

St. Patrick's Anglican Church  
4797 Curtis Boulevard  
Cocoa, FL 32927  
Church Office: 321-802-1311



March 2022  
Volume 5, Issue 3

## The Shamrock

Newsletter of St. Patrick's Anglican Church



### Father Michael's Musing

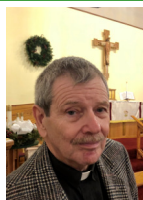
We will spend practically all of March in the season of Lent. When I was a boy, Lent meant giving up candy for what seemed an eternity. As adults, we still fast on Ash Wednesday and Good Friday and abstain on all other Fridays. By Fasting, we mean eating a minimal amount of food for the day, and especially avoiding meats or other rich foods. Abstinence is refraining from eating meat, while being moderate in our food intake.

Many of us remember eating cod cakes or fish sticks on Fridays, not only during Lent, but all year. Abstinence and fasting have their roots in the ancient church. Jesus told his disciples that they needed to fast and pray if they were to confront the worst of the demons. He also set the example for Lent by his own prayer and fasting in the desert for 40 days before He started His public ministry. For Anglicans, fasting also had a practical purpose. In the 1600's, England had secured the rights to the fishing grounds in the North Atlantic. Early versions of the Book of Common Prayer urged abstinence on Wednesdays and Fridays for both piety, and also to promote and protect the fisheries and help the emerging industry. The Anglican Church was reliably practical in such matters.

In addition to "abstinence" from meat on Fridays, we also abstain, or give up, other comfortable habits for the Lenten period. Typically, that would be use of alcohol or tobacco, or avoidance of sweets. These are pious activities that lessen our dependence on earthly comforts and help us to focus on our eternal joy and salvation. By making these small sacrifices, we imitate and respect the great sacrifices that Jesus made for our salvation.

However, giving things up is not enough to have a profitable and holy Lent. We also need to practice charity and prayerfulness in the place of the time and energy we spent on our earthly comforts. If we pulled all the weeds from a field, it would not produce a garden unless we planted good seeds and cultivated them. Without the positive action, random new weeds would infest the field and leave it as bad or worse than it started. Similarly, if we don't fill the time and energy we gain from our Lenten sacrifices with charity and prayerfulness, the idle time and energy will be co-opted by temptation and we run the risk of being in worse shape spiritually than when we made our Lenten pledges. As we go into Lent, let's all be mindful of both those things we want to give up, but also the Godly habits and prayerfulness that we will employ in their place. Then we will all have a holy and profitable Lent.

Yours in Christ,  
*Father Michael*



Mark your  
Calendar



**Tues—March 1st 6:00 PM**  
*Shrove Tuesday Pancake Dinner*

**Wed—March 2nd 6:00 PM**  
*Ash Wednesday*

**Fri—March 4th 6:30 PM**  
*Family Fun Night*

**Sat—March 5th 11:30 AM**  
*Ladies Lunch Out—Tequila Veintuno Mexican Cuisine—Publix 524 Cocoa*

**Wednesdays (Mar. 9th, 16th, 23rd & 30th & April 6th) 7:00 PM**  
*Lent Study with Soup Dinner*

**Sat—March 12th 6:00 PM**  
*St. Patrick's Annual Dinner*

**Sat—March 26th 9:00 AM**  
*Veteran's & First Responder Breakfast.*

**Fri—April 1st 6:30 PM**  
*Family Fun Night*

**Sat—April 2nd 11:30 AM**  
*Ladies Lunch Out—TBA*

**Thurs—April 14th 6:00 PM**  
*Maundy Thursday Service*


**Fri—April 15th 12:00 PM-3:00 PM**  
*Good Friday Service & Children's Stations of the Cross.*

### Vestry Members

*Gina Otero – Senior Warden, Linda Gould – Treasure, Von Yantsios; Lea Taylor-Malarae, Georgia Weston*

**Please visit our Webpage  
([www.stpatrickspsj.org](http://www.stpatrickspsj.org))  
or Facebook page**

**[www.facebook.com/  
StPatspsj](http://www.facebook.com/StPatspsj)**



# The Bulletin Board

## Adult and Children Sunday School/Confirmation

- ⇒ Children's Sunday School will be held during the 10:00 AM Service—Children will exit at announcements and return at communion.
- ⇒ During Lent the Adult Sunday School (which is held in the parish hall between services) will be putting the book of Acts on hold and starting a study of Women of the Bible (Esther and Ruth).
- ⇒ During Lent we will also be doing an evening program following Wednesday Night Eucharist 6:00 PM service followed by Stations of the Cross. Which includes Light Lenten supper and a study on Prayer and Prayer Chains.

## Your Help is Needed

1. Donations of items and volunteers for Veteran's Breakfast. See Fr. Chet.
2. Donations of food for UMC food bank: Spaghetti, Spaghetti Sauce, Peanut Butter & Jelly. See Karen Johnson.
3. This month's Workday we will concentrate on projects to prepare for the Easter Sunrise Service in the Memorial Garden. Including general maintenance, cleaning, power washing sidewalks, and new mulch.



The **Ladies Lunch** on Saturday March 5 at 11:30 is going to **Tequila Veinriuno** in the Publix Shopping Center on Clear Lake. If you pass the Cocoa Vet, you have gone too far!! Carolyn will send out a text to the Ladies Lunch group for a head count!

Parish Life is in full swing, with **Shrove Tuesday Pancake Supper** March 1, in the Parrish Hall at 6PM. Fr Mike and Fr Chet have shown that they can truly flip a pancake! A joy to watch...Then it is **First Friday Fun Night** on March 4 at 8:15, after Evening Prayer. Children, young and old had a great time playing games together! We hope you will join us for some family fun!

WE seem to have a lot of eating meetings....

Next up is our famous **St Patrick's Corned Beef and Cabbage Dinner** on March 19 at 6 PM. Pre-sale tickets are available, and for food management, we do ask that you make a reservation for this meal by calling 321-802-1211, the church office. An ad will be posted on FB and you are welcome to invite friends! Cost is \$20 adults \$10 kids. It is an Irish favorite, and Fr Tim will be smoking some corned beef for us as well!

The last Saturday of the month continues to honor our Veterans, their spouses, and First Responders with a **Veteran's Breakfast** at 9 am. (March 26) Fr Chet, an Air Force Veteran, will lead off in prayer for breakfast and peace in the world.

## PARISH PRAYER LIST

*Our Parish offers prayers daily for people on the Prayer List. To add a name to the Prayer List please contact one of the ministers of the church or call 321-802-1311 or email us at [stpatrickspsj@gmail.com](mailto:stpatrickspsj@gmail.com) or visit our website at [www.stpatrickspsj.org](http://www.stpatrickspsj.org) and complete*



## BIRTHDAYS & ANNIVERSARIES

### Birthdays:

Jacob Anderson  
Melody Harmon  
Fr. Chet O'Brien  
Amia Patterson  
Sean Simmen  
John Yantsios  
Fr. Robert Fredrickson













### Anniversaries:

Sean & Becky Simmen

# M A R C H

# 2 0 2 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>February 27th</b> Quinquagesima 8:00 AM Eucharist 10:00 AM Eucharist & "Facebook Live" 10:15 AM Child SS.	<b>February 28th</b>	<b>1</b> Shrove Tuesday Pancake Dinner 6:00 PM  Shrove Tuesday	<b>2</b> Holy Eucharist 7:00 AM & 6:00 PM  ASH WEDNESDAY	<b>3</b>	<b>4</b> Evening Prayer 6:00 PM Family Fun Night 6:30 PM	<b>5</b> Ladies Luncheon 11:30 AM Tequila Veinriuno 
<b>6</b> Lent 1 8:00 AM Eucharist 10:00 AM Eucharist & "Facebook Live" 10:15 AM Child SS.	<b>7</b>	<b>8</b>	<b>9</b> Holy Eucharist 6:00 PM Followed by Stations of the Cross Lenten Soup Dinner and Study on Prayer	<b>10</b>	<b>11</b> Evening Prayer 6:00 PM 	<b>12</b> St Patrick's Day Traditional Dinner 6:00 PM 
<b>13</b> Lent 2 8:00 AM Eucharist 10:00 AM Eucharist & "Facebook Live" 10:15 AM Child SS. Vestry Meeting	<b>14</b>	<b>15</b>	<b>16</b> Holy Eucharist 6:00 PM Followed by Stations of the Cross Lenten Soup Dinner and Study on Prayer	<b>17</b> St. Patrick's Day 	<b>18</b> Evening Prayer 6:00 PM 	<b>19</b> Parish Workday 9:00 AM—12:00 PM Followed by Lunch
<b>20</b> Lent 3 8:00 AM Eucharist 10:00 AM Eucharist & "Facebook Live" 10:15 AM Child SS.	<b>21</b>	<b>22</b>	<b>23</b> Holy Eucharist 6:00 PM Followed by Stations of the Cross Lenten Soup Dinner and Study on Prayer	<b>24</b>	<b>25</b> Evening Prayer 6:00 PM 	<b>26</b> Veteran's & First Responders Break- fast 9:00 AM 
<b>27</b> Lent 4 8:00 AM Eucharist 10:00 AM Eucharist & "Facebook Live" 10:15 AM Child SS.	<b>28</b>	<b>29</b>	<b>30</b> Holy Eucharist 6:00 PM Followed by Stations of the Cross Lenten Soup Dinner and Study on Prayer	<b>31</b>	<b>April 1</b> Evening Prayer 6:00 PM Family Fun Night 6:30 PM	<b>April 2</b> Ladies Luncheon 11:30 AM TBA 

St. Patrick's Anglican Church is a caring loving community. Please join us for one of the Sunday or Weekday Services.

The Diocese of the Eastern United States is a vibrant and growing family of parishes serving our Christian family from Pennsylvania to Florida. As members of the worldwide Traditional Anglican Communion, The Anglican Church in America, we are part of Christ's One, Holy, catholic, and Apostolic Church. Our teaching and practice are based soundly on the Holy Bible and the traditional Book of Common Prayer.

**The Most Rev. Juan Garcia,**  
Archbishop

**Rev. Fr. Michael Kerouac,**  
Dean

**Rev. Fr. Tim Gouge,**  
Vicar

**Rev. Fr. Chester O'Brien,**  
Curate

## SHROVE TUESDAY PANCAKE SUPPER



**MARCH 1ST 6:00 PM**

## ASH WEDNESDAY SERVICES

**MARCH 2ND**

**7:00 AM & 6:00 PM**



## WEDNESDAY LENTEN PROGRAM



**LENT**

**6:00 PM Eucharist**

**6:30 PM Stations of the Cross**

**7:00 PM Light Dinner and Study on Prayer**

**Next Veteran's and First Responder  
Breakfast—Saturday March 26th at 9:00  
AM. Need volunteers and food donations.  
See Fr. Chet for more information.**



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### **Service Times**

#### **Sunday Services**

8:00 AM Service – Live  
10:00 AM Service –Live &  
Streamed

**5<sup>th</sup> Sunday Healing Service  
and Fellowship**

#### **Wednesday Service**

6:00 PM Service

#### **Friday Service**

6:00 PM Evening Prayer



PLEASE  
PLACE  
STAMP  
HERE