



DR. MATT KILGORE

PHYSICAL THERAPIST (PT, DPT)
VICE PRESIDENT OF FAYETTEVILLE

EDUCATION

- > **Doctor of Physical Therapy** - Georgia State University, 2013
- > **Bachelor of Science : Exercise Science** - Columbus State University, 2010

CERTIFICATIONS

- > Manual Structural Correction (MSC)
- > Certified in Dry Needling (Cert. DN)

BIOGRAPHY

Dr. Matt Kilgore, PT, DPT, Cert. DN, MSC, is a dedicated physical therapist and Vice President of First Step Physical Therapy's Fayetteville, Georgia location. He earned his Bachelor of Science in Exercise Science from Columbus State University in 2010, graduating **Magna Cum Laude** in recognition of his academic excellence.

Dr. Matt went on to complete his Doctor of Physical Therapy (DPT) at Georgia State University, where he studied from 2010 to 2018. During his time at GSU, he contributed to academic research by participating in a meta-analysis focused on the effectiveness of Proprioceptive Neuromuscular Facilitation (PNF) techniques.

Since joining First Step Physical Therapy in 2013, Dr. Matt has remained committed to clinical excellence and lifelong learning. He holds advanced certifications in **Manual Structural Correction (MSC)** and **Dry Needling (Cert. DN)**. In addition to his clinical work, he has served as a Clinical Instructor for Doctor of Physical Therapy students since 2014, providing mentorship and fostering a supportive, structured learning environment.

Dr. Matt is passionate about helping patients regain functional independence and return to the activities and hobbies that bring them joy.

CONTACT DR. MATT AT:



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