

# Building Intimacy



## CONNECTION

- *Share your favorite childhood memory*
- *Share something you'd like to try, but you're too scared to*
- *Share the qualities you most admire, love, and appreciate about your partner*
- *Share your favorite memory with your partner*
- *Share what you would do with your life if you found out you had 6 weeks left to live*
- *Share how you think your relationship has changed over the time you've been together*
- *Share your idea of the perfect date*



## SEX & AFFECTION

- *Share how you like to be shown affection*
- *Share how you feel communication, intimacy, and affection are related*
- *Share what kind of affection makes you feel most loved*
- *Share how you feel when affection is refused*
- *Share ways you can keep your sexual relationship exciting and satisfying*
- *Share your sexual expectations with your partner*
- *Discuss how you feel when sex is refused*

