



DR. GREG KAREIS

PHYSICAL THERAPIST [PT, DPT]

EDUCATION

- > **Doctor of Physical Therapy** - University of St. Augustine, 2018
- > **Bachelors in Rehabilitation Sciences** : University of Pittsburgh, 2012

CERTIFICATIONS

- > Certified Dry Needling

BIOGRAPHY

Dr. Greg was born and raised in South Central Pennsylvania. He earned his Bachelor of Science degree in Rehabilitation Services, at the University of Pittsburgh in 2012. While attending the University of Pittsburgh, Greg competed as a scholarship athlete on the cross country/ track and field team, where he was named a Captain of the distance team until a back injury sidelined him. Out due to an injury, Greg quickly took an interest to the rehabilitation process and becoming a Physical Therapist. He earned his Doctor Physical Therapy degree from the University of St. Augustine for Health Sciences in August 2018.

Before joining First Step Physical Therapy, Greg worked in a variety of settings as a contract travel PT across the United States. This experience has allowed him to clinically work with a wide variety of patients ranging from youth athletes to the geriatric and neurologic population. Greg's treatment approach is through a detailed full body biomechanic evaluation, to help find weaknesses and imbalances. These impairments are addressed with personalized corrective manual/exercises therapy program to get his patients back to living a pain free lifestyle and doing what they love.

CONTACT GREG AT:



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