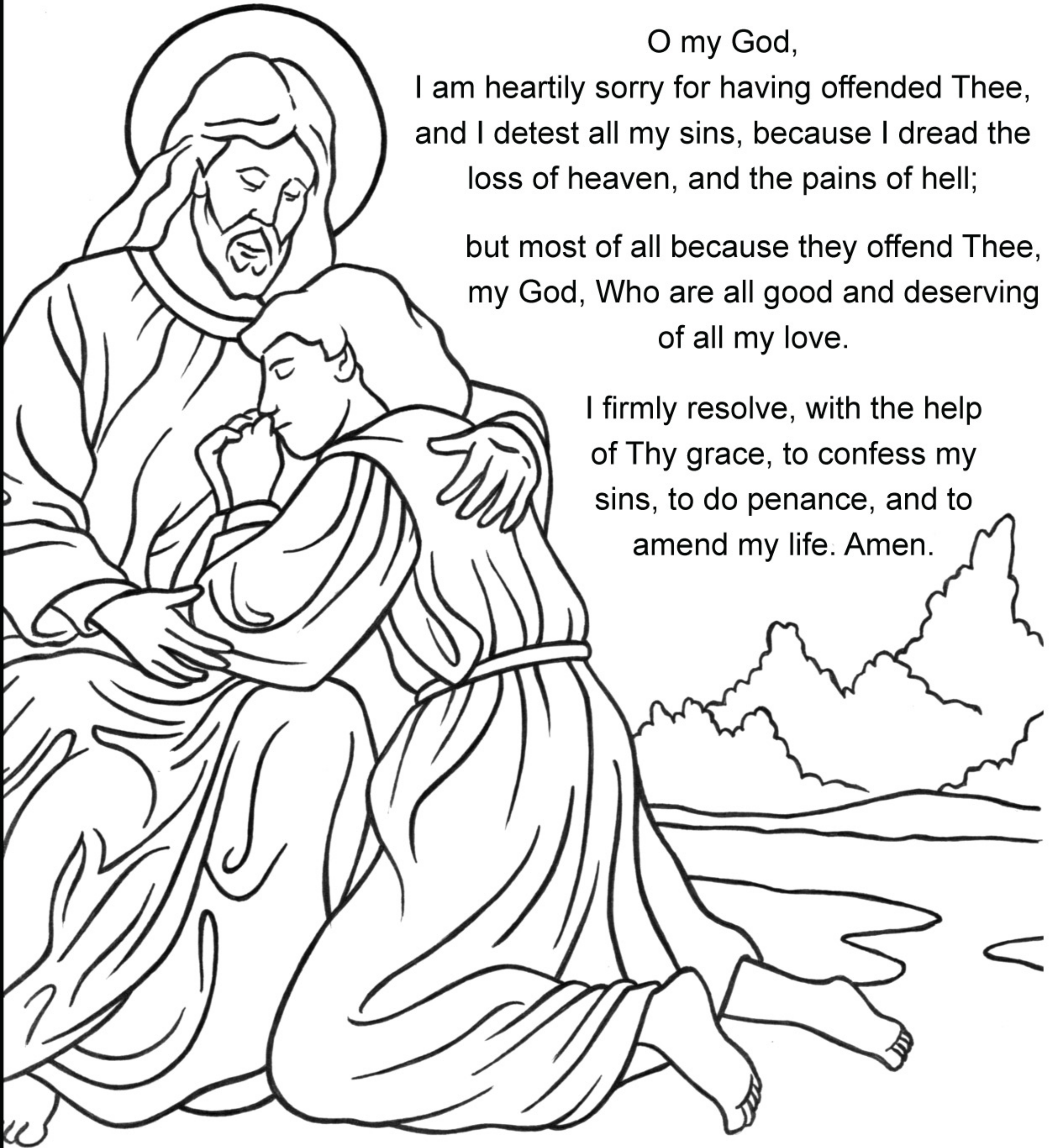


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# Act of Contrition



O my God,  
I am heartily sorry for having offended Thee,  
and I detest all my sins, because I dread the  
loss of heaven, and the pains of hell;

but most of all because they offend Thee,  
my God, Who are all good and deserving  
of all my love.

I firmly resolve, with the help  
of Thy grace, to confess my  
sins, to do penance, and to  
amend my life. Amen.



# Act of Faith

O my God,  
I firmly believe  
that you are one God  
in three divine Persons,  
Father, Son, and  
Holy Spirit.

I believe that your divine  
Son became man  
and died for our sins  
and that he will come  
to judge the living and  
the dead.

I believe these and all  
the truths which the Holy  
Catholic Church teaches  
because you have  
revealed them who are  
eternal truth and  
wisdom, who can  
neither deceive nor  
be deceived.

In this faith I intend to  
live and die. Amen.





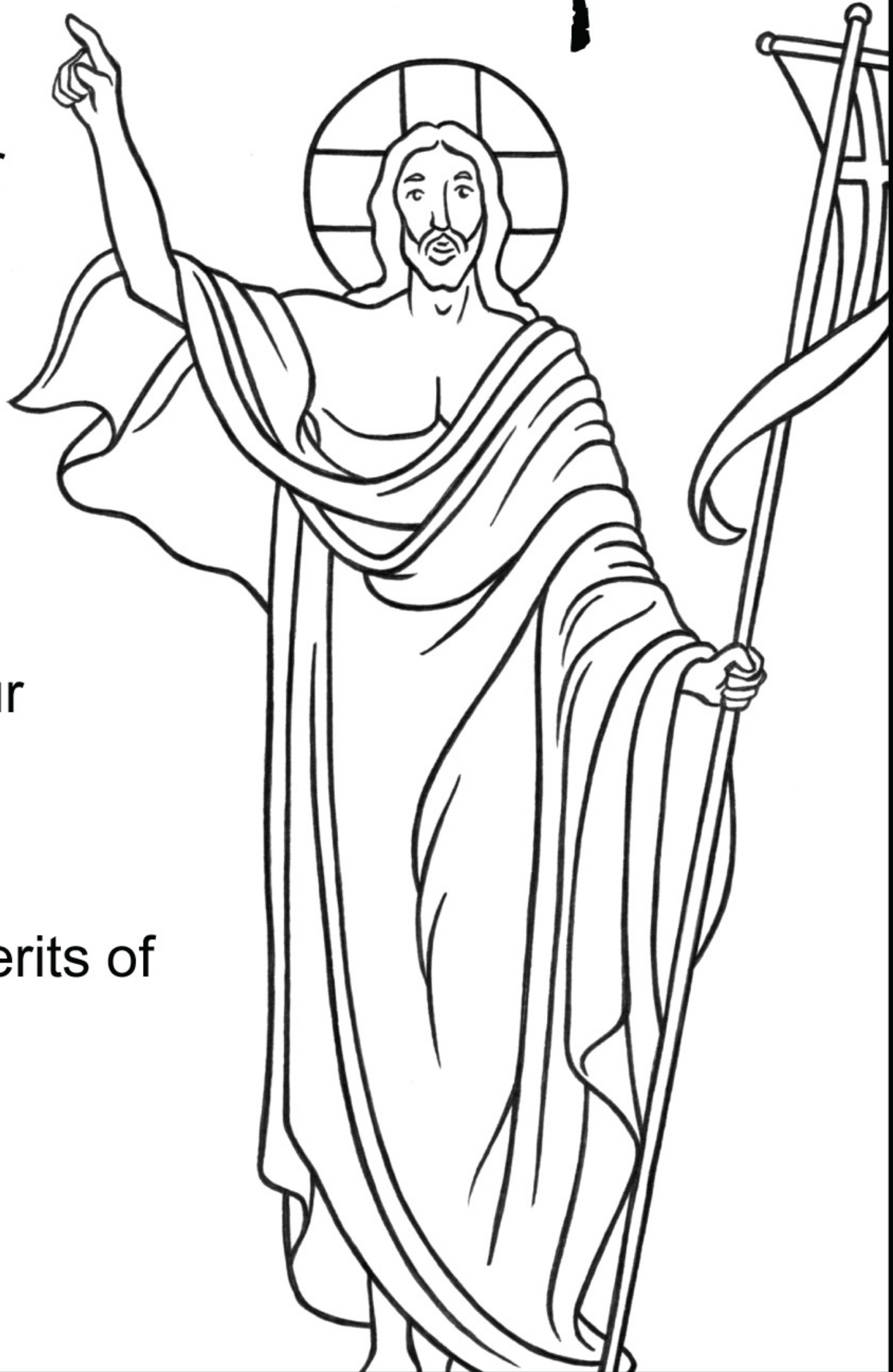
# Act of Hope

O my God,  
relying on your  
infinite mercy  
and promises,

I hope to  
obtain pardon  
of my sins,

the help of your  
grace, and life  
everlasting,

through the merits of  
Jesus Christ,  
my Lord and  
Redeemer.  
Amen.





# Act of Love



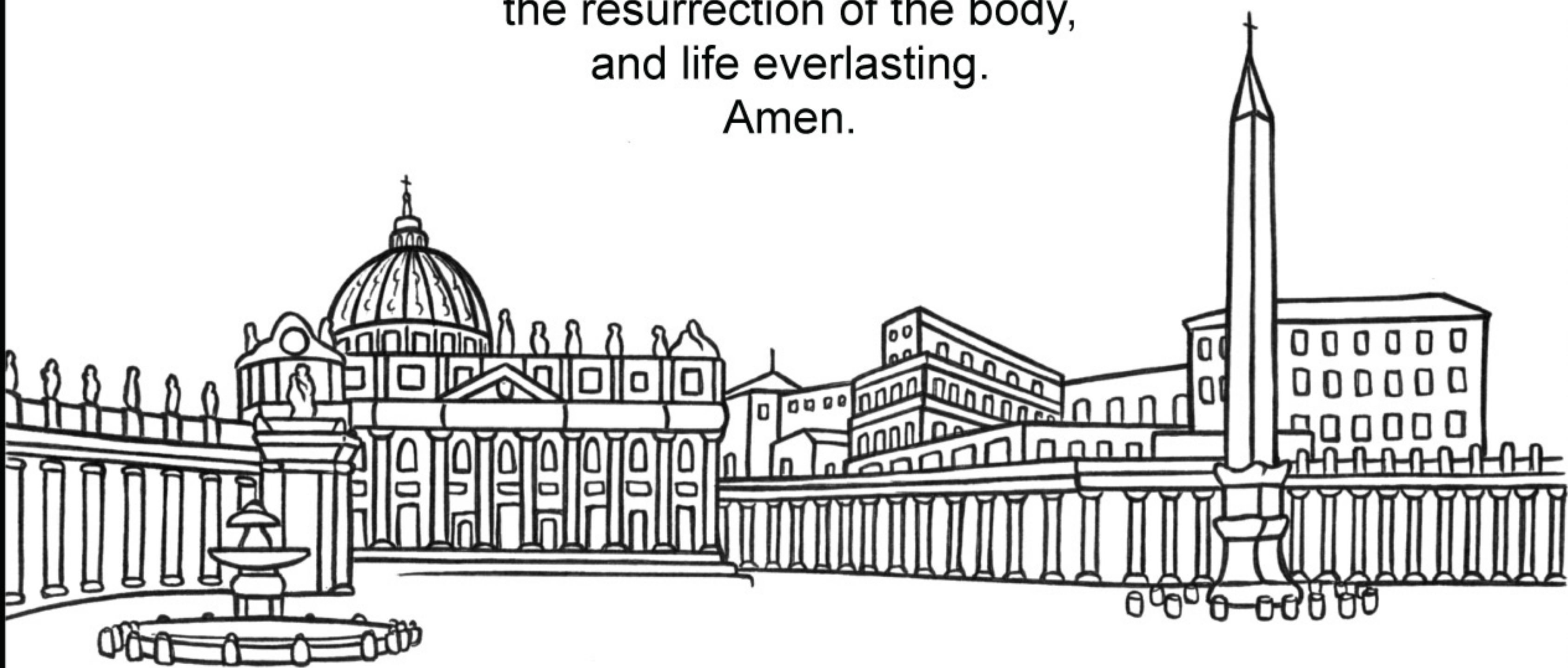
O my God, I love you above all things with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of those whom I have injured.

Amen



# The Apostles' Creed

I believe in God, the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the Father Almighty;  
from there He will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

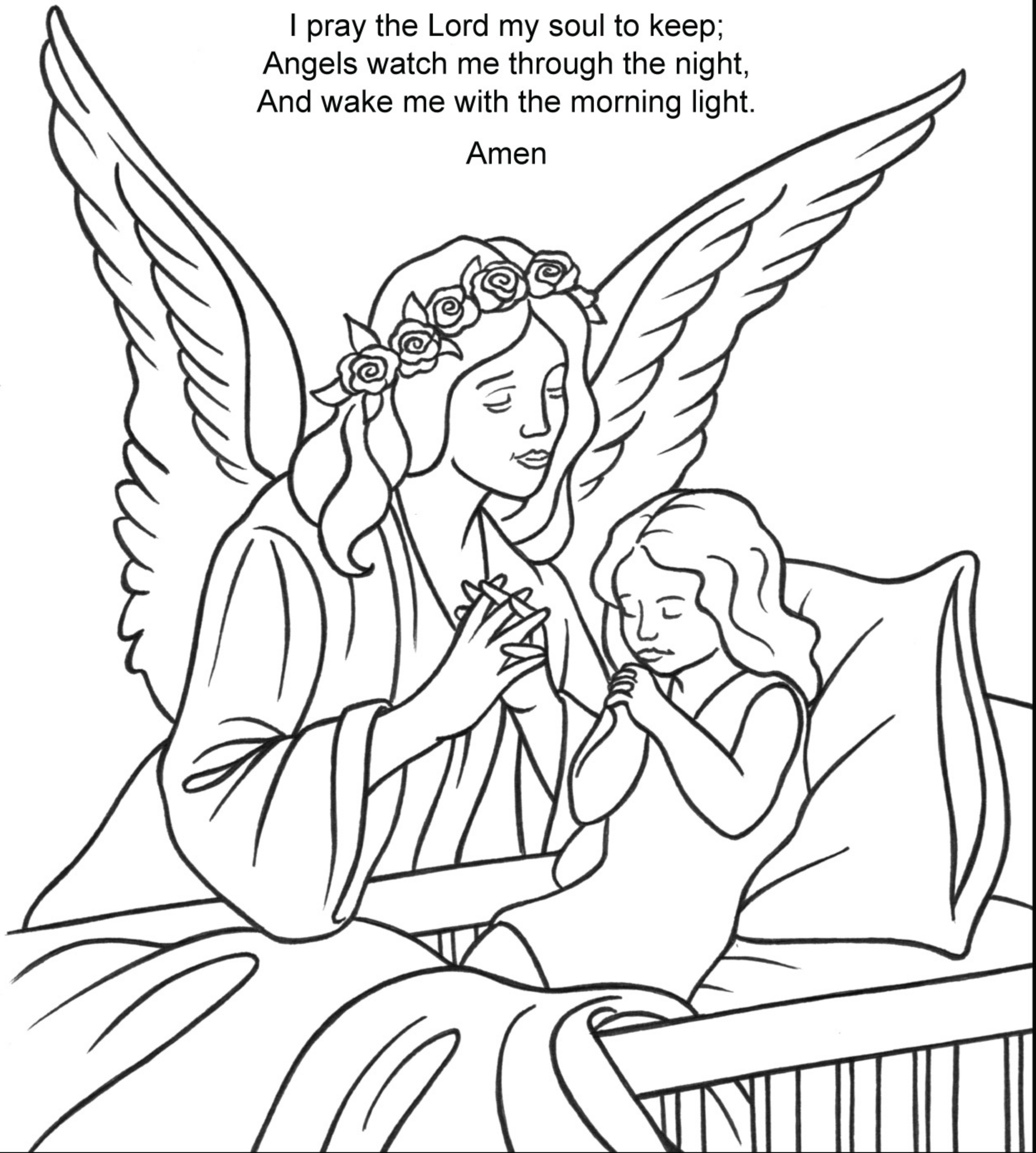




# Now I Lay Me Down To Sleep,

I pray the Lord my soul to keep;  
Angels watch me through the night,  
And wake me with the morning light.

Amen





# The Confiteor

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done,  
and in what I have failed to do;  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.  
Amen.





# Fatima Prayer

O My Jesus, forgive us our sins,  
save us from the fires of Hell and lead all souls to Heaven,  
especially those who are in most need of Thy mercy. Amen.





# Grace After Meals

We give Thee thanks for all Thy benefits, O Almighty God,  
who livest and reignest world without end.  
Amen.

May the souls of the faithful departed,  
through the mercy of God, rest in peace.  
Amen.





# Grace Before Meals

Bless us, O Lord,  
and these Thy gifts,  
which we are about to receive  
from Thy bounty.

Through Christ our Lord.

Amen

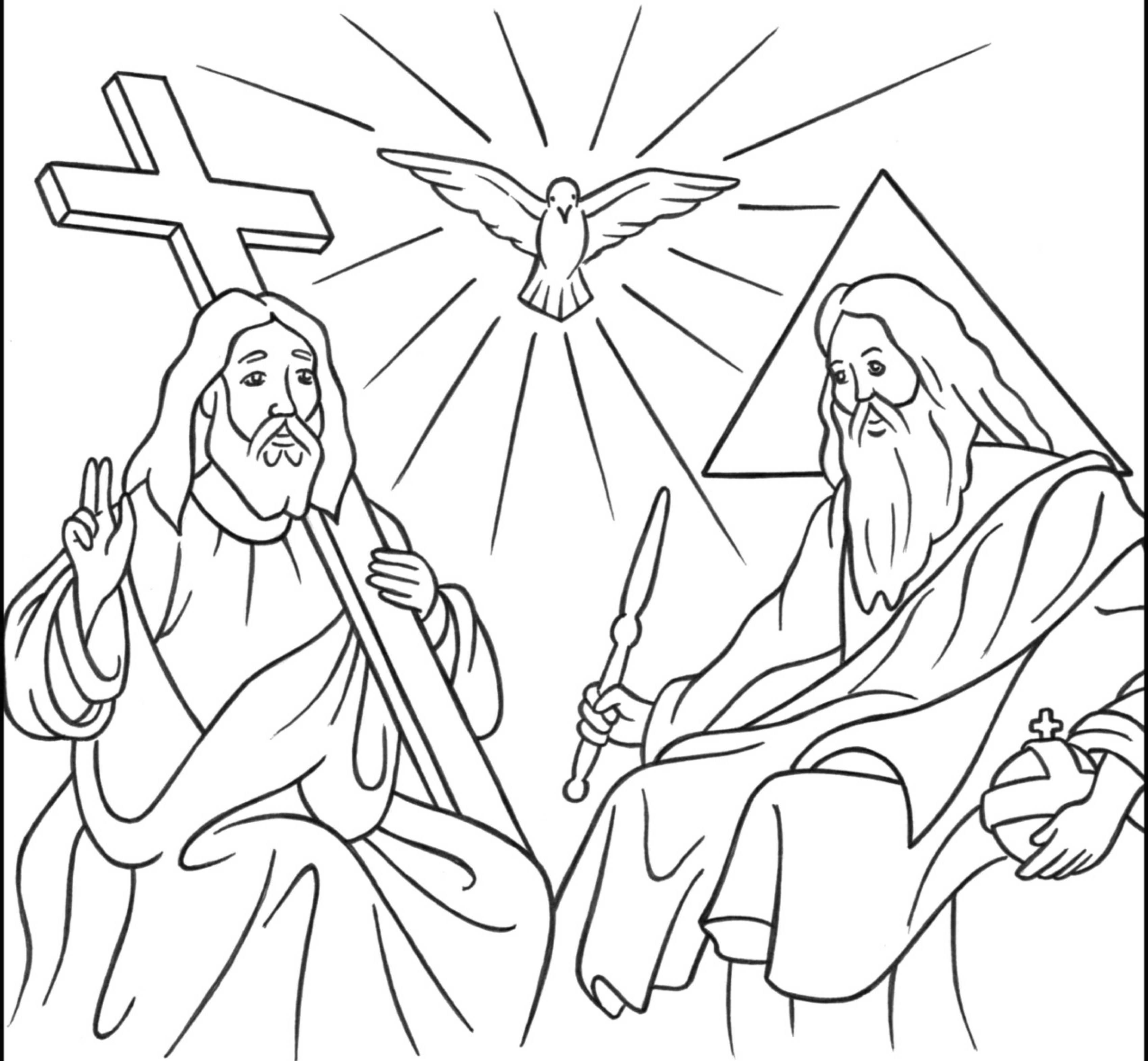




# Glory Be

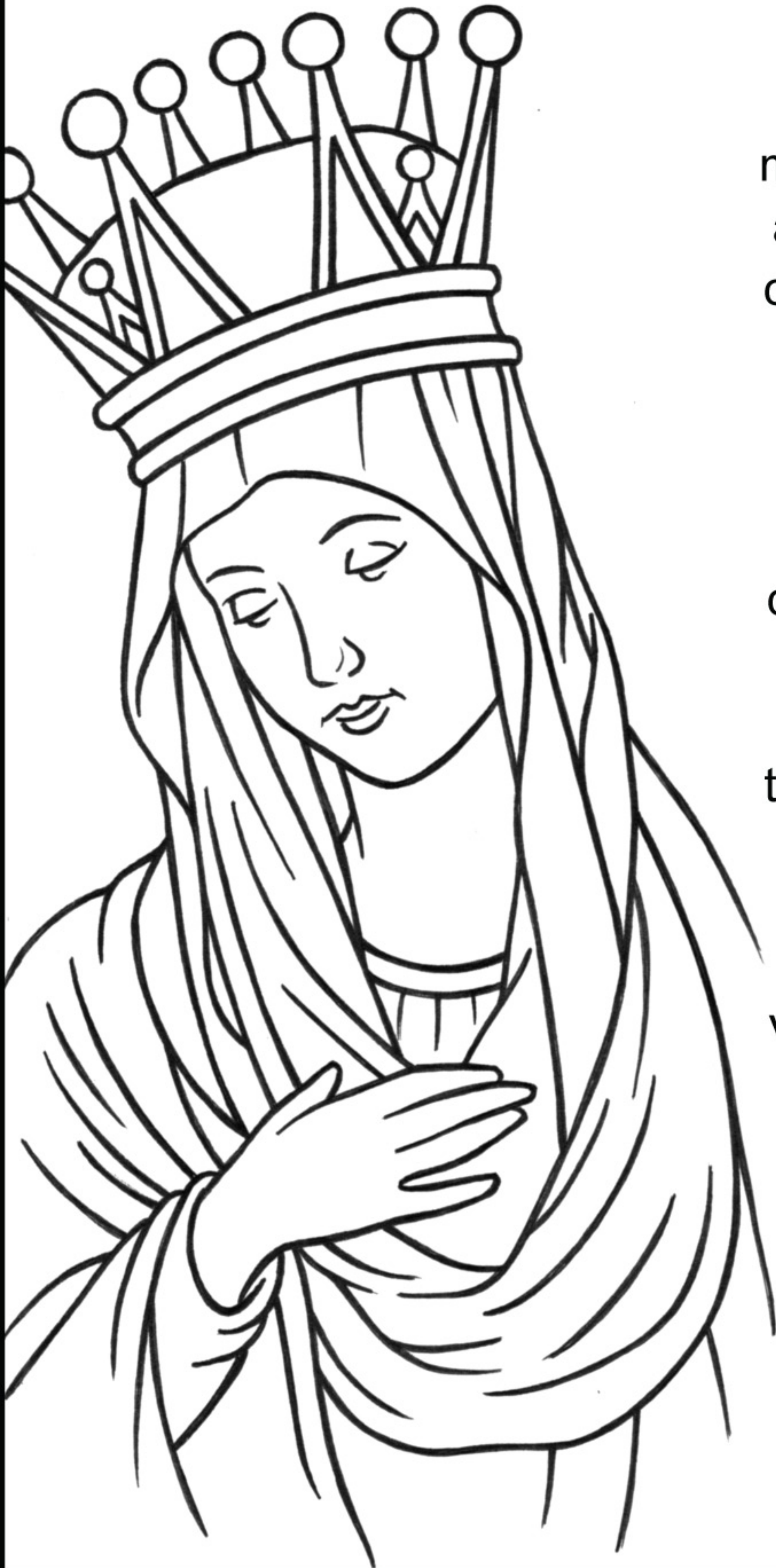
Glory Be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.

Amen.





# Hail Holy Queen



Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.



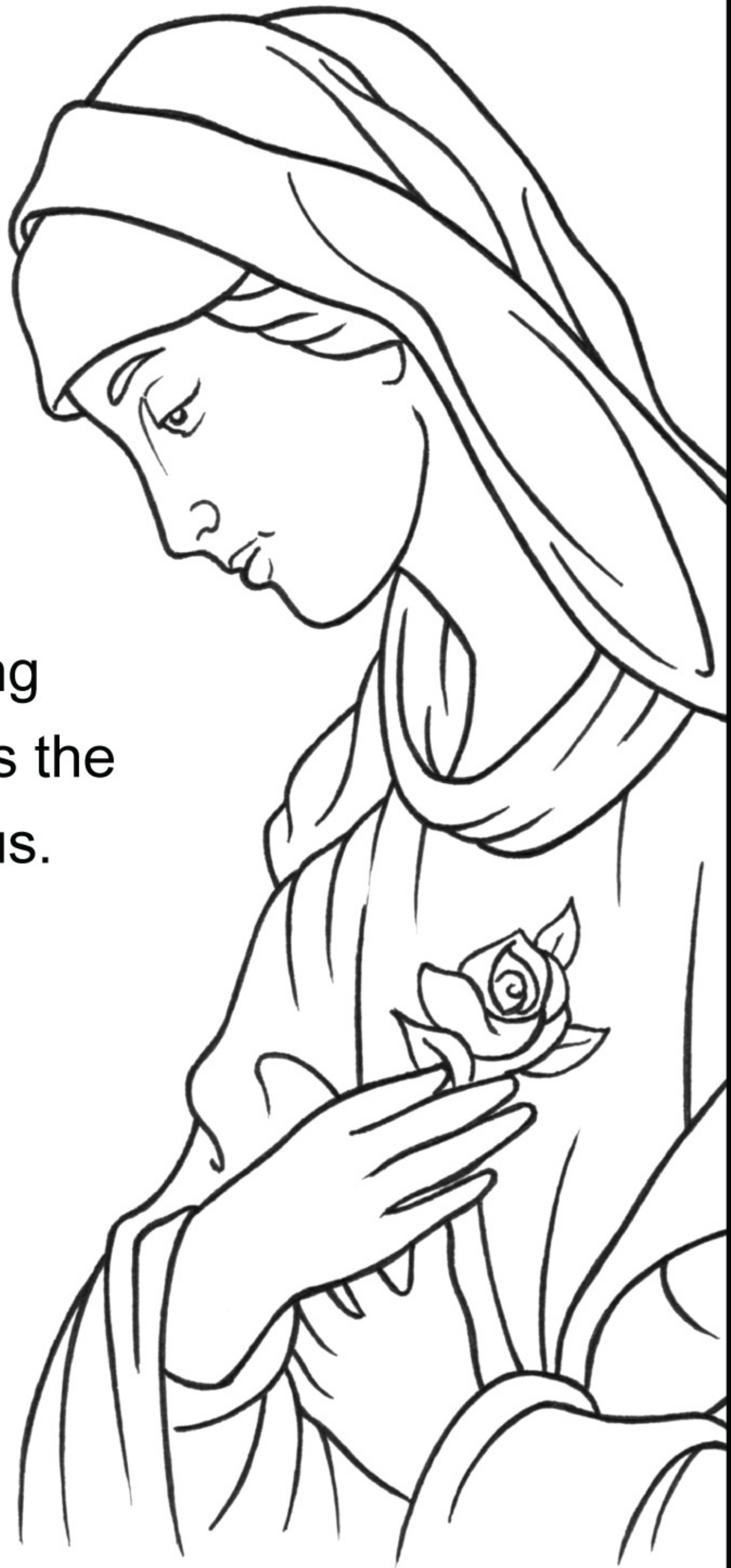
# Hail Mary,

Full of Grace,  
The Lord is with thee.

Blessed art thou among  
women, and blessed is the  
fruit of thy womb, Jesus.

Holy Mary,  
Mother of God,  
pray for us sinners  
now, and at the  
hour of our death.

Amen.



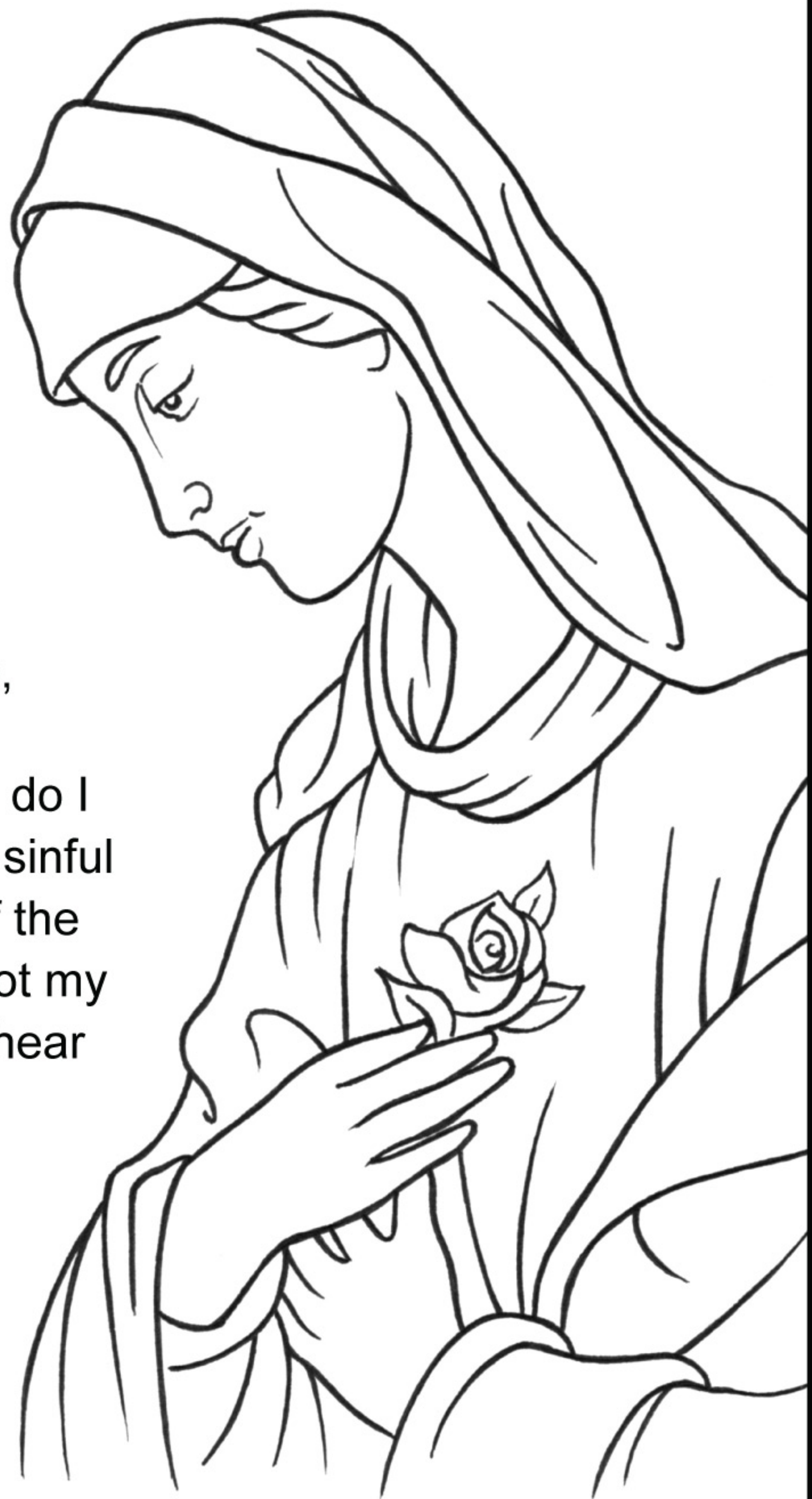


# The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

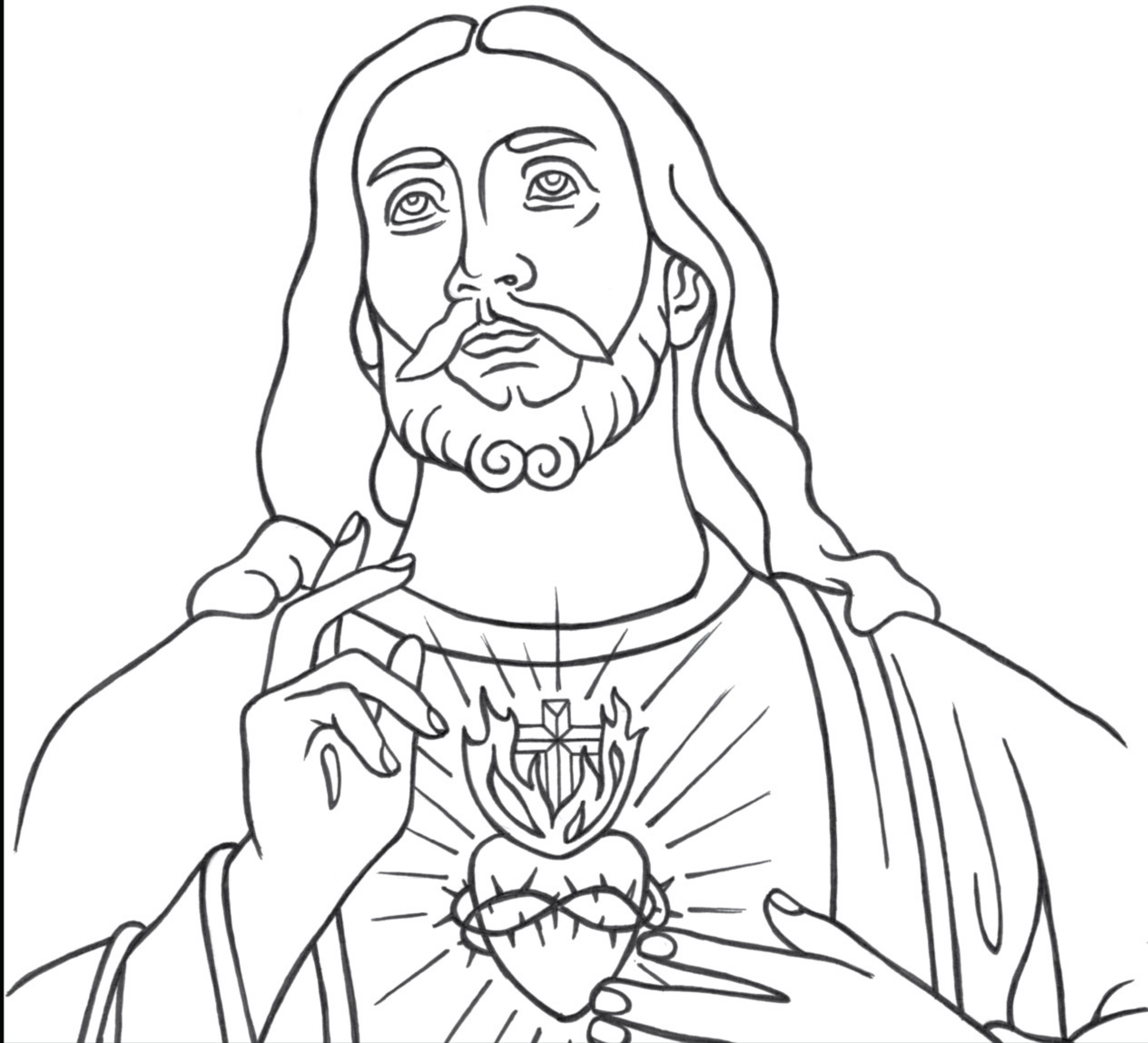
Amen.





# Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen





# The Nicene Creed

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.

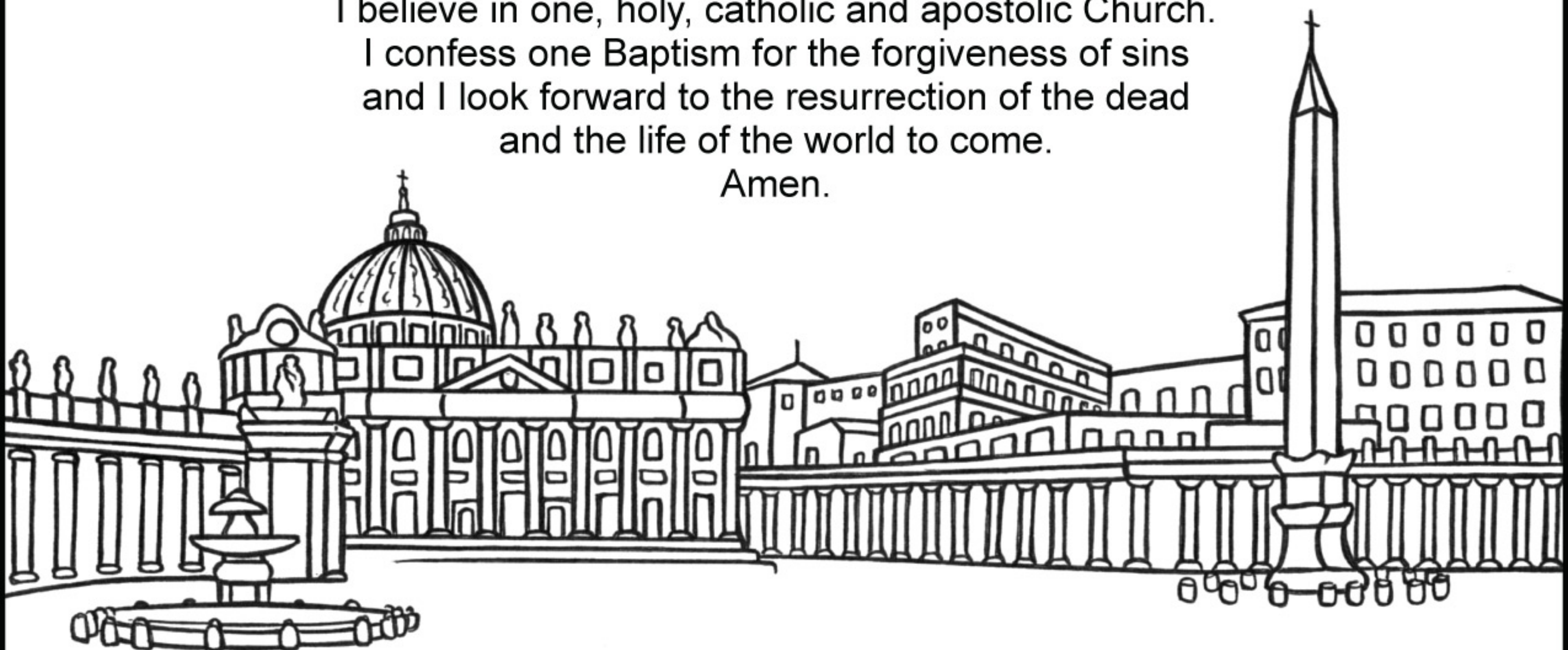
God from God, Light from Light, true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day in accordance with the Scriptures.  
He ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

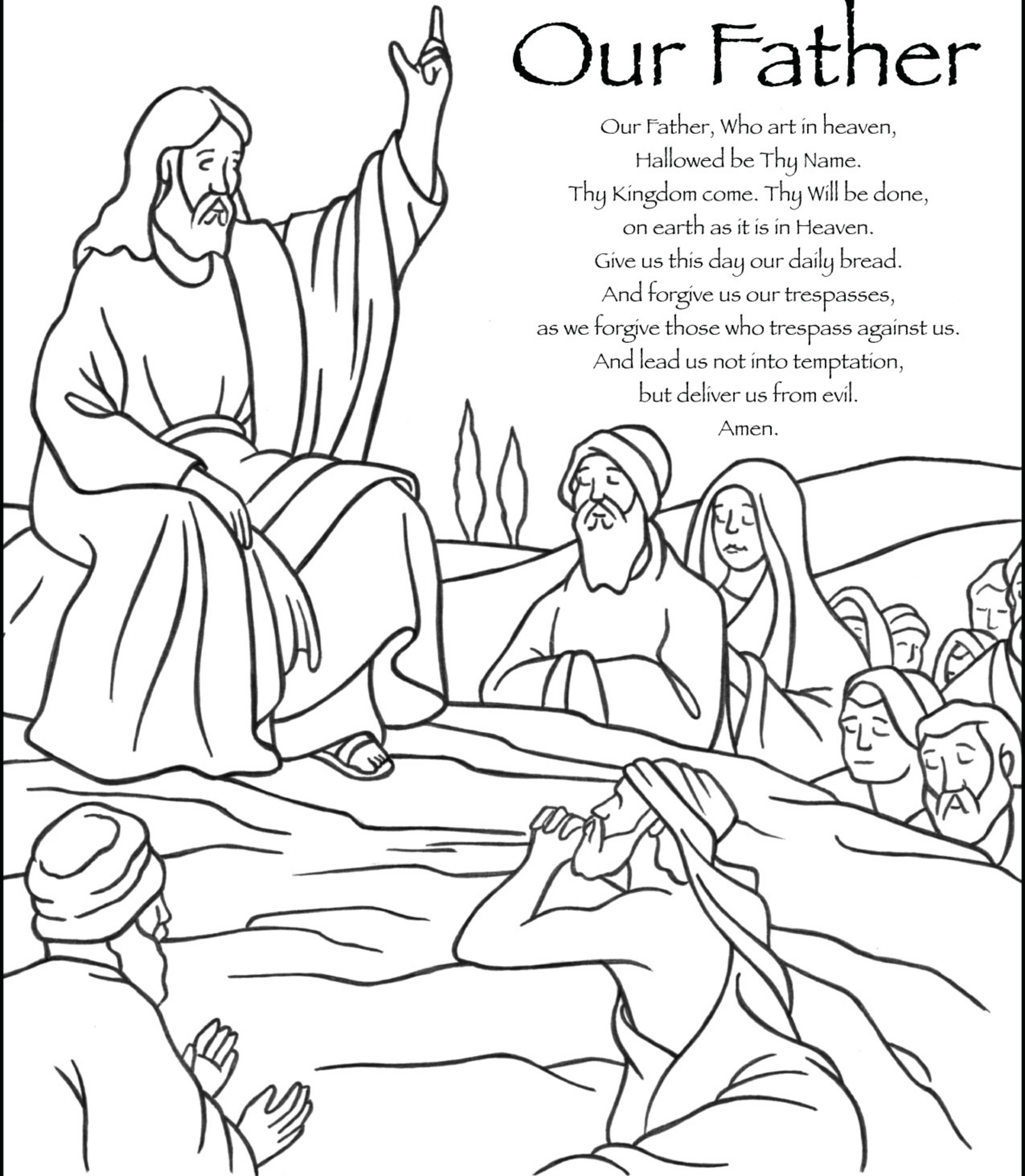
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
Amen.





# Our Father

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.







# The Holy Rosary

9. Repeat each decade starting with the Our Father until you reach the medal in the center.

7. On the chain, pray the Glory Be & the Fatima Prayer.

6. Pray a Hail Mary on each of the 10 smaller beads.

10. Finish by praying the Hail, Holy Queen and closing prayer.

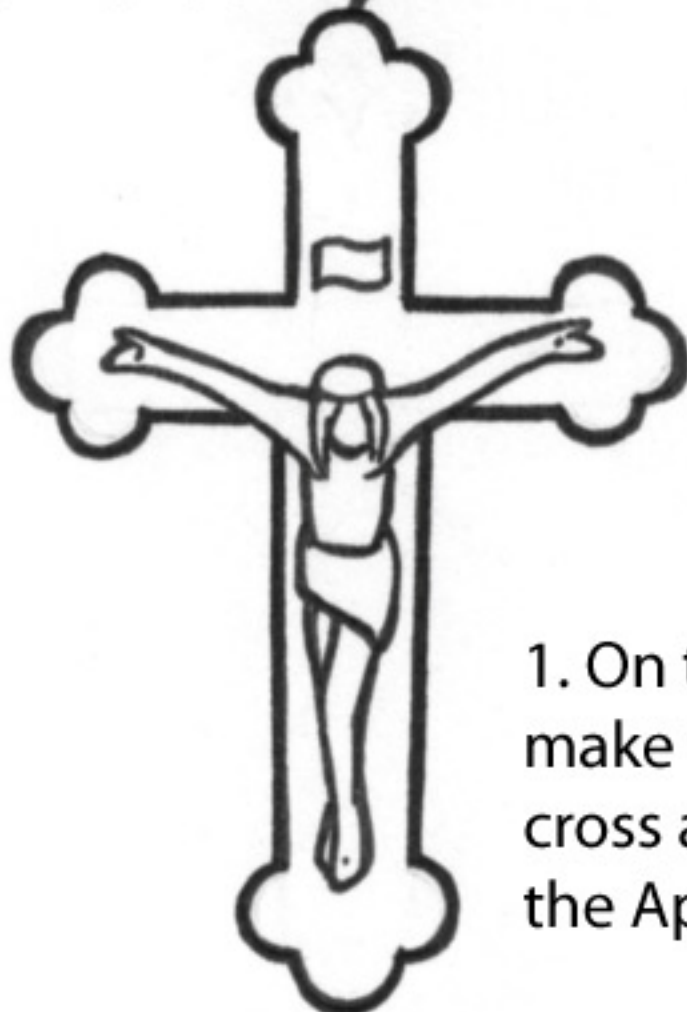
5. On the large bead, meditate on the first mystery and pray the Our Father.

3. On the following three small beads, pray three Hail Marys.

4. On the chain, pray the Glory Be.

2. On the next large bead, pray the Our Father.

1. On the crucifix, make the sign of the cross and then pray the Apostles' Creed.





# Rosary Concluding Prayer

Let us pray,

O God, whose only begotten Son,  
by His life, death, and  
resurrection, has purchased for  
us the rewards of eternal life.  
Grant, we beseech Thee, that  
meditating upon these mysteries  
of the most holy Rosary of the  
Blessed Virgin Mary, that we may  
imitate what they contain and  
obtain what they promise,  
through the same  
Christ our Lord.

Amen.

V. May the divine assistance  
remain always with us.

R. And may the souls of the faith-  
ful departed, through the mercy  
of God, rest in peace.

Amen.



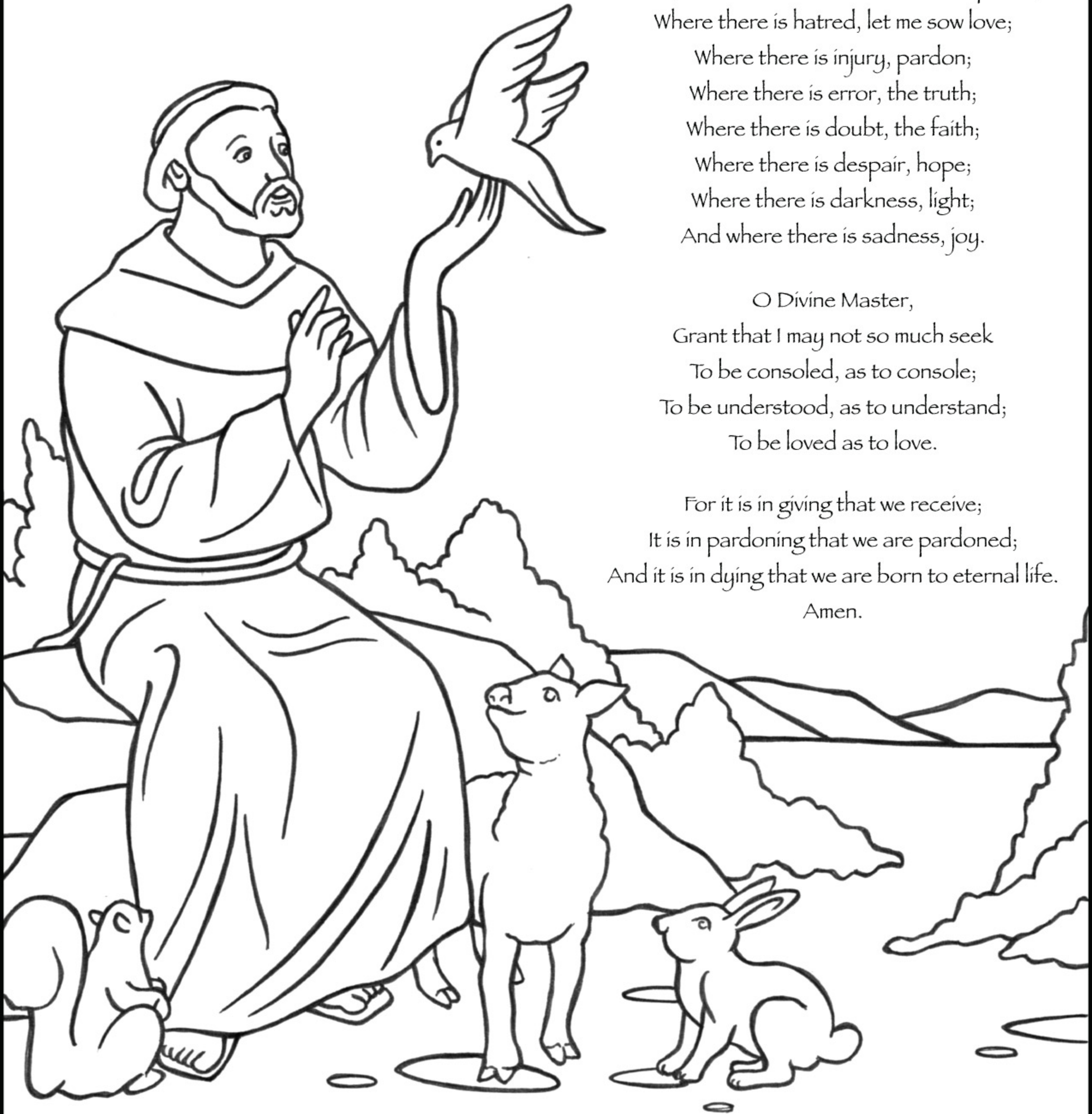


# Prayer of Saint Francis

Lord, make me an instrument of Your peace;  
Where there is hatred, let me sow love;  
Where there is injury, pardon;  
Where there is error, the truth;  
Where there is doubt, the faith;  
Where there is despair, hope;  
Where there is darkness, light;  
And where there is sadness, joy.

O Divine Master,  
Grant that I may not so much seek  
To be consoled, as to console;  
To be understood, as to understand;  
To be loved as to love.

For it is in giving that we receive;  
It is in pardoning that we are pardoned;  
And it is in dying that we are born to eternal life.  
Amen.





# St. Joseph Prayer



O blessed Joseph, faithful guardian of my Redeemer, Jesus Christ, protector of thy chaste spouse, the virgin Mother of God, I choose thee this day to be my special patron and advocate and I firmly resolve to honor thee all the days of my life.

Therefore I humbly beseech thee to receive me as thy client, to instruct me in every doubt, to comfort me in every affliction, to obtain for me and for all the knowledge and love of the Heart of Jesus, and finally to defend and protect me at the hour of my death.

Amen



# Saint Patrick

## Prayer for the Faithful

May the Strength of God guide us.

May the Power of God preserve us.

May the Wisdom of God instruct us.

May the Hand of God protect us.

May the Way of God direct

us. May the Shield of God

defend us. May the Angels

of God guard us.

- Against the snares of  
the evil one.

May Christ be with us!

May Christ be before us!

May Christ be in us,

Christ be over all!

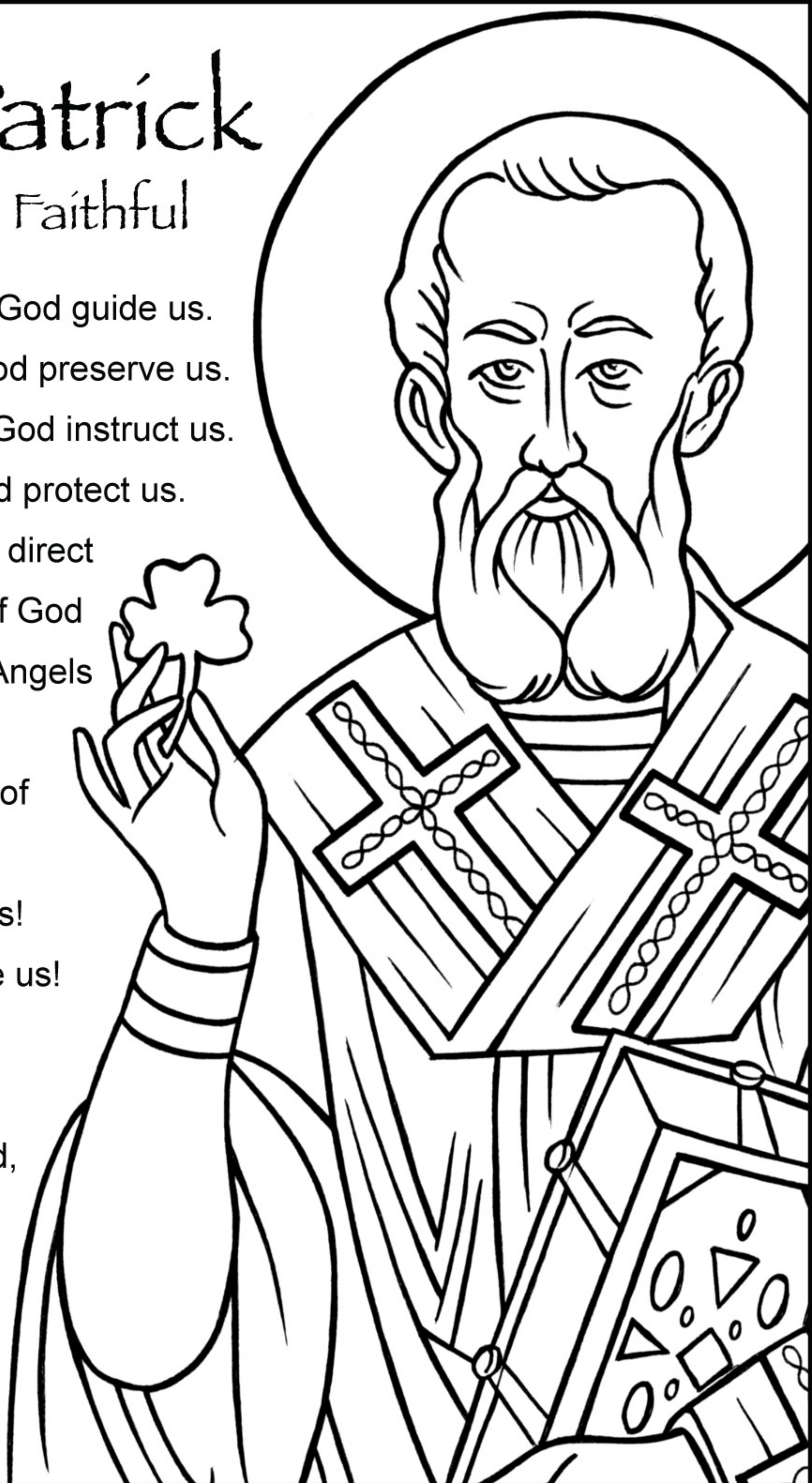
May Thy Grace, Lord,

Always be ours,

This day, O Lord,

and forevermore.

Amen.





## Prayer of Saint Francis

Lord, make me an instrument of Your peace;  
Where there is hatred, let me sow love;

Where there is injury, pardon;  
Where there is error, the truth;  
Where there is doubt, the faith;  
Where there is despair, hope;  
Where there is darkness, light;  
And where there is sadness, joy.

O Divine Master,

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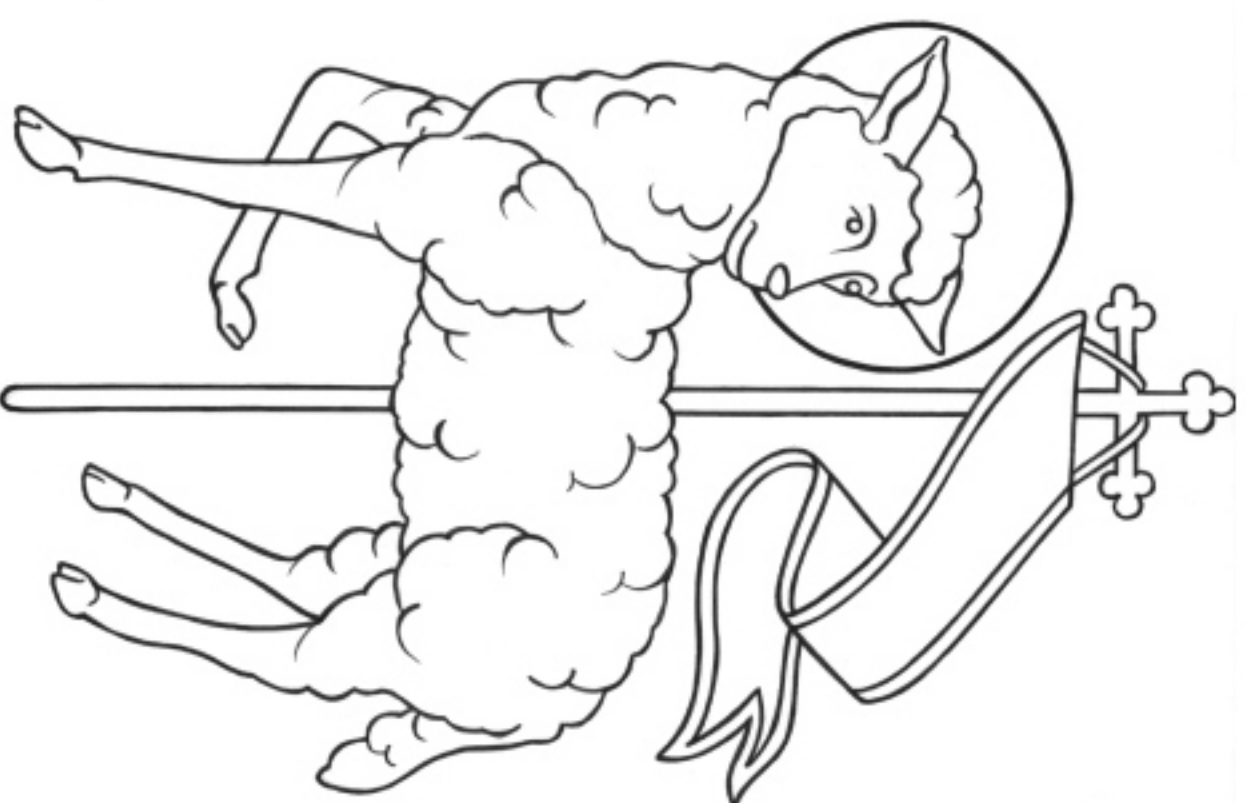
And it is in dying that we are  
born to eternal life.

Amen.



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## Victory of the Lamb



Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, inebriate me;

Water from the side of Christ, wash me;

Passion of Christ, strengthen me;

O good Jesus hear me;

Within your wounds hide me;

Separated from you, let me never be;

From the evil one protect me;

At the hour of my death, call me;

And close to you bid me;

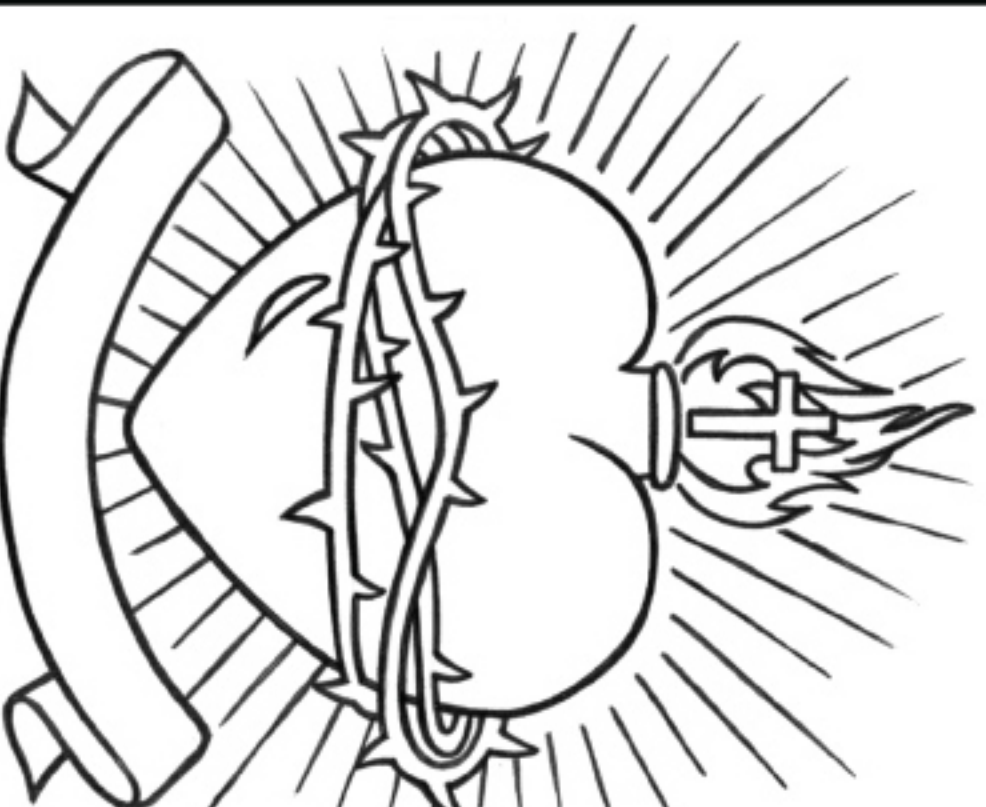
That with your saints,

I may be praising you forever and ever.

Amen.

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## Sacred Heart of Jesus



O most holy heart of Jesus,  
fountain of every blessing, I adore you,

I love you, and with lively sorrow for my sins  
I offer you this poor heart of mine.

Make me humble, patient, pure and wholly  
obedient to your will.

Grant, Good Jesus, that I may live  
in you and for you.

Protect me in the midst of danger.

Comfort me in my afflictions.

Give me health of body,

assistance in my temporal needs,

your blessing on all that I do,

and the grace of a holy death.

Amen.

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## Saint Therese The Little Flower

O Little Therese of the Child Jesus,  
Please pick a rose for me  
from the heavenly gardens.  
And send it to me as a message of love.

O little flower of Jesus, ask God today to  
grant the favors I now place with confidence  
in your hands.

(Mention your specific requests)

St. Therese, help me to always believe, as you  
did,

in God's great love for me, so that I might  
imitate your "Little Way" each day.

Amen



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