



Breakfast

(served all day)

Quiche of the Day	5.95
Served with fruit	
Breakfast Panini	6.95
Ciabatta roll with egg, provolone cheese, and choice of sausage, ham, or bacon served with fruit	
Breakfast Burrito	7.50
Choice of sausage, ham, or bacon	
Add green chili (0.60) and guacamole or sour cream (0.50)	
Gluten Free Burrito (6.50)	
Oatmeal	5.95
Homemade granola, brown sugar, mixed berries	
Granola Bowl	5.95
Homemade granola, served with milk or yogurt	
Yogurt Parfait	5.95
Creamy yogurt, homemade granola, and mixed berries	
California Breakfast Bagel	6.50
Bagel, egg, tomatoes, cream cheese, served with fruit	
Breakfast Bagel	6.50
Bagel, egg and cheese, served with fruit. Add meat (1.00)	
Bagel	2.95
With cream cheese or peanut butter	
Veneziano	7.95
Ham, provolone, fig jam on a croissant served with fruit	
Breakfast Salad	8.25
Mixed greens, egg, avocado, tomatoes, feta cheese, bacon, walnuts, olive oil, and balsamic glaze	

Lunch

(served all day)

All sandwiches served with choice of side: chips, pasta salad, or fruit

Ham and Cheese Croissant	7.95
Ham, provolone, house dressing	
Chicken Salad Croissant	7.95
Chicken salad, tomato, greens	
Veggie Paninis or Wraps	8.25
Veggie: Artichoke hearts, tomatoes, onions, provolone cheese, basil pesto, greens, ciabatta roll or wrap	
Heavenly Hummus: Hummus, feta cheese, cucumber, tomato, roasted red pepper, lettuce, ciabatta roll or wrap	
California Turkey	8.25
Turkey, bacon, provolone cheese, cucumbers, tomatoes, greens, mayo, guacamole, whole wheat or sourdough	
Fort Collins Panini	8.25
Grilled chicken, roasted red peppers, mozzarella cheese, onions, basil pesto, ciabatta roll	
Grilled Cheese and Bacon	7.50
Provolone, cheddar and swiss cheeses, bacon, whole wheat or sourdough	
BLT	7.50
Bacon, lettuce, tomatoes, mayo, whole wheat or sourdough	
Macaroni and Cheese	6.25
Add Bacon or Chicken with Pesto (1.00)	

Salads and Soup

*House Salad	7.50
Mixed greens, spinach, tomatoes, grapes, feta cheese, house dressing. Add chicken (1.50)	
Caprese Salad	8.25
Mozzarella cheese, tomatoes, basil, olive oil, balsamic glaze	
Chef Salad	8.25
Greens, ham, turkey, cucumbers, tomatoes, egg, and shredded cheese	
* Available as side salad for 4.00	

Chicken Salad on Greens	7.95
Chicken salad, tomatoes, grapes, greens	
*Seasonal Salad	7.50
Strawberry or Apple w/homemade dressing. Ask what is available. Add chicken (1.50)	
Soup (cup/bowl)	3.75/4.95
Cup of soup with ½ Sandwich OR side salad	
	7.95



Appetizers and Lite Bites

Warm Pretzel w/homemade mustard.....3.95
Add homemade beer cheese sauce (0.50)

Heavenly Hummus6.95
Served with pita chips, cucumbers and carrots

Pesto Pizzaz.....6.95
Creamy dip topped with pesto, basil, tomatoes and balsamic drizzle. Served warm with Nita crisps.

Chicken Quesadilla 6.95
Cheese, chicken, red peppers and onions melted in a tortilla wrap and served in triangles w/salsa

Chips and homemade Queso w/ salsa 5.50

Artisan breads and Dipping Oil 5.95
Two artisan breads, dipping oil with balsamic glaze

Charcuterie Boardssm 9.50/ lg 15.00

Small (for one): Two cheeses, one meat

Large (for two): Four cheeses, two meats

➤ Both served with crackers, fig and strawberry jams, glazed nuts and fruit

Mini Protein plate (7.00): one cheese, one meat & nuts

Warm Brie Cheese 8.50
Served with toasted bread, fig and strawberry jams

Caprese Skewers 6.95
Four skewers with mozzarella, cherry tomatoes, basil, drizzled with balsamic glaze

Mozzarella Bruschetta 8.50
Toasted ciabatta topped with tomatoes, garlic, fresh mozzarella and drizzled w/olive oil and balsamic glaze

Dessert Options

Ask us what is in the pastry case as it rotates

- Croissant
- Cinnamon Roll
- Assorted Scones
- Danish
- Peanut Butter Chocolate Brownie
- Carrot Cake
- Flourless Chocolate Cake
- Pumpkin Chocolate Muffin
- Flavored Croissant
- Assorted Muffins
- Assorted Muffin Tops
- Gluten Free Biscotti
- Gluten Free Outrageous Bread

Kid's Menu

recommended for children 12 and under

All items are \$4.50 and come with a side of chips, pasta salad or fruit

Macaroni and cheese

Chips and Cheese

Sandwiches (½ sandwich)

- Grilled cheese
- Ham and cheese
- Turkey and cheese
- Peanut butter and jelly