**General Liability Release Form**

By signing below, you agree to the following:

1) I give my permission to receive massage therapy.    
2) I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.    
3) I understand that the massage therapist does not diagnose illnesses, injuries, or prescribe medications

4) I have clearance from my physician to receive massage therapy.

5) I understand the risks associated with massage therapy include, but are not   limited to:

* Superficial bruising
* Short-term muscle soreness
* Exacerbation of undiscovered injury
* I therefore release the company and the individual massage therapist from all liability concerning these injuries that may occur during the massage session.
* 6) I understand the importance of informing my massage therapist of all medical conditions and medications I am taking, and to let the massage therapist know about any changes to these. I understand that there may be additional risks based on my physical condition.
* 7) I understand that it is my responsibility to inform my massage therapist of any discomfort I may feel during the massage session so he/she may adjust accordingly.
* 8) I understand that I or the massage therapist may terminate the session at any time.
* 9) I have been given a chance to ask questions about the massage therapy session and my questions have been answered.

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Signature & Date