



Renica Care Brief™

Guiding patients home and helping them stay there safely.



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MAY 2026

ISSUE #1
MONTHLY
NEWSLETTER

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THEME:

The First 72 Hours at Home Can Make or Break Recovery

What families aren't told—and what can make the difference between recovery and readmission.



CELEBRATING NURSES WEEK MAY 6TH – MAY 12TH

Thank You, Nurses! ❤️

This Nurses Week, we honor the compassion, skill, and dedication of nurses everywhere—especially our incredible HOME CARE NURSES!

You are the heartbeat of our communities, providing comfort, education, and expert care where it matters most—at home.

We see you. We appreciate you. We celebrate you.

TO ALL NURSES—THANK YOU FOR ALL THAT YOU DO!

- ❤️ You care. ❤️ You make a difference every single day.
- ❤️ You lead. ❤️ You lead.

You heal with heart. We're honored to walk alongside you.

EXCLUSIVE OFFER!

Renica is proud to offer a **SPECIAL DISCOUNT** for Nurses and Family of Nurses. Our way of saying **THANK YOU!**



IMPORTANT MEDICAID UPDATE:

NEW BENEFICIARY IDENTIFIERS (MBIs)

The Centers for Medicare & Medicaid Services (CMS) has announced an important update that may affect you or a loved one.



In March – April 2026,

CMS will be re-issuing new Medicare Beneficiary Identifiers (MBIs) to approximately **1.3 million** beneficiaries due to data security breaches.

Affected individuals will receive new cards, and using the updated MBI is essential to avoid claim denials and enrollment delays.

WHAT THIS MEANS:

- ✔️ Your Medicare card may be replaced
- ✔️ Your MBI number will change
- ✔️ Providers must use the updated MBI for billing and services

WHY THIS MATTERS:

- ⚠️ Claim denials
- ⚠️ Delays in care services
- ⚠️ Enrollment and billing issues

WHAT YOU SHOULD DO:

- ✔️ Check your mail for a new Medicare card
- ✔️ Update your records with healthcare providers
- ✔️ Bring your new card to all appointments

A MESSAGE FROM BECKY

At Renica Transitional Healthcare Solutions, we believe that what happens after a hospital discharge is just as important as the care received inside the hospital.

The first 72 hours at home can determine whether a patient recovers safely—or ends up back in the emergency room.

Through Becky's Way™, we approach every client with compassion, dignity, and presence—ensuring that families feel supported, informed, and confident during one of the most vulnerable transitions in care.

Becky's Way™ was inspired by my mother, Rebecca Medina, whose compassionate approach to caregiving shaped the foundation of Renica and the way we serve every family.



SAFETY SPOTLIGHT: THE HIDDEN RISKS AT HOME

Most families think: "We're home, we're fine." But here's what actually happens:

- Medications are misunderstood or taken incorrectly
- Follow-up appointments are missed or delayed
- The home environment is not safe for recovery
- Warning signs are overlooked



RENICA TIP:

Always review discharge instructions within the first 24 hours—and don't assume everything is clear.



MEDICATION INSIGHT: WHERE THINGS GO WRONG

Medication errors are one of the top reasons patients get readmitted.

- ✔️ Duplicate medications
- ✔️ Missed doses
- ✔️ Incorrect timing
- ✔️ Confusion between old vs. new prescriptions
- ✔️ Review medications and instructions for accuracy



SIMPLE FIX:

Use a pill organizer, keep an updated medication list, and ask: "What changed from before the hospital stay?"



AFTER THE HOSPITAL: WHAT FAMILIES MUST DO IN 72 HOURS

Here's your Renica-style checklist:



WITHIN 24 HOURS:

- Review discharge paperwork
- Review medications and instructions for accuracy
- Ensure safe mobility at home



WITHIN 48 HOURS:

- Schedule follow-up appointments
- Monitor for new or worsening symptoms



WITHIN 72 HOURS:

- Reassess safety in the home
- Address any confusion or concerns
- Ask: "Is recovery going as expected?"



EDUCATION CORNER: RED FLAGS YOU SHOULD NEVER IGNORE



Increased confusion



Shortness of breath



Swelling or sudden weight gain



Fever or signs of infection



Weakness or falls

Trust your instincts—if something feels off, it probably is.



WHAT'S NEW IN CARE

Healthcare is shifting toward preventing hospital readmissions, not just treating illness.

That means:

- ✔️ More focus on home safety
- ✔️ More education for families
- ✔️ More need for services like Renica



BECKY'S WAY™ MOMENT

Care is not just about tasks—it's about how people feel while receiving it. A patient should never feel like a burden. They should feel seen. That's the standard we bring into every home.



FUN SECTION: RENICA MOMENTS™



TRIVIA

True or False: Most hospital readmissions happen within the first 7 days after discharge.

Answer: True!



NURSE MOMENT

If your loved one says, "I already took my meds..." Bestie... go check! 🏠



READY FOR PEACE OF MIND? RENICA IS HERE FOR YOU.

Need help navigating care after a hospital stay? Renica provides expert, nurse-informed transitional support to ensure your loved one is safe, stable, and set up for recovery at home.

SCHEDULE YOUR RENICA TRANSITION VISIT TODAY—LET'S GET YOUR LOVED ONE HOME!



COMPASSION

DIGNITY

TRUST

EXCELLENCE

FAMILY