

SCDROCKS 2023

Conference Schedule

Day 1 - Saturday August 5, 2023

8:00 AM	Check-in and arrivals desk opens
8:00 - 9:00 AM	SCD Breakfast Buffet (Chef Laura Taylor, Honest to Goodness)
9:15 - 9:30 AM	Ali Arjomand - SCDA Opening Remarks
9:30 - 10:30 AM	Dr. Alessio Fasano - Keynote Address (Chief of the Division of Pediatric Gastroenterology and Nutrition, Mass General) <i>"How Nutrition Can Impact Microbiome Composition-Permeability-Immune Response Triangulation in The Gastrointestinal Tract Dictating the Balance Between Health And Disease"</i>
10:30 - 11:00 AM	Snack break
11:00 -12:00 PM	Dawn Sabean (UC patient, award-winning professional bodybuilder) <i>"My Journey to a UC Diagnosis (2018) and Beyond"</i>
12:00 - 1:30 PM	SCD Lunch Buffet (Chef Laura Taylor, Honest to Goodness)
1:30 - 2:30 PM	Dr. Christine Bowen, ND, FABNG (Bothell Natural Health) <i>"IBD Related Conditions and Considerations"</i>
2:30 - 3:00 PM	Snack break
3:00 - 3:30 PM	Open Microphone and Community Forum
3:30 - 4:30 PM	Breakout A US Navy Blue Angels (top floor viewing area) Breakout B Community Circle - Hosted by Dr. Christine Bowen, ND Breakout C Community Circle - Hosted by Dr. Ali Arjomand, PhD Breakout D Community Circle - Hosted by Natalie Hill, RD, LD
4:30 - 5:30 PM	Attendee Networking and Social Hour
5:30 PM	Close
6:30 - 8:30 PM	Evening in the Park - Informal gathering, Robinswood Picnic Site (short walk or drive)

Day 2 - Sunday August 6, 2023

- 8:00 AM Check-in and arrivals desk opens
- 8:00 - 9:00 AM **SCD Breakfast Buffet** (Chef Laura Taylor, Honest to Goodness)
- 9:15 - 9:30 AM **Ali Arjomand - SCDA** Opening Remarks
- 9:30 - 10:30 AM **Natalie Hill, RD, LD** (GI Care For Kids, Children's Health Care of Atlanta and Atlanta Pediatric Nutrition)
"Pediatric SCD - Successful Implementation of the Specific Carbohydrate Diet in Children"
- 10:30 - 11:00 AM Snack break
- 11:00 - 12:00 PM **Sherry Lipp** (Author, "Don't Skip Dessert"; publisher SCDforLife.com)
Taking My Life Back - One Bite at a Time and Finding Balance
- 12:00 - 1:30 PM **SCD Lunch Buffet** (Chef Laura Taylor, Honest to Goodness)
- 1:30 - 2:30 PM **Dr. Ali Arjomand** - Keynote Address
(Founder, Modulla Health)
"The The Oral Microbiome & Intestinal Health: What are we learning and what we can do"
- 2:30 - 3:00 PM Snack break
- 3:00 - 3:30 PM Open Forum and Community Q&A
- 3:30 - 4:30 PM **Breakout A** US Navy Blue Angels (top floor viewing area)
Breakout B Community Circle - Hosted by **Dr. Christine Bowen, ND**
Breakout C Community Circle - Hosted by **Dr. Ali Arjomand, PhD**
Breakout D Community Circle - Hosted by **Natalie Hill, RD, LD**
- 4:30 - 5:30 PM Wrap-up and Community Discussions
- 5:30 PM Conference Ends