



Educator Reflection Guide

REFLECTION GUIDE

WHY THIS MATTERS

Children rarely remember every lesson we teach.

They remember how we made them feel.

For some students, school is a place of belonging. For others, it may be a place where they first learn whether they are safe, valued, understood, or expected to hide parts of who they are.

This reflection is an invitation to consider not only what we teach, but the environment we create while teaching it.



SIT WITH THIS



If a child could describe what it feels like to be in my classroom, what would they say?



Which students naturally receive more of my attention, patience, or encouragement? Which students may receive less?



What behaviours might I be seeing that are actually communication rather than defiance?



When a child leaves my classroom each day, what do I hope they remember about themselves?



WALKING FORWARD

One way I will create greater belonging:

One way I will become more curious before correcting behaviour:



Children may forget the lesson, but they rarely forget how they felt while learning it.

