



**FIRST STEP**  
PHYSICAL THERAPY



**Dr. Lisa Inglis**  
**PT, DPT, NCS, LSVT**

**Physical Therapist**

## EDUCATION

- **Doctorate of Physical Therapy**
  - University of South Dakota- 2015
- **Master Of Science in Physical Therapy**
  - University of Toronto- 2004
- **Bachelor Of Kinesiology**
  - McMaster University- 2002

## CERTIFICATIONS

- **Board-Certified Clinical Specialist in Neurologic Physical Therapy**
- **LSVT -BIG**
- **PWR!Moves**

## BIOGRAPHY

Dr. Lisa was born and raised in Canada. She earned her Bachelor of Kinesiology from McMaster University and a Master of Science in Physical Therapy from the University of Toronto. She began her career at Hamilton Health Sciences, where she treated patients with a wide range of neuromuscular and orthopedic conditions across multiple settings, including the neurotrauma ICU, acute care, and specialized outpatient rehabilitation services.

After relocating to the United States, Dr. Lisa obtained her Doctorate in Physical Therapy and earned Board Certification as a Neurologic Clinical Specialist. She served as a faculty member at both the University of South Dakota and Daemen University, where she taught neuromuscular rehabilitation to physical therapy students. She has conducted several research studies with a focus on the examination and treatment of Parkinson's disease. Dr. Lisa is excited to be putting her clinical skills to work with the team at First Step Physical Therapy.

**CONTACT LISA AT:**

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