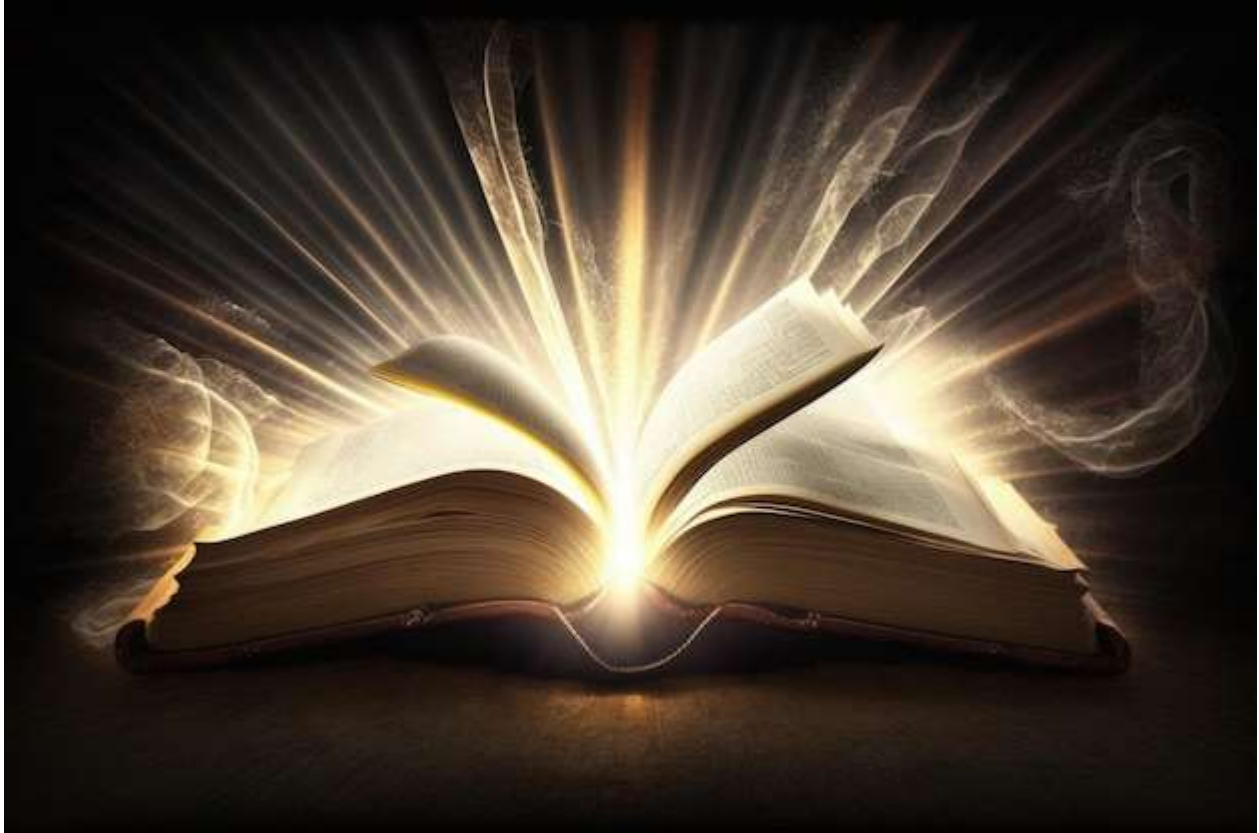


St. Patrick's Anglican Church Sunday School

Teacher's Guide



Saints

Saint Valentine

Creation of the Material is a Team Effort if you have questions, please get in touch with us at:

sundayschool.stpatrickspsj@gmail.com

Sunday School Team: Fr. Mike Kerouac (spiritual advisor), Linda Simmen (writer/teacher), Carolyn Kerouac (editor/teacher), Paula Allen (teacher), Abby Valko (art/helper), Emmy Santiago (art/helper), and Brenda Heyward (crafts /art). *Your support and help are indispensable.

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Introduction:

The Student Sunday School curriculum is designed for an Anglican church mixed-age class catering to first to eighth-grade students. It consists of separate independent lessons that can be used over a one to two-year cycle, following the Anglican seasons and lectionary.

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While each lesson can be taught independently, some review may be necessary for students who did not attend the previous week. The Sunday School Lessons are aligned with the Anglican Seasons, including Advent, Christmas, Epiphany, Lent, Easter, Ascension, and Pentecost. Students will also learn how to use and navigate the Bible and the Book of Common Prayer.

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³ By faith we understand that the ^[a]worlds were framed by the word of God so that the things which are seen were not made of things which are visible. — Hebrews 11:3 (NKJV)

“But ask the beasts, and they will teach you;
the birds of the heavens, and they will tell you;
or the bushes of the earth, and they will teach you;
and the fish of the sea will declare to you.
Who among all these does not know
that the hand of the Lord has done this?
In his hand is the life of every living thing
and the breath of all mankind. — Job 12:7-10 (ESV)

I have utilized the following books and sites if you are looking for additional information:

- All Bible verses are from the New King James Version unless otherwise specified.
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Step by Step Instructions on how to use the Children's Sunday School Lesson Program

Each Lesson has a thematic lesson that follows the liturgical year (Advent, Christmas, Epiphany, Lent, Easter, Pentecost, Ascension, and Trinity Sundays) – users are encouraged to follow the format but are not limited to using them in the outlined order. Within the lessons, the majority are standalone, and self-contained except for the Creation story, Saint Paul, Anglican Boot Camp, and the Christmas program. The lessons are divided into two parts. The first part is for the teacher which includes learning objectives, preparation, and supplies. The second is for the student and includes “Telling a Story”, discussion questions, and a craft activity. There are posters, felt board pictures, coloring and worksheets, and a take-home sheet to enhance the lesson.

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Step 2: Review the list of materials required for the activity for the upcoming Sunday and ensure all materials are available. Some Sundays have alternative activities, choose which activity you wish to do.

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- Colored Markers, colored pencils, crayons, paint, paint brushes, glue (white) or glue stick, scissors, hole punch, tape, googly eyes, small beads, popsicle sticks (small and large), and glitter (these are general materials for each lesson). Additionally, I keep – cardstock, construction paper, foam sheets, felt squares, and yarn all in multiple colors. Reach out to your congregation – I have found that many people do crafts and are more than willing to donate craft materials to Student Sunday School.

Step 3: Print copies of the following for the number of students you anticipate in the Sunday School class (Optional).

- Coloring Sheet (there may be more than one page)
- Additional Sheets such as scripture sheets and take-home sheets (if applicable).

Sunday Morning Preparation– Arrive Early (10-5 minutes)

Step 4: Set up a projector and laptop for video, or TV screen. If you do not have access to a projector or TV, print PowerPoint or print the poster for that day or Felt Board items (age dependent).

Step 5: Pull out and put together the items needed for the activity and place them on a table or side table.

Step 6: Place Coloring/Work Sheets, Scripture Sheets (if applicable), and Take-Home Sheets (if applicable) in a location you can easily access. I usually print extra coloring or worksheets to put in the narthex for those who choose not to attend Sunday School or for others to take home.

Sunday Morning Arrival

Step 7: Greet each student as they arrive.

Step 8: Update the Attendance board and add guests.

Step 9: Light a Candle (recommended) and say an opening prayer (recommended)

"Heavenly Father, we gather today with open hearts and minds to learn about your love and grace, as revealed through your Son, Jesus Christ. Open our ears to hear your word, guide our understanding, and fill our hearts with the Holy Spirit, that we may grow in faith and live as your children. Amen."

Step 9: Pledge of Allegiance (recommended)

Step 10: Lord's Prayer

Saints: St. Valentine

TEACHER'S NOTES

Learning Objective:

- Normal people with faith do extra ordinary things.

Memory Verse: Proverbs 3:5-6

Trust in the Lord with all your heart, and do not lean on your own understanding.

Scripture Reference: Philippians 4:13

Alternate Scripture Reference: Matthew 21:22

Suggested Items

Preparation for Teaching:

- PowerPoint presentation Name – St. Valentine.
- Poster – St. Valentine
- Storyboard (based on the age of the group) – St. Valentine.
- Bible Reference (Full Bible verses and alternates available at end of this document if NKJV are not available)
NKJV: Book Chapter Verse
- NKJV Study Bibles
- 1928 Book of Common Prayer

Craft Activity Items:

- Colored Markers, colored pencils, crayons, paint, paint brushes, glue (white) or glue stick, scissors, hole punch, tape, googly eyes, small beads, popsicle sticks (small and large), and glitter (these are general materials for each lesson).
- **Primary Activity – Creating a Foil Heart**
- Clear Glue – lots of it
- Vaseline
- Aluminum Foil
- Embellishments – hearts, glitter hearts, etc.
- **Alternate Activity – Stuffed Paper Heart**
- Art Paper in Red with or with our Patterns
- Thick Thread
- Carpet or large embroidery needle.

Our Anglican Connection:

- St. Valentine is a Saint that is not recognized in our church, but which is celebrated in our culture.

Objective:

The purpose of this section is to tell a story to the students. This can be done in one or more ways, but we have defined three options based on your unique teaching style and the age of the students. Some of the options will be better suited for different age groups or mixed age groups. For example: my students range from 9 years to 13 years (too old

for a story/felt board) but still need visual aids. I will use PowerPoint and/or posters to tell a story. With PowerPoint, I can read or have the students read directly from the screen.

Teaching Plan:

Introduction: Telling a Story

- Create a story of the lesson with each item bullet below,
 1. St. Valentine was born sometime during the 3rd Century,
 2. There is some confusion if he was the Bishop of Terni or a Roman priest,
 3. He was admonished by the romans for performing secret weddings against the wishes of the authorities,
 4. He was captured and held captive in the home in the home of a nobleman.
 5. The daughter of the nobleman was blind, and he healed the blindness of his daughter and the nobleman, and his entire household converted to Christianity.
 6. Before being tortured and decapitated on February 14, he sent the girl a note signed *"Your Valentine"*.

Play PowerPoint and/or Show Poster: "St. Valentine."

Show PowerPoint (read the outline or story on PowerPoint) or poster and discuss items on the poster.

- Use the following Symbols or Characters
 1. St. Valentine as Bishop
 2. St. Valentine performing a wedding.
 3. St. Valentine healing the blind girl.

Story Board (Felt Board): "St. Valentine"

Add the items for today to the Story Board – talk about what each item represents.

- Use the following Symbols or Characters
 1. St. Valentine as Bishop
 2. St. Valentine performing a wedding.
 3. St. Valentine healing the blind girl.

Lesson Reflection:

Provide an opportunity for the students to say back to you what they understood about today's lesson. You can do this with one of the two options below. This is a great opportunity for you to see if they understood the material you presented.

What Five Things Did I Learn Today?

What Five Things Did I Learn Today?

Using a chalkboard or whiteboard write these down or have an older student who volunteers write them down.

Reflection Question(s):

Discussion Reflection(s): *use the discussion question that aligns with the direction you are emphasizing.

1. When was St. Valentine born? *Answer: 3rd Century*
2. What was St. Valentine? *Answer: he was either a Roman priest or Bishop*
3. Why did he get into trouble? *Answer: For doing secret weddings*
4. Who did he heal? *Answer: the daughter of the nobleman who was holding him prisoner*
5. When he was about to die who did he send a note to and what did it say? *Answer: to girl he heals: From your Valentine.*

Activity: Creating a Foil Heart**Before Class:**

1. Ensure you have all the supplies.

During Class:

1. Have each student take a sheet of aluminum foil and shape a heart.
2. Using Vaseline coat the inside of the foil heart.
3. Place the foil heart onto a paper plate and make sure there are no holes in the foil heart.
4. Using the embellishments put them into the center of the heart.
5. Carefully pour clear glue into the foil heart.
6. Let the glue set for at least 4 days and make sure it is dry before removing it from the foil.

Alternate Activity: Stuffed Paper Heart**Before Class:**

1. Create a pattern for the paper heart.

During Class:

1. Have each student cut out two paper hearts
2. Using the upholstery needle or embroidery needle stitch the two halves together, leave an opening so you can stuff the paper shavings into the middle so that it is padded.
3. Complete the stitching of the heart and tie it off.
4. Using paint or glitter and customize the heart.

Detailed instructions including pictures and cutouts are available at the back of the booklet or in a separate document.

Preparation for next week:

No preparation is required.

Coloring Sheet: St. Valentine

ST. VALENTINE

BISHOP OF TERNI, NARNI, AND AMELIA



Valentine's Day Word Search

Find the words hidden in the puzzle.



S	R	S	Y	I	Q	C	L	O	V	E	Z	T	P	B	P	O	E
K	X	D	W	X	M	Q	H	Z	V	C	R	U	S	H	O	U	A
I	F	R	I	E	N	D	S	O	I	A	X	N	F	S	E	H	O
S	H	V	O	Z	C	B	T	A	C	Y	L	B	L	W	M	J	I
S	D	U	T	Q	L	A	B	Z	F	O	S	E	C	E	I	X	K
E	B	A	G	F	X	V	L	Q	M	Z	L	A	N	E	I	C	C
S	S	S	G	I	F	T	T	O	Q	C	C	A	F	T	Z	F	C
C	P	O	F	L	O	W	E	R	S	A	G	A	T	S	I	G	G
X	I	L	O	R	A	R	R	O	W	N	F	G	R	E	W	N	O
H	N	P	P	C	U	P	I	D	B	D	L	T	W	D	T	R	E
E	K	D	H	E	A	R	T	D	Z	Y	J	Z	N	U	S	L	O
P	P	I	U	W	X	M	T	H	X	P	O	R	O	S	E	K	C

LOVE

CANDY

HUG

CRUSH

SWEETS

FLOWERS

FRIENDS

GIFT

CUPID

POEM

ARROW

CARDS

HEART

PINK

CHOCOLATE

VALENTINE

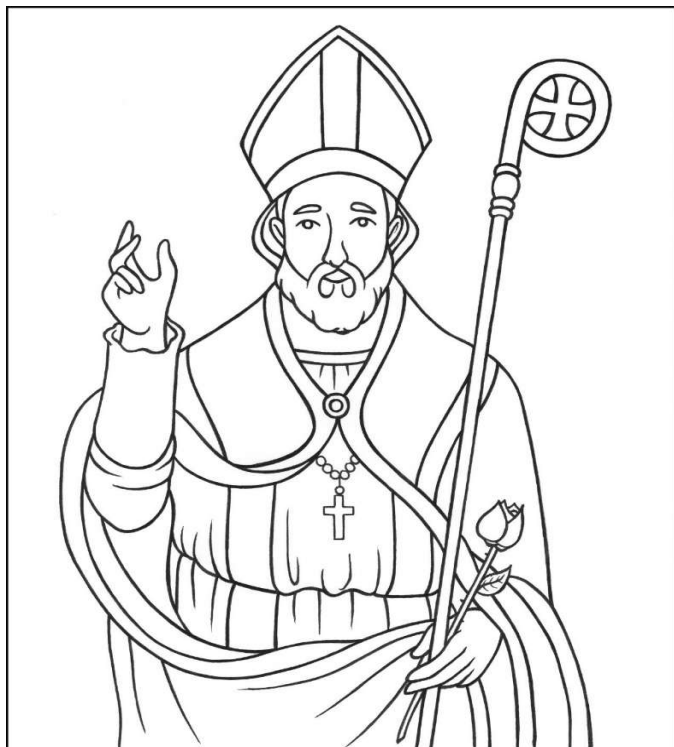
KISSES

ROSE

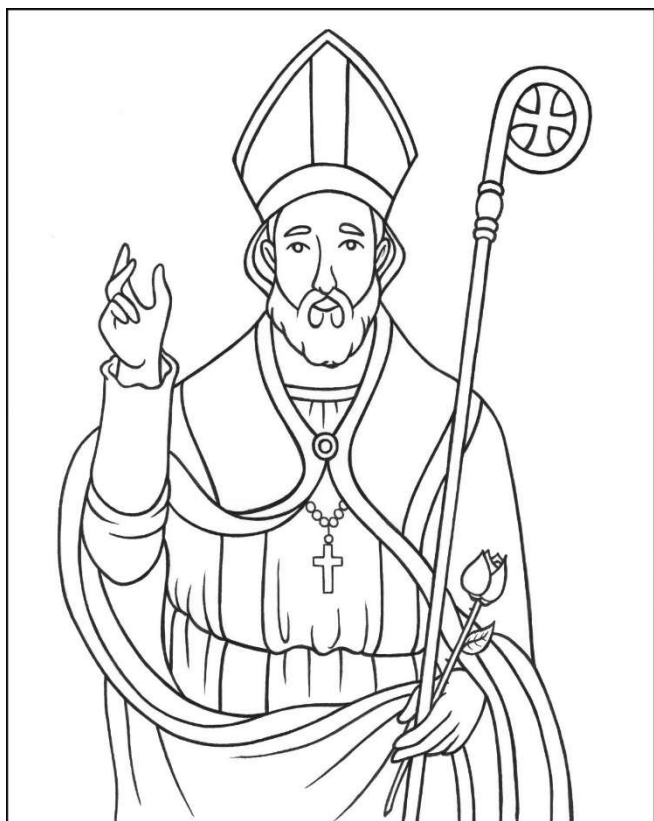


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St. Valentine



Story Board Items: St. Valentine



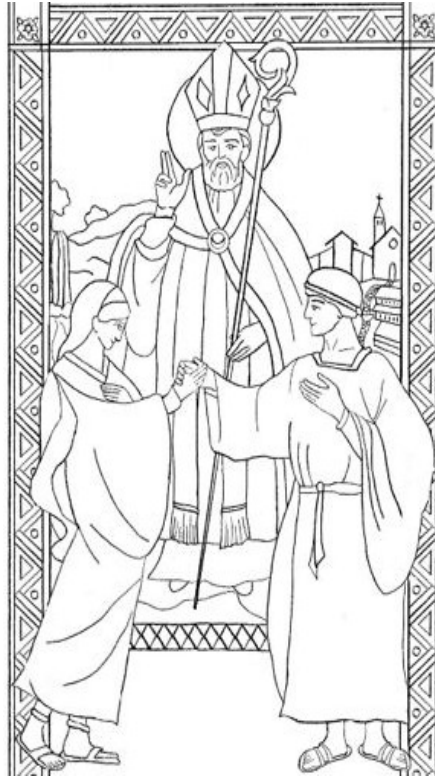
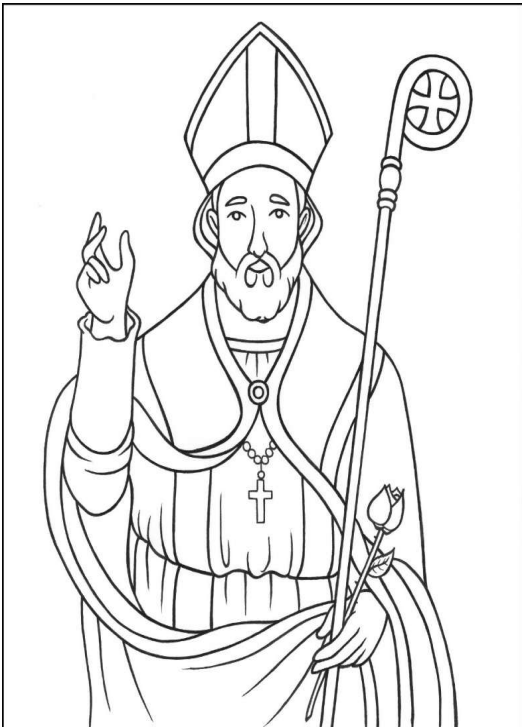
Scripture: Philippians 4:13

¹³ I can do all things through [\[a\]](#) Christ who strengthens me.

Alternate Scripture: Matthew 21:22

²² And whatever things you ask in prayer, believing, you will receive.”

St.

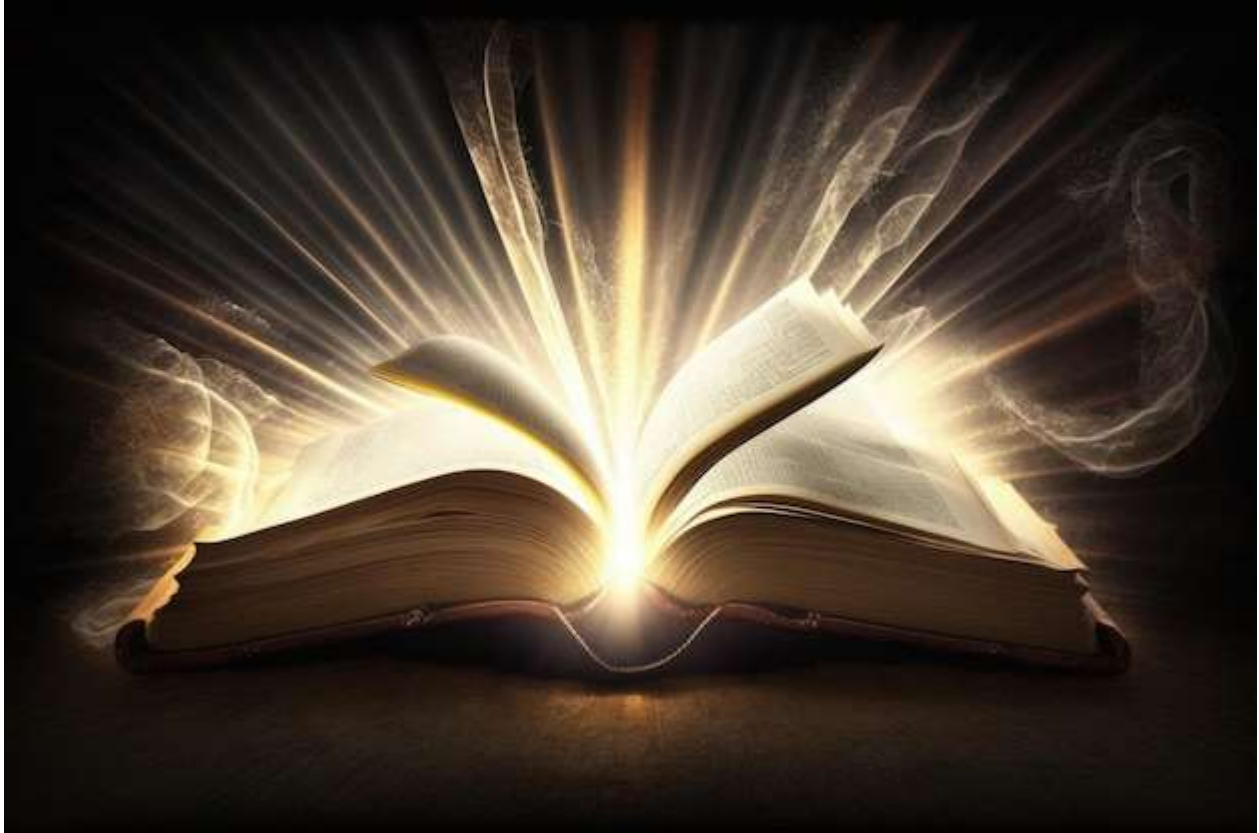


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Saints: St. Valentine

TEACHER'S NOTES

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Memory Verse: Proverbs 3:5-6

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Alternate Scripture Reference: Matthew 21:22

Suggested Items

Preparation for Teaching:

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- Poster – St. Valentine
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 1. St. Valentine as Bishop
 2. St. Valentine performing a wedding.
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Add the items for today to the Story Board – talk about what each item represents.

- Use the following Symbols or Characters
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 3. St. Valentine healing the blind girl.

Lesson Reflection:

Provide an opportunity for the students to say back to you what they understood about today's lesson. You can do this with one of the two options below. This is a great opportunity for you to see if they understood the material you presented.

What Five Things Did I Learn Today?

What Five Things Did I Learn Today?

Using a chalkboard or whiteboard write these down or have an older student who volunteers write them down.

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Discussion Reflection(s): *use the discussion question that aligns with the direction you are emphasizing.

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5. When he was about to die who did he send a note to and what did it say? *Answer: to girl he heals: From your Valentine.*

Activity: Creating a Foil Heart**Before Class:**

1. Ensure you have all the supplies.

During Class:

1. Have each student take a sheet of aluminum foil and shape a heart.
2. Using Vaseline coat the inside of the foil heart.
3. Place the foil heart onto a paper plate and make sure there are no holes in the foil heart.
4. Using the embellishments put them into the center of the heart.
5. Carefully pour clear glue into the foil heart.
6. Let the glue set for at least 4 days and make sure it is dry before removing it from the foil.

Alternate Activity: Stuffed Paper Heart**Before Class:**

1. Create a pattern for the paper heart.

During Class:

1. Have each student cut out two paper hearts
2. Using the upholstery needle or embroidery needle stitch the two halves together, leave an opening so you can stuff the paper shavings into the middle so that it is padded.
3. Complete the stitching of the heart and tie it off.
4. Using paint or glitter and customize the heart.

Detailed instructions including pictures and cutouts are available at the back of the booklet or in a separate document.

Preparation for next week:

No preparation is required.

Coloring Sheet: St. Valentine

ST. VALENTINE

BISHOP OF TERNI, NARNI, AND AMELIA



Valentine's Day Word Search

Find the words hidden in the puzzle.



S	R	S	Y	I	Q	C	L	O	V	E	Z	T	P	B	P	O	E
K	X	D	W	X	M	Q	H	Z	V	C	R	U	S	H	O	U	A
I	F	R	I	E	N	D	S	O	I	A	X	N	F	S	E	H	O
S	H	V	O	Z	C	B	T	A	C	Y	L	B	L	W	M	J	I
S	D	U	T	Q	L	A	B	Z	F	O	S	E	C	E	I	X	K
E	B	A	G	F	X	V	L	Q	M	Z	L	A	N	E	I	C	C
S	S	S	G	I	F	T	T	O	Q	C	C	A	F	T	Z	F	C
C	P	O	F	L	O	W	E	R	S	A	G	A	T	S	I	G	G
X	I	L	O	R	A	R	R	O	W	N	F	G	R	E	W	N	O
H	N	P	P	C	U	P	I	D	B	D	L	T	W	D	T	R	E
E	K	D	H	E	A	R	T	D	Z	Y	J	Z	N	U	S	L	O
P	P	I	U	W	X	M	T	H	X	P	O	R	O	S	E	K	C

LOVE

CANDY

HUG

CRUSH

SWEETS

FLOWERS

FRIENDS

GIFT

CUPID

POEM

ARROW

CARDS

HEART

PINK

CHOCOLATE

VALENTINE

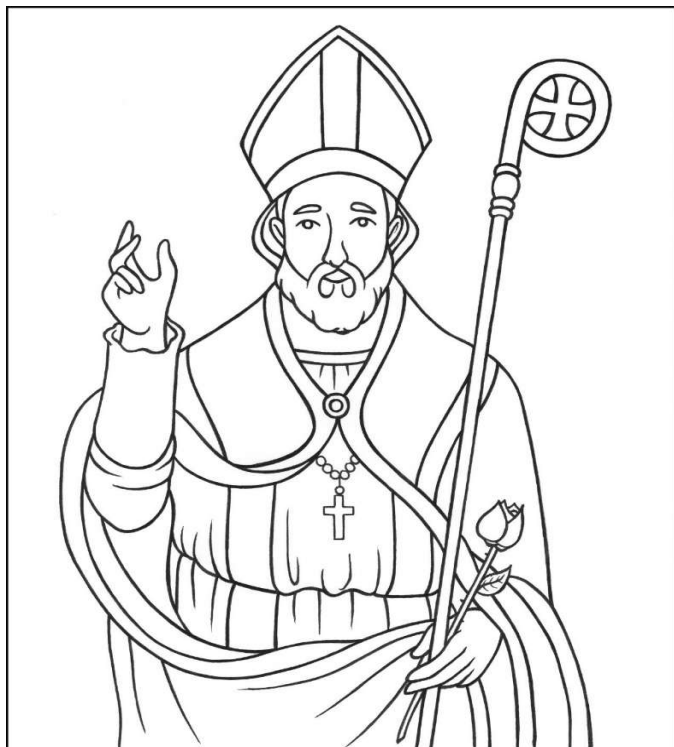
KISSES

ROSE

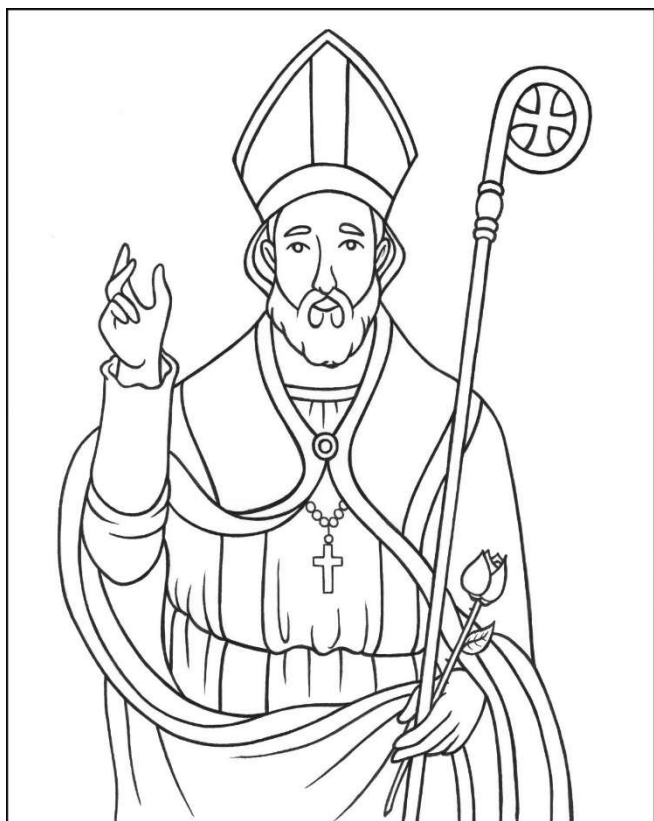


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St. Valentine



Story Board Items: St. Valentine



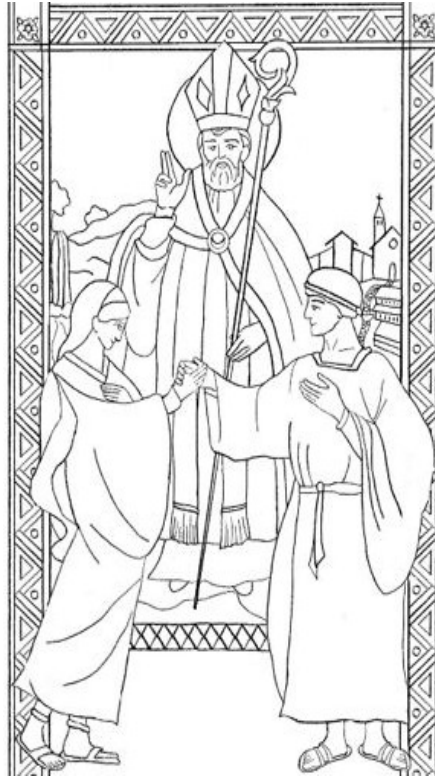
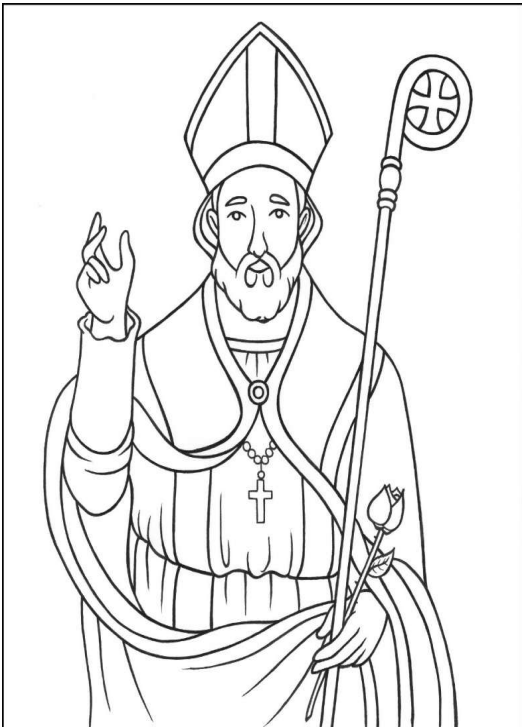
Scripture: Philippians 4:13

¹³ I can do all things through [\[a\]](#) Christ who strengthens me.

Alternate Scripture: Matthew 21:22

²² And whatever things you ask in prayer, believing, you will receive.”

St.



1. When was St. Valentine born?
2. What was St. Valentine?
3. Why did he get into trouble?
4. Who did he heal?
5. When he was about to die who did he send a note to and what did it say?

1. When was St. Valentine born?
Answer: 3rd Century
2. What was St. Valentine?
Answer: he was either a Roman priest or Bishop
3. Why did he get into trouble?
Answer: For doing secret weddings
4. Who did he heal?
Answer: the daughter of the nobleman who was holding him prisoner
5. When he was about to die who did he send a note to and what did it say?
Answer: to girl he heals: From your Valentine.