

Boxing 2 Inspire

GYM CLASS SCHEDULE



2025

WEEKLY

Subject to change.

Note: Kids over 12 years old can also attend (Kids 6+) classes.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09.00 AM						Adult 🥊	Adult 🥊
10.00 AM						Kids 6+	Kids 6+
10.30 AM						Kids 4-5yr	Kids 4-5yr
11.00 AM						Sparring	Financial Literacy
12.00 PM						Kids 12+	💰
12.30 PM						Kids 12+	
01.00 PM							
04.00 PM	Kids 4-5yr	Kids 4-5yr	Kids 4-5yr	Kids 4-5yr	Kids 4-5yr		
04.30 PM	Kids 6+	Kids 4-5yr	Kids 6+	Kids 4-5yr	Kids 6+		
05.00 PM	Kids 6+	Kids 6+	Kids 6+	Kids 6+	Kids 6+		
05:30 PM	Kids 6+	Kids 12+	Kids 6+	Kids 12+	Kids 6+		
06.00 PM	Kids 12+	Kids 12+	Kids 12+	Kids 12+	Kids 12+		
06:30 PM	Adult 🥊	Adult 🥊	Adult 🥊	Adult 🥊	Adult 🥊		
07:15 PM							

Open Gym

Reserved
For
Event Space

