



2025-26

ANNUAL REPORT



OUR MISSION

Our mission is to provide community mobilization services for the communities that we support throughout Manitoba. We are a consent-based, culturally inclusive and client-centred program that seeks to identify the challenges our clients face, support them with multi-disciplinary teams and assist them in reaching their individual goals. Ultimately, this creates healthier and safer communities for everyone.



LAND ACKNOWLEDGEMENT

START Model Programs deliver community mobilization services on First Nations Treaty Territories 1, 2 and 4, and on the homeland of the Métis Nation. We respect that First Nation treaties were made on these territories, acknowledge harms and mistakes, and dedicate ourselves to collaborate in partnership with First Nations, Inuit and Métis peoples in the spirit of reconciliation.

START Youth, DART, FYRST, Headway, Resource, and ARC are consent-based and voluntary programs that support youth who are experiencing challenges in various areas of their lives. We assist youth and their families by coordinating and advocating for resources and providing ongoing supports.

Re-START is a consent-based and voluntary program that works with adults who have had contact with the justice system. The Re-START program assists clients by coordinating and advocating for resources by using a non-judgmental approach.

START Families utilizes the START and Safe & Together Models to assist adults who are perpetrators of domestic violence to create new outcomes for their families (Selkirk, Steinbach, and Dauphin only).



The START Program

- Selkirk
- St. Andrews
- St. Clements
- Brokenhead Ojibway Nation



FYRST Program

- Gimli
- Arborg
- Riverton
- Winnipeg Beach and surrounding areas



Community Resource Network

- Stonewall
- Teulon
- RM of Rosser
- RM of Rockwood
- RM of Woodlands



DART Program

- Dauphin
- Ochre River
- Winnipegosis
- Ethelbert
- Grandview
- Gilbert Plains
- Valley River First Nation



Headway Program

- Steinbach
- RM of Hanover



ARC Program

- Winkler
- RM of Stanley
- Garden Valley School Division

START MODEL PROGRAMS

KEY ACHIEVEMENTS OF 2025-26

Due to program participation, the following participant outcomes were identified across all programs from April 1, 2025 to March 31, 2026:

62%	Reduction in calls for police service
57%	Reduction in charges
69%	Are accessing mental health treatment
91%	Were kept safe through a safety plan created by their team
73%	Are receiving counselling, practicing harm reduction, reduced their substance use
81%	Maintained their living situation due to supports
73%	Of youth had improved their school attendance
72%	Of youth had improved academics
89%	Feel they have an increased opportunity to set and work toward goals
83%	Are connected to new services
96%	Experienced reduced barriers in accessing services
100%	Of support team members report participating was a good use of their time
85%	Of participants had a reduction of risk factors
41	Children returned to or remained with their parent due to involvement
48	Parents had visits increased with their children in care

"Through the history of this detachment's relationship with START, we have seen a noticeable decrease in recidivism due to the focused efforts to address its underlying causes. Consistently, members express to me a positive impact on both their workload and increasingly trusting relationships with many of their clients. START participants have now come to recognize the positive collaboration between the RCMP and START in both identifying and addressing their long-term needs."

- Inspector Chris Lambert, Selkirk RCMP Detachment Commander



THE START PROGRAM

START Youth, Re-START Selkirk,
START Families

127 total participants assisted in 2025-26

Participant Outcomes:

68% are accessing mental health treatment

96% were kept safe through a plan created with their support team

77% have improved living conditions

83% maintained their living situation due to supports

73% of youth improved their school attendance

89% had barriers to accessing services reduced

86% feel they have an increased opportunity to set and work toward goals

Service Provider Outcomes:

65% reduction in calls for police service

58% reduction in charges

69% reduction in calls for service under the *Mental Health Act*

"[The Coordinator] is so caring, kind, knowledgeable, and experienced. She knows who to connect with to receive the help/support we need. She was always willing to go "extra" for our family."

- Parent of START Youth Participant

"I didn't realize how much support was missing from my life until I became involved with you guys. I thought I was doing okay with stuff, but it's much better to do things together rather than doing it alone. It's good knowing you have a bunch of people you can call or talk to when things get bad and when things get good."

- Re-START Selkirk Participant



DART PROGRAM

DART Youth, Re-START Dauphin,
START Families

53 total participants assisted in 2025-26

Assisting Program Participants:

- 83%** are accessing mental health treatment
- 87%** were kept safe through a plan created with their support team
- 76%** maintained their living situation due to supports
- 73%** of youth improved their school attendance
- 91%** are connected to new services
- 96%** are connected to more appropriate services
- 94%** had barriers to accessing services reduced
- 100%** had a reduction of risk factors

Assisting Service Providers:

- 100%** of service providers felt participating was a good use of their time
- 62%** reduction in calls for police service
- 57%** reduction in charges



"All the help the Program has provided to us for everything. The DART Program has made the process of everything speed up, from help getting housing to now being connected to Jordan's Principle. Our family can finally stop stressing about finances and start living our lives."

- DART Participant

"I am on the DART Steering and Screening Committees. From both an operational and management perspective, I have found that DART has not only served to bring agencies together and reduce the proverbial red tape, but encouraged a climate whereby partnerships are forged. This is a win-win situation when dealing with youth who live in complicated situations. It streamlines the process and allows for a more efficient and effective response from all the involved agencies."

- Service Provider



FYRST PROGRAM

FYRST Youth, Re-START Gimli

28 total participants assisted in 2025-26

Assisting Program Participants:

70% are accessing mental health treatment

94% are receiving counselling and/or harm reduction

87% were kept safe through a plan created with their support team

71% have improved living conditions

71% of youth improved their school attendance

71% of youth had improved academic or school situations

75% maintained their living situation due to supports

Assisting Service Providers:

74% reduction in police occurrences

63% reduction in charges

80% reduction in calls for service under the *Mental Health Act*

"[The Coordinator] has strong communication skills and has a way about her that invites others into conversation easily. She is empathetic and understanding, and is able to redirect and keep progress moving forward. Having a wrap-around support available to students in rural communities is extremely important. [The Coordinator] is supportive and encouraging. She has an excellent understanding of supports available in the area and connections to agencies that she can leverage in the best interest of her clients."

- Service Provider

"The best part of being in this program is feeling understood and supported! FYRST has very good, supportive workers! Amazing Program!"

- Parent of FYRST Youth Participant

"What a great Program! Very worth the time and effort."

- Service Provider



HEADWAY PROGRAM

Headway Youth, Re-START Steinbach,
START Families

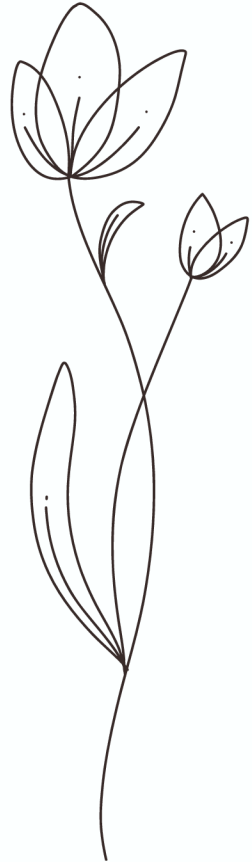
39 total participants assisted in 2025-26

Assisting Program Participants:

- 69%** are accessing mental health treatment
- 67%** of participants are receiving counselling and/or harm reduction
- 86%** were kept safe through a plan created with their support team
- 77%** have improved living conditions
- 88%** maintained their living situation due to supports
- 89%** of youth improved their school attendance
- 89%** of youth had improved academic or school situations
- 86%** are connected to new services
- 75%** reduction of participants who were experiencing homelessness or living in inadequate housing

Assisting Service Providers:

- 53%** reduction in calls for police service



"All the support and help from workers [has been the most beneficial part of being in this program], being able to call and text whenever for anything... barriers for me was the participation in meetings and goals I needed to do, but the more I went, I [was] pushed toward my goals and a better life for me."

- Headway Participant

"[The Youth Coordinator] is thorough in her leadership, care, and facilitating efficient meetings. She has brilliant communication and a heart for struggling youth and young adults. She advocates for her clients to be successful and connected with the best resources and support teams."

- Service Provider



COMMUNITY RESOURCE NETWORK

Resource Youth, Re-START Stonewall

20 total participants assisted in 2025-26

Assisting Program Participants:

63% are accessing mental health treatment

100% were kept safe through a plan created with their support team

86% have improved living conditions

89% maintained their living situation due to supports

50% are connected to new services

79% experienced a reduction of risk factors

50% of youth had improved academic or school situations

Assisting Service Providers:

50% reduction in calls for police service



"I speak highly of this program because now I have someone who listens and will help guide me, who understands life's challenges and so I have been able to keep my sobriety because I don't have to do everything alone. I have someone behind me who advocates for me if need be, but will let me be my own voice and stands by me. This program has given me the power to accomplish things I never thought I would again."

- Re-START Participant

"It has been incredibly helpful to have a coordinator to organize meetings and find times that work for everyone involved. Offering a virtual meeting option has worked well for both parents and team members, reducing travel time and making it easier for everyone to attend. These regular check-ins allow us to see how things are going both at home and at school, and to explore ways we can all support each other. Thanks for continuing to support students and families in our school!"

- Service Provider



ARC PROGRAM

ARC Youth, Re-START Winkler

26 total participants assisted in 2025-26

Assisting Program Participants:

53% are accessing mental health treatment

83% were kept safe through a plan created with their support team

72% maintained their living situation due to supports

67% of youth improved their school attendance

71% experienced a reduction of risk factors

86% are connected to new services

100% had barriers to accessing services reduced

Assisting Service Providers:

67% reduction in calls for police service

78% reduction in charges



"The ARC Program has provided a space that feels safe and respectful to set and work toward goals. They have helped me to understand more about what each service has to offer, and have increased my trust with a variety of agencies. It has helped me feel supported as I care for my children."

- Parent of a Youth Participant

"I have had a very positive experience working with the ARC Program. [The Coordinator] has worked collaboratively with me in a way that is productive, supportive of our agency's goals, and genuinely helpful for our mutual client in navigating complex systems. I look forward to continuing this work and collaboration with [The Coordinator] through the ARC Program."

- Service Provider

This year, START Model Programs collectively had:

293

Program Participants

787

People Impacted

2495

Support Meetings

NEW FOR THIS YEAR: MENTAL HEALTH COUNSELLING

We are pleased to announce that, with funding provided by the Province of Manitoba through the Minister of Justice, our programs have been able to add a full-time Mental Health Counsellor position to each START Model Program Site.

START Model Program Mental Health Counsellors assist participants in our programs to address their mental health needs, while working collaboratively with the participant's coordinator and support team. It has been instrumental in providing access to mental health services that are timely, familiar, and barrier-free.

COMING SOON: THOMPSON AND THE PAS

Welcome **Thompson** and **The Pas** Community Mobilization Programs to the START Model Programs!

These two new additions were made possible by funding provided by Manitoba Justice. Thank you!

FOR FURTHER INFORMATION ON THE START MODEL OR IT'S PROGRAMS, PLEASE
CHECK OUT **STARTMODELPROGRAMS.CA** OR CALL US AT **204-785-4001**.

THANK YOU TO OUR PARTNERS IN COLLABORATION!

Funding Partners:

MB Justice – Crime Prevention
General Child and Family Services Authority
Royal Canadian Mounted Police
Lord Selkirk School Division
City of Selkirk
RM of St. Clements
RM of St. Andrews
MB Families – Rural and Northern CFS
Mountain View School Division
City of Dauphin
Dauphin Friendship Centre (In-Kind)
RM of Gimli
Town of Winnipeg Beach
Westshore Community Foundation Inc.
Red River Co-op (Gimli)
IERHA-Healthy Together Now
RM of Rockwood
RM of Rosser
RM of Woodlands
Town of Stonewall
Adult & Teen Challenge (gift-in kind)
City of Steinbach
Criminal Property Forfeiture Fund
Keystone Cinema (gift-in-kind)
KPMG Taste of Summer Charity BBQ (in partnership with Golden West)
Manitoba Department of Families
Manitoba Department of Justice
MCC Steinbach
Next Step Bookkeeping (gift-in-kind)
RCMP (gift-in-kind)
RM of Hanover
The Puzzler (gift-in-kind)

Partner and Collaborating Agencies:

Royal Canadian Mounted Police
RCMP – Community Policing
Lord Selkirk School Division
Interlake School Division
Evergreen School Division
Mountain View School Division
Hanover School Division
Garden Valley School Division
River East Transcona School Division
Manitoba Justice – Community Corrections
Rural and Northern CFS
Michif CFS
General Child and Family Services Authority
Southern First Nations Network of Care
Metis Child and Family Services Authority
First Nations of Northern Manitoba Child and Family Services Authority
Peguis Child and Family Services
Shared Health- Mental Health and Addictions
Shared Health, Child & Youth Services
Shared Health- Tourette Syndrome Service
Interlake Eastern Regional Health Authority-
FASD Key Workers

Partner & Collaborating Agencies Cont.

Interlake Eastern Regional Health Authority-
Public Health
Interlake Eastern Regional Health Authority -
Community Mental Health
Interlake Eastern Regional Health Authority-
Community Paramedic Program
Interlake-Eastern Regional Health Authority -
Families First
Brokenhead Health Centre
Prairie Mountain Health – Child & Adolescent
Mental Health
Prairie Mountain Health – Adult Mental
Health
Prairie Mountain Health – Flexible Assertive
Case Treatment
Prairie Mountain Health – Child & Adolescent
Mental Health
Prairie Mountain Health – STBBI Nurse
Prairie Mountain Health – Addiction Services
Southern Health-Public Health
Southern Health- Community Mental Health
Manitoba Housing
Manitoba Families – Employment & Income
Assistance
Manitoba Families – Community Living
DisAbility Services
Manitoba Families – Children's Disability
Services
Manitoba Families- Community Living
Psychiatric Services
Dauphin Friendship Centre
City of Dauphin
Winkler Police Service
Genesis House
Central Station
Eden Health Care Services
Huddle Selkirk
Red River North CTS
Connections to Employment
The Link
St. Amant
I-CATS Program – Health Sciences Centre
Child and Youth Consultation and Crisis
Services
Community Mental Health
Connections to Employment
Community Mental Health Association
Manitoba First Nations Police (Brokenhead)
Sgt. Tommy Prince School
Jordan's Principle
Shawenim Abinojii
Legal Aid Manitoba
Housing First
Housing & Homelessness Program
Dauphin Friendship Centre
InSIGHT Mentor Program
Waskaa'igan Neegan Safe Warm Space
Acute Care Social Worker (Hospital)
Boundary Trails Health Centre
Segue Career Options
Winkler and Area Justice Committee
Menzies ProCare
Turning Leaf

Partner & Collaborating Agencies Cont.

Victim Services
C.W. Wiebe Clinic
Pembina Valley Care Collab
Community Addiction Services
Adult and Teen Challenge
Pembina Counselling Centre
Community Mental Health (Pathways Office)
Southern Health-Santé Sud
Employment and Income Assistance
Family Resolution Service
Forensic Psychology Services
Marymount
NorWest Coop Community Health -
Intervention & Outreach Team
Red River North Counselling and Therapy
Services
Royal Canadian Mounted Police
St. Amant
Survivor's Hope
The Link
Town of Stonewall
Child Protection Centre
Toba Centre
Connections to Employment
Youth for Christ
Employability Assistance for People with
Disabilities
Community Paramedicine, East Zone
Adult & Teen Challenge
Agape House
Anchor of Hope Counselling
Backstage (Youth for Christ Steinbach)
Buhler Counselling
Crossview Church
Chatrath Counselling Centre
Eagle Embracing You
Eden Health Care (with Segue)
FASD Centre
FASD Justice Program
Forensic Psychological Services
Green Tree Counselling
Children's Physiotherapist (Children's Hospital)
Initiatives for Just Communities (El'dad)
Life's Journey
Lil' Steps Wellness
RWS Therapy & Consulting
Safe Families Steinbach
Southland Church
Steinbach Alternative Justice Committee
Steinbach Community Outreach
Steinbach Pride
Ste. Anne Learning Centre
The Mill (Youth for Christ Blumenort)
Toba Centre
Vantage Point Counselling Therapy
Victim Services
Whistling Wind Therapy
Wildwood Wellness Therapy
Youth Forensic Services
Dr. Karen Dyck
Dr. Dell Ducharme
Manitoba Harm Reduction Network
Selkirk Transit