



DR. MEGHAN MORALES

PHYSICAL THERAPIST (PT, DPT) VICE PRESIDENT OF ROSWELL & MARIETTA

EDUCATION

- > **Doctor of Physical Therapy** - University of Alabama, 2014
- > **Bachelor of Science : Biology-Psychology** - Birmingham Southern College, 2011
- > **Bachelor of Arts: Dance Major** - Birmingham Southern College, 2011

CERTIFICATIONS

- > Certification in Dry Needling (Cert. DN)
- > Certified Manual Physical Therapist (CMPT)
- > Certified Strength and Conditioning Specialists® (CSCS®)
- > Certified Ergonomics Assessment Specialist® (CEAS®)
- > Certified Canine Rehabilitation Therapist (CCRT)
- > Manual Structural Correction Specialist (MSC)
- > Certified Pilates Reformer instructor by Balanced Body
- > Human Movement Specialist (HMS)
- > LSVT BIG® Certified Clinician

BIOGRAPHY

Dr. Meghan Morales studied at Birmingham-Southern College where she obtained dual degrees in Biology-Psychology and Dance in 2011. She then attended graduate school, earning her Doctorate in Physical Therapy (DPT) at University of Alabama at Birmingham in 2014 where she participated in research assessing interventions for children with cerebral palsy, with the NDT approach for pain and fatigue management.

She began her career at First Step Physical Therapy in neurological and orthopedic rehabilitation. Dr. Morales is a physical therapist with specialties in integrative manual therapy, neurological rehabilitation, dry needling, ergonomics, dance medicine, strength and conditioning, canine rehabilitation, and Pilates. She is currently the Vice President for First Step Physical Therapy at the Roswell and Marietta locations.

Dr. Morales also started her own business incorporating her passion of dance and animals following her completion of certification through Balance Body leading to a PMA® Certified Pilates Teacher certification in 2015, along with her certification program to become a Certified Canine Rehabilitation Therapist (CCRT) for veterinary and physical therapy professionals from the Canine Rehabilitation Institute in 2018. Her business, Pivotal Pointe Physical Therapy and Canine Rehabilitation, offers services that focus on injury prevention and promoting the longevity of a dancer's career, as well as offering premiere therapy in canine rehabilitation.

Dr. Morales is an active member of the American Physical Therapy Association (APTA) and has served as a Clinical Instructor for DPT students for the past 5 years developing her teaching abilities and providing students with a structured and effective learning environment. Presently, she also serves on the Board of Advisors for The Make Lemon Aide® Foundation for Cerebral Palsy (CP). She advocates and advises on strategic plans to raise CP awareness and train specialty therapists for individuals with CP. Outside of the clinic, Dr. Meghan enjoys dancing, traveling, exploring the great outdoors, and going on adventures with her dog Luna.

CONTACT DR. MEGHAN AT:



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