



Join us in honoring Ed Sponseller and his love for running... any age, any distance.

8:00 AM Registration Opens
9:00 AM Opening Ceremonies *followed by*
 1K Track Walk/Run *followed by*
 5K Walk/Run

1K \$10 entry fee
 Includes Youth Participation Medal
5K \$25 entry fee - through Friday, June 9th
 \$30 race day entry

Includes t-shirt (guaranteed with registrations by 05.25.23)

*All participants will receive a LIVESTRONG bracelet

REGISTER ONLINE TODAY AT edkrun.com

Pre-Race Packet Pick-up: Friday, June 9, 2023, 10am-6pm, Chambersburg Y

Proceeds benefit the LIVESTRONG® at the YMCA Program of Chambersburg YMCA

SATURDAY
June 10,
2023

CASHS
Trojan
Stadium

1K / 5K
edkrun.com



NAME: _____ PHONE #: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

GENDER: M / F EMAIL: _____ D.O.B. _____ AGE ON RACE DAY: _____

SHIRT SIZE: ADULT S, M, L, XL, XXL

EVENT	ENTRY FEE	RACE DAY ENTRY
<input type="checkbox"/> 5K RACE	\$25.00	\$30.00
<input type="checkbox"/> 1K RACE	\$10.00	\$10.00

Release and Consent Form: In consideration of the acceptance of my entry/my child's entry. I for myself of my child, our executors, administrators and assignees do hereby release and discharge the organizer of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any/all of the foregoing to use my/my child's name, photographs, video tapes, motion pictures, recordings or any other record of the event for any legitimate purpose without compensation of remunerations.

Participant's Signature _____ (parent or guardian signature if under 18)

Please submit registration forms & payment to:
Chambersburg YMCA * 570 E. McKinley Street * Chambersburg, PA 17201

Please contact Drew Cusick with questions: dcusick@chbgq.org or 717-263-8508