapy
Wiji'idiwag Ikwewag