# Monarch Camper Camp at Camp San Joaquin

**Our Private Camp in Giant Sequoia National Monument** 

SEQUOIA National Forest ORGANIZATION CAMPS

> San Joaquin Far Horizons

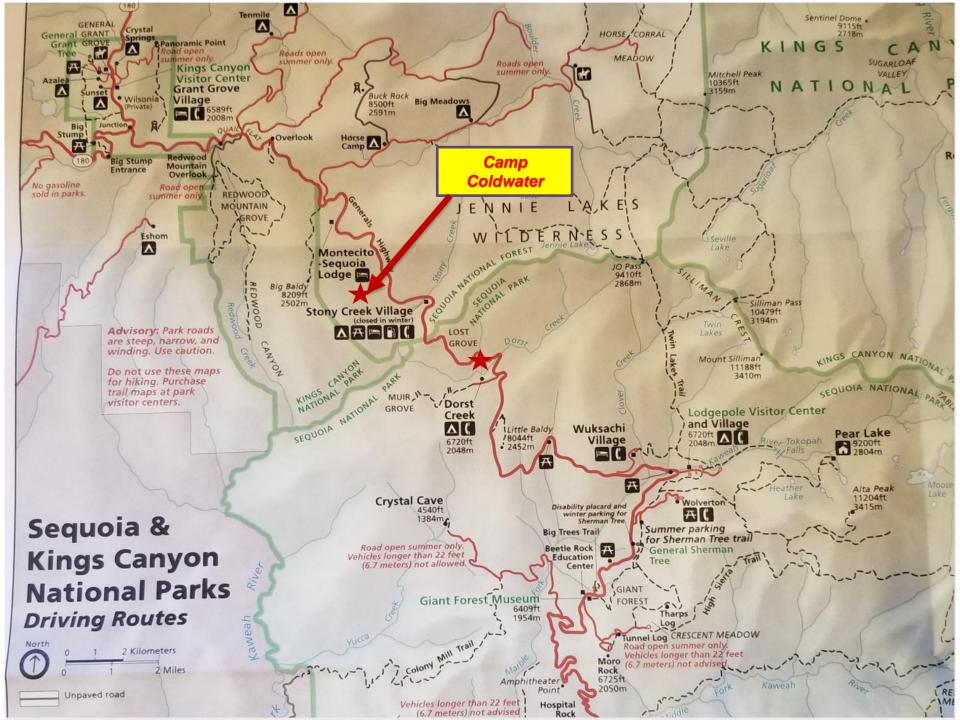
# CAMP SAN JOAQUIN MAP

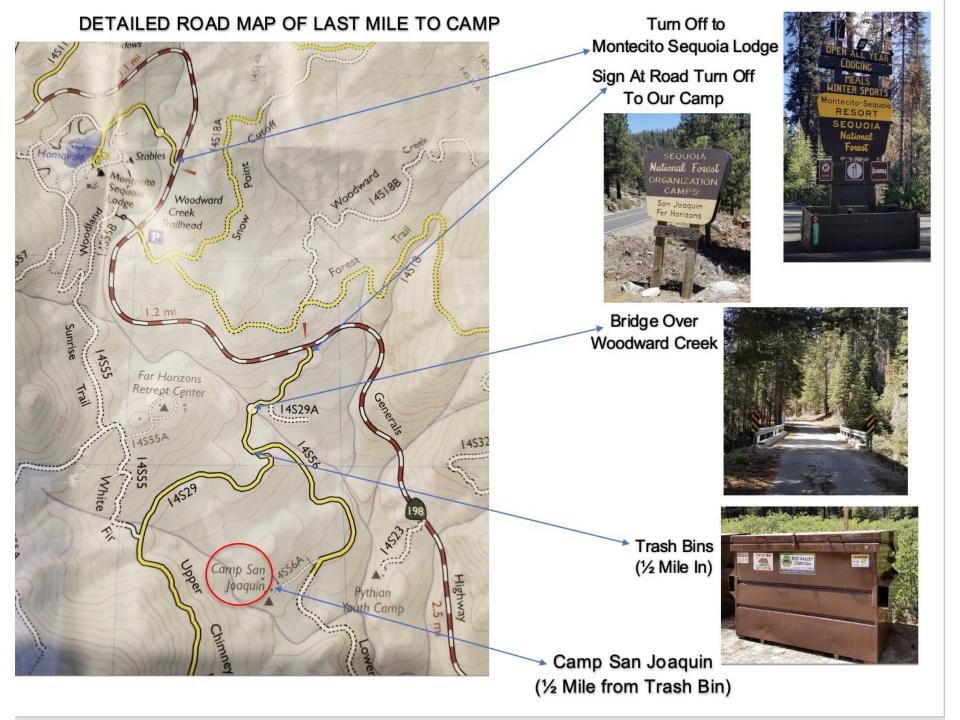
OUR PRIVATE CAMP IN GIANT SEQUOIA NATIONAL MONUMENT



# FAMILY CAMP - JULY 2022 CAMP SAN JOAQUIN

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"CAMP COLDWATER" Also Known As "CAMP SAN JOAQUIN" AN IDEAL LOCATION

Our Camp is Located between the "Montecito Sequoia Lodge" and "Stony Creek Village". One mile from the General's Highway.

### MONARCH SEQUOIA CAMPER CAMP AT CAMP SAN JOAQUIN Giant Sequoia National Monument For Ages 8-13 \$900/ Camper

(July 27<sup>th</sup> thru August 1<sup>st</sup> – Summer 2025)

### WHERE:

Our Camp is located on the west side of the Sierra Nevada, between Sequoia and Kings Canyon National Parks. Camp San Joaquin (64949 Generals Hwy, Sequoia, CA 93633), in the Giant Sequoia National Monument. Use the following link to access directions to the Camp on Google Maps: <u>https://goo.gl/maps/gDEQDF2BtD7owFhf7</u>

### <u>HOW:</u>

We will be traveling to Camp San Joaquin, in our Camp Vans. It's approximately a 4.5 hour drive from LA Valley College to our Camp.

### **MISCELLANEOUS INFORMATION:**

Please review the "Camper Checklist" carefully. <u>Do not pack unnecessary items</u>. If it's not on the <u>"checklist", you don't need it</u>. All participants will need to have signed a Monarch Camp release and medical consent form.

Our Sequoia/Kings Canyon Adventure features a trip to the Sequoia and Kings Canyon National Park areas. Activities may include hiking 400 steps to the top of Moro Rock, a visit to the 2,100 year old General Sherman Tree (the largest living tree in the world – 275 feet tall, 102.6 foot circumference, 2.7 million pounds), exploration of the Giant Forest Museum, fishing, the tunnel log, Boyden Cavern, Grant's Grove, the General Grant Tree (third largest tree on earth), kayaking/paddle boarding, swimming (Hume Lake), hiking to waterfalls, traditional camp activities, etc. Activities will depend upon safety and the forest/water conditions/regulations at the time of the trip.

We have satellite internet for emergency use and are working on installing a land line as well. Emergency landline service and DSL internet may be operational by the time of our trip.

**Amenities at camp** include Rustic Cabins with bunk beds, a dining deck, recreation lodge, flush toilets, hot showers, sinks, electric outlets, group campfire area, mountain bikes, a few electric bikes, archery, basketball half court, recreation room games, Gaga Pit, swimming pool (currently being renovated), horseshoes and a camp nature trail. Pool may be operational by time of our trip.

Electricity is provided by our diesel generator from 7am- 10pm. We also have a backup gas generator.

Campers will share cabins with other campers on our trip. Bunk beds with mattresses are provided in all of our cabins.

# YOUR RESPONSIBILITIES: (Check List)

Be at LAVC (Ethel Ave\_– Lot F – South of Community Services Building) by 9:30 a.m., Sunday, July 27<sup>th</sup> – ready to travel.

### □ Pack a Lunch & Snacks for Your Drive to the Campground.

- □ Sleeping Bag rated down to 30 degrees It can get cold at night. (Necessity) Campground elevation is about 6,500 feet. An extra blanket may help.
- $\Box$  A Twin size flat or fitted sheet to place under your sleeping bag on provided mattress.
- □ A Pillow
- □ Bath Towel & flip flops (For Shower)
- Toothbrush
- □ A knit hat, like a ski cap or polar fleece winter hat will help keep your body warm)
- Metal or Plastic Cup & Plate for Meals (Clearly Mark With Your Name) We have a dish washer for camper dishes and utensils.
- $\Box$  2 extra pairs of socks
- $\hfill\square$  Long pair of pants and shorts
- Sweatpants to pull over shorts in evening (Strongly Recommended)
- 2 extra light shirts or t-shirts
- □ Extra underwear
- □ A warm Jacket, sweater or sweatshirt (nights can be cold and It can snow in summer)
- □ Cap with sun visor (Necessity)
- Sunscreen w/UVA & UVB Protection (Rated 15 or Higher)
- Sunglasses (Necessity)
- \* You will not need a tent. You will be sleeping in a cabin, with a bed/bunk.

□ 1 extra Pair of Tennis Shoes or water shoes (You need an extra pair)

 $\Box$  Swimsuit

- □ Flashlight with fresh batteries & a set of extra batteries (Necessity)
- □ Day Pack for hikes (Necessity)
- □ 1 Qt. water container for Day Hikes (Necessity)
- □ Small Disposable Camera
- □ Toilet Paper for day hikes (1/2 roll in plastic bag)
- □ Picaridin Insect Repellent (preferred) (Strongly recommended) <u>OR</u>

Insect Repellent with DEET (very effective, but can damage gear) (Strongly recommended)

□ Fishing Pole, hooks, sinkers, bait, net. (California Fishing License if 16 years of age or

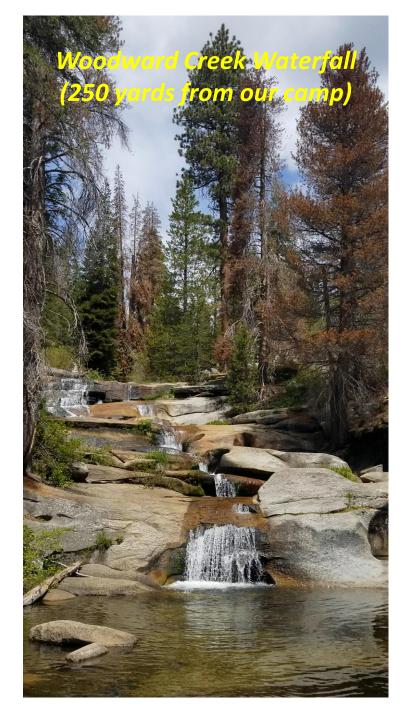
<u>Older</u>) (Suggest ultra-light pole & reel with 4lb line, #14 hooks, #3/0 split shot & salmon eggs (Pautzke's "balls of fire" brand). Berkley's Power Bait also works well. <u>We have some loaner equipment, so your own gear is not necessary unless you want your own</u>. (Fishing Equipment & bait is available for a reasonable price at Wal-Mart, K-Mart and Big 5)

Spending money - (\$50 - \$70) -- Optional but nice to have for a souvenir or treat at Park Visitor Centers.
Enthusiasm, A Positive Attitude and A Sense of Humor!

We are only here for a week, so pack light! We have hot showers and flush toilets at our camp.

\*Please clearly label all of your clothing with a waterproof pen. Pack all your gear into one duffel bag and label it with your name. PLEASE LEAVE VALUABLES AT HOME!

**Note.....** Our staff will lead campers on a variety of activities, b ut it is the camper's responsibility to be ready to participate at the appointed time and to follow safety instructions. Meal times are scheduled and it is the camper's responsibility to be ready at meal times if they wish to eat.









DRIVING THROUGH A GIANT SEQUOIA GROVE



Giant Forest Museum & Visitor Center

Monarch Campers at General Sherman Tree Trailhead

SHERMAN TREE TRAIL

The Ast





Driving through the Tunnel Log (Giant Forest)

**Entrance to the Crystal Cave Cavern** 

Limestone Formation in Crystal Cave

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A climb up Moro Rock always offers a dramatic experience, with views that constantly change. Natural processes transform the landscape you see. People shape the view as they make changes in the park and surrounding areas.

An atmosphere altered by pollution affects both how far you can see and, in the long term, life itself in these parks. What will you—or your children—see from here in the future?

#### Climbing a Granite Dome

This trail climbs over 350 steps to the top, at an elevation of 6,725 feet (2050m). Just a few steps up, the vista of the High Sierra peaks (above) first reveals itself.

#### Be Careful!

Take safety seriously on this trail. People have died here.

Always stay inside the railings. Never try to retrieve something from outside the railings.

Always move slowly; don't run. Always hold children by the hand.

Never go up when there is potential for thunderstorms. Always get off Moro Rock if dark clouds are visible or you feel static electricity in the air.

Never drop or throw things over the edge.

Never climb the stairs when they are snowy or icy.



Toper food storage is the law. There are no food-storage boxes at this location. Store al food and some trunk. No trunk? Hide them from view inside your vehicle.





Yesterday's Trail The first status were built in 1917 of wood. Concrete steps replaced them in 1931, making them safer and blending them in with the granite rock.

### Description of Trail to Moro Rock

# Campers on Moro Rock Trail

# Hume Lake Swimming Area

**Paddleboarding Fun on Hume Lake** 

# William's Rainbow Trout At Ten Mile Creek

## Buck Rock Lookout: A Continuing Legacy of Meeting the Nation's Needs

#### The Birth of Lookouts

From the days of the old west, through the trials of World War II, to our current high-tech world, the story of the fire lookout is laced with history, heroics and romance. The history of fire lookouts in California begins in 1876 when the Southern Pacific Railroad built a lookout on Red Mountain near Donner Summit to watch for train fires.



forest reserves were organized into the USDA. Forest Service. Chief Forester Gifford Pinchot realized that early detection of fires was crucial in protecting valuable timber resources. What better place than the top of a mountain to quickly spot a fire?

In 1905 our nation's

#### The Beginning of Buck Rock Lookout

Buck Rock Lookout offers breathtaking views of the Great Western Divide and other spectacular Sierra Nevada peaks. The original lookout at Buck Rock, in use as early as 1908, was an open platform perched atop this granite dome. A fire patrol would climb a long, slim tree trunk with boards nailed across for steps. Once on the platform, he would scan for smoke using binoculars, a compass and a map. Spotting a smoke, the patrol would quickly descend from his perch, hop on his horse and race to put the fire out.



#### A House for a Lookout

In 1914 the concept of building a lookout where the fire watcher could work and live was introduced. The first "live-in" lookout – called a "4-A" style cab- was a 14 ft. x 14 ft. room surrounded on all sides by windows. Buck Rock Lookout, constructed in 1923, is one of only three 4-A cabs still existing.

A series of ladders made of timber poles snaked along the rock, providing the fire watcher with a precarious climb to the cab. Access was finally made easier in 1942, when the stairway you see today was installed.

#### Service to the Nation

World War II sparked two new developments in the history of fire lookouts. First, the Army Air Forces mobilized the Aircraft Warning Service and used fire lookouts as enemy aircraft observation posts. Second, women joined the Forest Service work force, beginning a long tradition of women staffing fire lookouts.



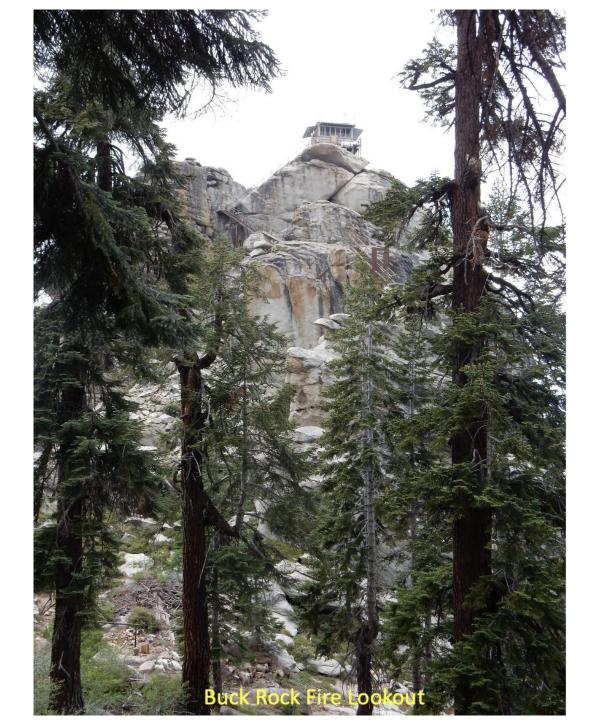
#### Still An Important Fire-Fighting Tool

During the height of the lookout era over 8,000 fire lookouts dotted the nation's countryside. Less than 1,000 remain today. With its unparalleled 360-degree view and important communications location, Buck Rock is one of the few that continues to be staffed by the Forest Service. Once considered the most important tool for the detection of wild fires, lookouts all but faded into obscurity. This tale may have a happy ending, however, as enthusiasts nation-wide are rallying to protect this symbol of our conservation heritage.

For more information: Buck Rock Foundation www.buckrock.org

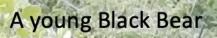


Hume Lake Ranger District Giant Sequoia National Monument



Stairway Up-Buck Rock

# Rock Climbing at Buck Rock



We strongly encourage you to instruct your campers to follow our directions and advice regarding participant safety. Our goal is to reduce the risk of outdoor activity participation to an acceptable level. The outdoor environment is not forgiving when it comes to accidents and poor decisions. Nature does not make allowances for your poor decisions.

#### TEN THINGS YOU SHOULD BRING ON EVERY HIKE:

We have listed the essentials that every Monarch Camper needs to bring on our hikes – Our staff will bring the rest of the Ten Essentials, but every camper needs to bring the following items:

**<u>Appropriate footwear</u>** – Closed toe footwear with absorbent socks. No flip-flops. High tops or hiking shoes offer more support than low top footwear. Socks provide cushioning and help prevent blisters.

**<u>Extra Water</u>** – Each hiker needs a quart container of water for short hikes. Longer hikes require additional water or a water purifier if a water source is available.

**<u>Extra food</u>** – Every camper needs to bring extra food on hikes (like energy bars, trail mix), in case we are out longer than expected.

**Extra Clothing** – A jacket or sweatshirt (preferably synthetic .. like polartec – stays warm even when wet). Carry a hat and a poncho or big trash bag (in case of rain). It can rain and snow in summer (even on a hot day).

*Fire Starter, Flashlight & Whistle* – Waterproof matches w/fire starter, a flashlight to see where you're going if it gets dark and a whistle to signal for help. 3 short bursts on a whistle are easier & more effective than yelling.

**Sunscreen & Sunglasses** – Sunscreen with SPF of 15 or higher (need UVA & UVB protection) to prevent sunburn. Without sunglasses you can get snow blindness or get a headache from eyestrain.

**Toilet Paper** – Not life threatening (if you don't have it), but one of my added essentials.

**Insect repellent**: Your most effective options are: lotion or spray repellents containing DEET or picaridin, and/or clothing that has been treated with permethrin.

**Daypack** – To comfortably carry all your essentials.

**<u>Knowledge</u>** - Having items in your pack has no value unless you understand how to use them. The most important essential is your brain. Knowing what to do and what to avoid may save your life.

### The Ten Essentials:

**1.** <u>Appropriate footwear</u>. For a short day hike that doesn't involve a heavy pack or technical terrain, trail <u>shoes</u> are great. For longer hikes, carrying heavier loads, or more technical terrain, hiking boots offer more support.

**2.** Map and compass/GPS. A map and <u>compass</u> not only tell you where you are and how far you have to go, it can help you find campsites, water, and an emergency exit route in case of an accident. While GPS units are very useful, always carry a map and compass as a backup. Of course you need to know how to use them.

**3.** <u>Extra water</u> and a way to purify it. Without enough <u>water</u>, your body's muscles and organs simply can't perform as well. Consuming too little water will not only make you thirsty, but susceptible to hypothermia and altitude sickness.

**4.** <u>Extra food</u>. Any number of things could keep you out longer than expected: getting lost, enjoying time by a stream, an injury, or difficult terrain. Extra food will help keep up energy and morale.

**5.** Rain gear and <u>extra clothing</u>. Because the weatherman is not always right. <u>Dressing in layers</u> allows you to adjust to changing weather and activity levels. Two rules: avoid cotton (it keeps moisture close to your skin) and always <u>carry a hat</u>.

**6. Safety items: fire, light, and <u>a whistle</u>.** The warmth of a <u>fire</u> and a hot drink can help prevent hypothermia. Fires are also a great way to signal for help if you get lost (bring <u>waterproof matches & fire starter</u>). If lost, you'll also want the whistle as it is more effective than using your voice to call for help (use 3 short bursts). And just in case you're out later than planned, a <u>flashlight/headlamp</u> is a must-have item to see your map and where you're walking.

**7. First aid kit.** Prepackaged <u>first-aid kits</u> for hikers are available at any outfitter. Double your effectiveness with knowledge: take a first-aid class with the American Red Cross or a Wilderness First Aid class.

**8.** *Knife or multi-purpose tool.* These enable you to cut strips of cloth into bandages, remove splinters, fix broken eyeglasses, and perform a whole host of repairs on malfunctioning gear.

**9.** <u>Sun screen and sun glasses</u>. Especially above tree line when there is a skin-scorching combination of <u>sun</u> and snow, you'll need sunglasses to prevent snow blindness and sunscreen to prevent sunburn.

**10.** <u>Daypack</u>/backpack. You'll want something you can carry comfortably and has the features designed to keep you hiking smartly. Don't forget the rain cover; some packs come with one built-in. Keep the other Essentials in the <u>pack</u> and you'll always be ready to hit the trail safely.

Packing the Ten Essentials whenever you step into the backcountry, even on day hikes, is a good habit. True, on a routine trip you may use only a few of them. Yet you'll probably never fully appreciate the value of the Ten Essentials until you really need one of them.

The Mountaineers, a Seattle-based organization assembled the original Ten Essentials list in the 1930s for climbers and outdoor adventurers, to help people be prepared for emergency situations in the outdoors

# Camp Dining Deck Taco Night

# **SEQUOIA CAMP – TYPICAL MENU**

SUN. LUNCH:(On the Road)Bring your own sack lunch & snacks(Your Responsibility)

SUN.. DINNER:Hamburgers with Lettuce, Tomatoes, Cheese, Onions, etc.(Around 7PM)Hot Dogs, Potato Salad, Chips & Lemonade.(Campground Area Exploration)

MON. BREAKFAST:Breakfast Burritos, Quesadillas, Danish, Fresh Fruit, Hot & Cold Cereal,(Around 8:00AM)Orange Juice & Milk.

MON. LUNCH: Salami, Turkey, Bologna, Cheese, P & J Sandwiches, Fruit, Chips, Trail Bars, Trail Mix, Dried Fruit and Water. (Make while Breakfast is being prepared).

(Moro Rock, Tunnel Log, Lodgepole Visitor Center & General Sherman Tree)

MON. DINNER:Saint Louis Style BBQ Ribs, Mac & Cheese, Steamed or stir-fried vegetables(Around 7PM)Cool Aide

**TUES. BREAKFAST:** Blueberry & Chocolate Chip Pancakes, Bacon, Eggs, Hash Brown Potatoes,(Around 8:00AM)Orange Juice, Hot or Cold Cereal, Muffins and Milk.

**TUES. LUNCH:**Roast Beef, Pastrami, Cheese, P & J Sandwiches, Fruit, Chips, Trail Bars,Trail Mix, Dried Fruit and Water.(Make while Breakfast is being prepared)

(Hume Lake/10 Mile Creek – Kayak, Paddleboard, Swim – Fish & Hike)

TUES. DINNER: (Around 7PM)	Carne Asada & Chicken Tacos with Lettuce, Tomatoes, Cheese, Onions, etc. Spanish Rice and Refried Beans, Fruit Salad & Lemonade
WED. BREAKFAST: (Around 8:00AM)	Cheese & Meat Quesadilla's, Blueberry & Banana Pancakes, Danish Rolls, Hot Oatmeal, Cereal & Fresh Fruit
WED. LUNCH:	Turkey, Ham and Salami & Cheese Sandwiches, Fruit, Chips, Trail Bars Trail Mix, Dried Fruit and Water. (Make while Breakfast is being prepared)
(Buck Rock Fire Lookout – Rock Climbing)	
WED. DINNER: (Around 7PM)	Spaghetti w/meat balls & Italian Sausage, Garlic Bread, Salad, Fruit Cocktail and Lemonade.
THURS. BREAKFAST: (Around 8:00AM)	French Bread, Apple Pancakes, Bacon, Eggs, Country Style Potatoes, Orange Juice, Hot or Cold Cereal and Milk.
THURS. LUNCH:	Roast Beef, Turkey & Pastrami Sandwiches, Fruit, Chips, Trail Bars Trail Mix, Dried Fruit and Water. (Make while Breakfast is being prepared)
(Mountain Bike Ride Around Camp Roads)	
THURS. DINNER: (Around 7PM)	Barbeque Tri-Tip Steak, Garlic Shrimp, Corn, Southwest Salad, Mashed Potatoes, Cool Aid Punch.
FRI. BREAKFAST: (Around 8:00AM)	Carbonara, Chocolate Chip Pancakes, Sausage Patties, Hot Oatmeal, Cereal & Fresh Fruit. Orange Juice
FRI. LUNCH:	Bologna, Turkey, Salami Sandwiches, P & J, Fruit, Trail Mix, Trail Bars, Chips, Oranges, Cookies, Fresh fruit and Water. (Make while Breakfast is being prepared)

Our meals will be served on our Dining Deck. We have a large commercial kitchen with all the comforts of home. If it is too cold, we will move meals into our indoor recreation hall, where we have an indoor fireplace, table tennis, foosball, board games, etc.

Peanut butter, jelly and bread will be available, along with coffee, tea, milk and water. Hot and cold cereal are available each morning.

A limited number of veggie patties will be available.

This menu is tentative and subject to change.

Meal times are approximate and may change due to unforeseen circumstances.

Campers are instructed to stay out of the kitchen area at all times ... especially during meal preparation.

If you need something, please ask one of our counseling staff.