



**Dr. Emma Rehrauer**  
**PT, DPT, LSVT**

**Physical Therapist**

## EDUCATION

- **B.S in Biology**
  - Niagara University 2021
- **Doctorate in Physical Therapy**
  - Stony Brook University 2024

## CERTIFICATIONS

- **LSVT BIG**

## BIOGRAPHY

Dr. Emma was born and raised in Buffalo, NY. After graduating from Buffalo Academy of the Sacred Heart, she began physical therapy for a sports-related shoulder injury, which introduced her to the rehabilitation process. This experience led her to pursue a Bachelor of Science in Biology at Niagara University, where she also played and coached girls' volleyball. Dr. Emma later attended Stony Brook University on Long Island, NY, where she earned her Doctorate in Physical Therapy in May 2024.

Dr. Emma joined the team at First Step Physical Therapy in August 2025. Prior to this, she worked in a specialized school-based pediatric setting, where she gained experience with a variety of diagnoses and collaborated closely with an interdisciplinary team. Dr. Emma is certified in LSVT-BIG and looks forward to pursuing additional certifications in both neurologic and pediatric specialty areas.

**CONTACT EMMA AT:**

[dr.emma@firststepphysicaltherapy.com](mailto:dr.emma@firststepphysicaltherapy.com)