



Family Discussion Guide



CONVERSATIONS THAT CONNECT US

Meaningful learning happens around dinner tables, bedtime stories, car rides, and everyday conversations.

This guide invites families to slow down, ask thoughtful questions, and explore Indigenous perspectives together through curiosity, kindness, and connection.

SIT TOGETHER



What is something your family does that makes you feel connected?



Who has taught you something important about kindness?



If you could ask an Elder one question, what would you ask?



What does taking care of one another look like in our family?

Ask and listen with an open heart.

TRY THIS TOGETHER

Small actions help us live what we learn.

One thing we'd like to do together this week:

One way we'll show kindness to someone else:



The strongest lessons are often learned through conversations shared together.

