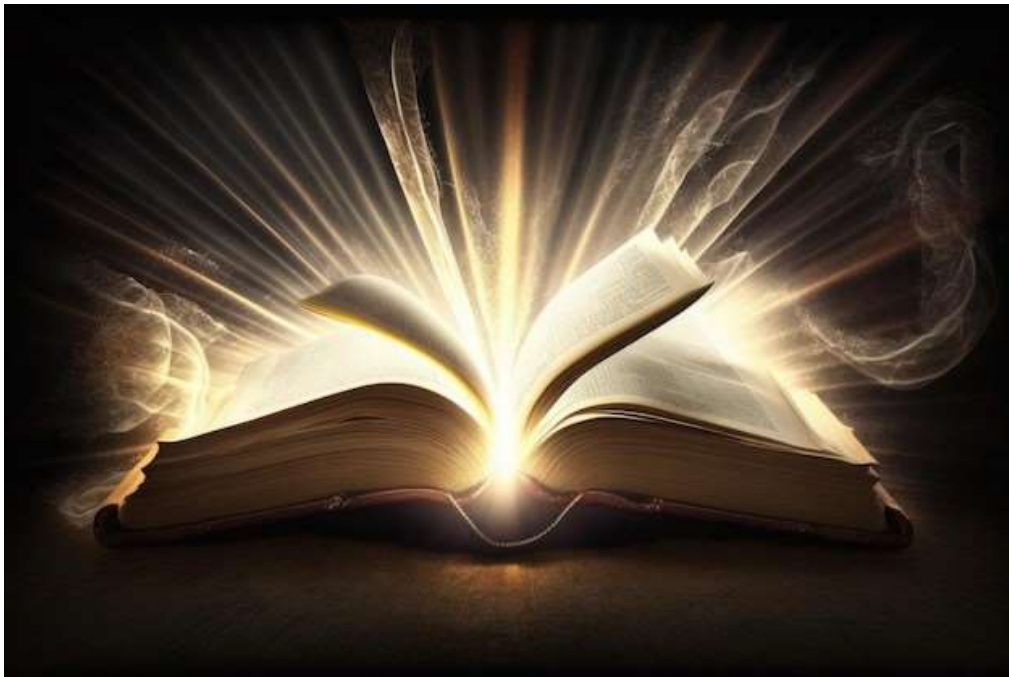


St. Patrick's Anglican Church Vacation Bible School

Leader's Guide



Strong Foundation



Day 1-3

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Special Thank you to everyone who has provided encouragement, prayers, and supplies. There is no Sunday School without you as you provide the base for everything we do.

Illustrations: *We are currently working to have some of the illustrations completed by members of the church. See those in a future version. I am also working to create a PowerPoint for each of the stories as an alternative to the YouTube video's*

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Introduction:

This Sunday School Vacation Bible School curriculum is a first draft model for Anglican church with an Adult, Teen, and Child track. It is setup to provide a general understanding of the Anglican Belief System which is based on three pillars: Faith, Reason, and Tradition.

All the lessons can be taught independently, but do carry some review for those who attended previous weeks. Lessons should be 50% bible and discussion and 50% activity to take advantage of all learning modalities. My philosophy for Sunday school is to provide interesting subject matter that children and young adult can build on and activities that provide important life lessons.

Scripture for Meditation:

By faith we understand that the universe was formed at God's command, so that what is seen was not made out of what was visible. — [Hebrews 11:3 \(NIV\)](#)

"But ask the beasts, and they will teach you;
the birds of the heavens, and they will tell you;
or the bushes of the earth, and they will teach you;
and the fish of the sea will declare to you.
Who among all these does not know
that the hand of the Lord has done this?
In his hand is the life of every living thing
and the breath of all mankind. — [Job 12:7-10 \(ESV\)](#)

[Scripture is King James Version](#) unless otherwise n

Step by Step Instructions on how to use the Children's Sunday School Program

The Vacation Bible School program is setup as a structured program based on building our faith and strengthening it through scripture, friends, church, and community. The VBS has the following parts:

- Activity
- Scripture/Foundation
- Project

Don't forget decorations and healthy snacks.

Prior to Date

Step 1: Review the theme or study for the upcoming Vacation Bible School Lesson.

Step 2: Review list of materials required for the activity for the upcoming Sunday and ensure all materials are available. Some Sundays have alternative activities, choose which activity you wish to do, and which fits the age of your children. I discovered for example that older children love the loom activity, but younger children became bored with the task.

Step 3: Print copies of the following for the number of students you anticipate in the Sunday School class.

- Coloring Sheet (there may be more than 1 page)
- Take home sheet (optional)

Preparation– Arrive Early (15-20 minutes)

Step 4: Setup up projector and laptop for video (optional).

Step 5: Pull out and put together the items needed for the activity and place on a side table. During covid we assigned specific boxes for each child so that they are the only one's handling the crayons, glue, and scissors.

Step 6: Place Coloring Sheets, Scripture Sheets if applicable, and Take-Home Sheet in a location you can easily access.

Arrival

Step 7: Greet each Person as they arrive.

Step 8: Gather and registrations and update class list.

Step 9: Start class with the Prayer

Proposed Outline:**Day 1 – Foundation: Scripture and Faith (with 6pm Church Service)****Prior to Arrival:**

- ☐ Make sure you have a registration Table
 - Registration Form
 - Pen
 - Name Tags
 - Sharpie
- ☐ Make sure all decorations are up
- ☐ Make sure all activity items are available
- ☐ Make sure all project items are available
- ☐ Make sure all print outs for students and adults are completed for Day 1

Kick Off (since service goes to about 6:30pm) Take your time. (6:00 pm)

- ☐ Have everyone take a sit in the parish hall
- ☐ Start with a prayer
- ☐ Introductions
 - Question: In your free time what do you like to do?
 - Alternate: What is your favorite flavor of Ice Cream?
- ☐ Project: Start with preparing the Styrofoam boxes for painting – Styrofoam is porous and will not take paint without being protected. Requires 2 coats of white glue or Modge Podge. 6:30 pm.
 - Each person gets two boxes. Write name on bottom of the box.
 - Have them put on gloves
 - Make sure it is a ventilated space.
 - Mix the Modge Podge: ½ water ½ modge podge
 - Using a foam brush coat all 4 sides of the Styrofoam container. Set to dry,
 - If there are extra containers make sure all of them get coated.
- ☐ Spaghetti Tower Activity (6:40pm)
 - Divide into teams of equal numbers but no more than 4-5
 - Hand out to each team the following:
 - ½ of Spaghetti
 - 1/3 bag of marshmallows (in a small bowl)
 - 4 - paper clips
 - 1 - 6-inch string
 - Directions: All teams get 20 minutes to build the tallest tower using only the items provided. Each team needs to come up with a plan and execute it.
 - Following the 20 minutes – who has the tallest tower.
 - Questions:
 - How did you approach building your tower?

- How did you work together as a team?
 - What did you learn from building the tower?
 - Were their items you were given that were useless?
 - How does this activity relate to your life?
- ☐ Break into two Groups: Adults and Children
 - ☐ Read the following scripture: Matthew 7:24-27 and Discuss.
 - Who is the wise man and who is the foolish man?
 - What is the danger of being the foolish man?
 - What is the foundation?
 - How does the spaghetti tower activity relate to the scripture and study?
 - ☐ Children: <https://www.youtube.com/watch?v=eXH0hDqvNxs> or <https://www.youtube.com/watch?v=Mt5PBQINfBc> (both are good)
 - ☐ If there is time read the following scripture as well:
 - 1 Peter 2:2-10 and Hebrews 11:1
 - Discuss how the scriptures relate to our foundation and faith.
- ☐ Break for Snacks (approximately 7:20pm) Make sure this is only 10 minutes.
- ☐ Project: Make sure that first coat of Modge Podge is dry. If so, poke holes in the bottom of the 1 Styrofoam and add a second coat of Modge Podge.
 - ☐ Why do we poke holes in the bottom of one of the containers: Holes are part of the wicking process? Like our tower we want to build a strong foundation for our plants by creating strong roots. About 10-15 min.
- ☐ Project: Alternate Making Air Dry planter stakes
 - ☐ Roll the clay out and cut into 1 ½ inch strips by 6 inches. Decorate with sharp stick or pencil
 - ☐ Let air dry and they can be painted on Day 2 or 3.
- ☐ Activity: Twizzler Game
 - ☐ Divide into pairs.
 - ☐ Each pair gets 5 Twizzler
 - ☐ Each team partner can only use 1 hand to tie a knot in the Twizzler. Team that can tie knot in all Twizzler wins.
 - ☐ Discussion Questions
 - How hard was it to determine how you would tie the knot?
 - How did you work together as a team?
 - What did you learn from tying the knot?
 - How does this activity relate to your life?
- ☐ If time permits have everyone take pictures with photo shoot items.
- ☐ End with Prayer.

Day 2 – Foundation: Traditions and Reason**Prior to Arrival:**

- ☐ Make sure you have a registration Table
 - Registration Form
 - Pen
 - Name Tags
 - Sharpie
- ☐ Make sure all decorations are up
- ☐ Make sure all activity items are available
- ☐ Make sure all project items are available
- ☐ Make sure all print outs for students and adults are completed for Day 2

Kick Off (6:00 pm)

- ☐ Have everyone take a sit in the parish hall
- ☐ Start with a prayer
- ☐ Introductions
 - Question: What is a unique talent that you have?
 - Alternate: Tell me about the pet you have or had or the pet you wish you had?
- ☐ Project: Painting your Styrofoam box and decorating it. 6:20 pm.
 - Have them put on gloves
 - Make sure it is a ventilated space.
 - Provide Paint, brushes, water to clean brushes, plate to mix paint and stencils (optional)
 - Using a foam brush or stencil brush or regular brush. Paint. Set to dry,
- ☐ Activity: Scripture Relay
 - Divide into two teams.
 - Place each bag at end of a relay lane.
 - When a leader says, "Go," one player from each team must race to the end of their lane, grab a paper and un-crumple it.
 - If he or she finds a word, they race back to the start with the paper. If he or she pulls out a blank page, they must recrumple the paper, stuff it back in the bag, and try again.
 - They continue until they find a paper with a word on it. Back at the starting line, each team assembles the papers in order until one team wins.
 - Discussion Questions
 - How hard was it to combine the paper into a scripture?
 - How did you work together as a team?
 - How does this activity relate to your life?
- ☐ Break for Snacks (approximately 7:00pm) Make sure this is only 10-15 minutes.

- ☐ Break into two Groups: Adults and Children
 - ☐ Read the following scripture: Luke 14:28-30 and Discuss.
 - Why would you make sure you knew the cost?
 - What does the tower represent?
 - ☐ Children: <https://www.youtube.com/watch?v=R2s4KuhrSZY>
 - ☐ If there is time read the following scripture as well:
 - Zachariah 1:16 and Psalm 127: 1-2
 - Discuss how the scriptures relate to our foundation.
- ☐ Balloon Pass (6:40pm)
 - ☐ Divide into teams of equal numbers but no more than 6
 - ☐ Hand out to each team the following:
 - 1 Balloon
 - Have everyone sit in a chair in a circle at least one chair length between.
 - ☐ Directions: When everyone is sitting.
 - Provide the following directions.
 - Each person must touch the balloon before they pass it to the next person.
 - Balloon must first be passed in front and then passed behind.
 - Each team must complete 10 passes in front and behind. Make sure you count out loud.
 - If the balloon is dropped then that pass does not count and the team must start again.
 - One person on the team must be blind folded.(optional)
 - Allow only 10 minutes
 - Questions:
 - a. What was the hardest part?
 - b. How did you work together as a team?
- ☐ Project: Finish painting the Styrofoam container if not completed earlier.
 - ☐ What did you decide to paint on your container?
 - ☐ How did you plan the painting of your container? About 10-15 min.
- ☐ Alternate Project: Rock Painting
 - ☐ Using the rocks provide and paint add designs to the rocks. Use a clear coat when dry.
- ☐ If time permits have everyone take pictures with photo shoot items.
- ☐ End with Prayer.

Day 3 – Foundation: Church and Community**Prior to Arrival:**

- ☐ Make sure you have a registration Table
 - Registration Form
 - Pen
 - Name Tags
 - Sharpie
- ☐ Make sure all decorations are up
- ☐ Make sure all activity items are available
- ☐ Make sure all project items are available
- ☐ Make sure all print outs for students and adults are completed for Day 3

Kick Off (6:00 pm)

- ☐ Have everyone take a sit in the parish hall
- ☐ Start with a prayer
- ☐ Introductions
 - Question: How would you spend a rainy day?
 - Alternate: If you could go anywhere in the world where would go?
- ☐ **Activity: Foundation Classify This**
 - ☐ Collect at least 20 items and set them on a table. The broader the category, the better (i.e., jewelry, office supplies, toys). You want these items, at first glimpse to have no obvious connection to each other.
 - Break into equal teams, armed with a pen and paper. First write down all items on the paper provided. Then classify the items (objects) into 4 different groups and name the groups.
 - Discussion Questions
 - Have each team explain how they classified the items.
 - ☐ Break into two Groups: Adults and Children
 - a. Read the following scripture: 1 Corinthians 3:10 and Discuss.
 - i. Who is the builder of the tower?
 - ii. What is the warning?
 - iii. What is the foundation?
 - b. Children: <https://www.youtube.com/watch?v=I8gOCd519I4>
 - c. If there is time read the following scripture as well:
 - i. Proverbs 24:3-4 and Hebrews 3: 4
 - 1. Discuss how the scriptures relate to our foundation.
 - ☐ Break for Snacks (approximately 7:20pm) Make sure this is only 10-15 minutes.
 - ☐ Project: Mixing your dirt for your Styrofoam planter.
 - Have them put on gloves and mask.
 - Provide dirt and vermiculite (peat moss).

- Mix all the items together.
 - Place dirt in the top box with holes in the bottom.
 - Questions:
 - What was the hardest part?
 - How did you work together as a team?
- ☐ Project: Plant the plants provided or seeds.
 - Direct adults/children to fill bottom with water and add skin so soft.
- ☐ Project: Painted Rocks or Paint plant stakes
 - Using the rocks provided paint rocks or plant stakes
 - About 10-15 min.
- ☐ If time permits have everyone take pictures with photo shoot items. Provide pictures.
If printed.
- ☐ End with Prayer.

Lesson 1: Foundation: Scripture and Faith



Learning Objective:

- What does Faith mean?
 - a. What does it mean to have complete trust in something with no proof?
 - i. It means to have a complete assurance that God is working in our lives.
 - ii. It is understanding that God is with us through our faith in him, our belief in the salvations of Christ, and in communion of the Holy Ghost through every blessing and trial.
 - b. To encourage our faith we need a strong foundation and support. When we do not have a strong foundation or support.
 - i. We can be influenced by those that disguise themselves as Christians.
 - ii. Our faith is dependent only on when times are good or a feeling.

Items Needed:

- Print out of Bible Verse (or Synopsis) (optional)
- Pen, Pencil, Marker, Crayon
- Strong Foundation Activity:
 - Spaghetti (1 box per team)
 - small marshmallows 1 to ½ bag per team
 - 1 foot of string per team
 - 10 paper clips per team
- Project: Planting Boxes
 - Styrofoam box
 - White glue or Modge Podge
 - Foam paint brushes
 - Water to clean brushes.
- Project: clay Planting stakes (optional)
 - Air Dry Clay
 - Pastry roller
 - Implements to cut the clay in strips and decorate.
- Construction hats (optional)
- Construction tattoos (optional)
- Projector/laptop for video (optional)

Leader Preparation:

Read Scripture: Matthew 7:24-27 and 1 Peter (King James Version)

Matthew 7:24-27

²⁴ Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

²⁵ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

²⁶ And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

²⁷ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

1 Peter 2:2-10

² As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

³ If so be ye have tasted that the Lord is gracious.

⁴ To whom coming, as unto a living stone, disallowed indeed of men, but chosen of God, and precious,

⁵ Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ.

⁶ Wherefore also it is contained in the scripture, Behold, I lay in Sion a chief corner stone, elect, precious: and he that believeth on him shall not be confounded.

⁷ Unto you therefore which believe he is precious: but unto them which be disobedient, the stone which the builders disallowed, the same is made the head of the corner,

⁸ And a stone of stumbling, and a rock of offence, even to them which stumble at the word, being disobedient: whereunto also they were appointed.

⁹ But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light;

¹⁰ Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy.

Hebrews 11:1

11 Now faith is the substance of things hoped for, the evidence of things not seen.

Activity: Foundation

1. Divide up into equal teams of 2-4 people.
2. Each Team will receive:
 - a. Box of Spaghetti, bag of small marshmallows, piece of 6-inch string, and 5 paper clips.
3. Give the team's 15-20 minutes to create a tower using any or all the items they received.

Discussion following Activity:

1. How did you approach building your tower?
2. How did you work together as a team?
3. What did you learn from building the tower?
4. Were there items you were given that were useless?
5. How does this activity relate to your life?

Teaching Plan: Scripture and Faith

Lesson: Read Scripture: Matthew 7:24-27 and 1 Peter 2:2-10 (King James Version) Hand out the scripture (see reference section) and/or use the videos below to assist.

For Children:

<https://www.youtube.com/watch?v=Mt5PBQINfBc>

For Teens and Adults:

https://www.youtube.com/watch?v=VxB_HB3dJf0

Discussion following Scripture:

1. Who is the wise man and who is the foolish man?
2. What is the danger of being the foolish man?
3. What is the foundation?
4. How does the spaghetti tower activity relate to the scripture and study?

Project:

1. Using the container provided prepare it by completing the following steps:
 - a. Adults/Children: Prepare the Styrofoam boxes for paint.
 - i. Coat both containers with a minimum of 1 coat of Modge Podge or white glue.
 - ii. If time permits have attendees paint the boxes with tempura paint (stencils, or free hand paint).

Activity: Team work Twizzler

1. Divide up in teams of two.
2. Each Team will receive:
 - a. 5 Twizzlers
3. Team must tie a knot in all 5 Twizzlers but only can use one hand for each team member.

Discussion following Activity:

1. How hard was it to determine how you would tie the knot?
2. How did you work together as a team?
3. What did you learn from tying the knot?
4. How does this activity relate to your life?

Reference:

- Video: <https://www.youtube.com/watch?v=Mt5PBQINfBc> (Children) and/or https://www.youtube.com/watch?v=VxB_HB3dJf0 (Teens/Adults)
- Activity: <https://tinkerlab.com/spaghetti-tower-marshmallow-challenge/>
- Other: Scripture Printout Next Page and/or Handout

Matthew 7:24-27

²⁴ Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

²⁵ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

²⁶ And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

²⁷ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

1 Peter 2:2-10

² As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

³ If so be ye have tasted that the Lord is gracious.

⁴ To whom coming, as unto a living stone, disallowed indeed of men, but chosen of God, and precious,

⁵ Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ.

⁶ Wherefore also it is contained in the scripture, Behold, I lay in Sion a chief corner stone, elect, precious: and he that believeth on him shall not be confounded.

⁷ Unto you therefore which believe he is precious: but unto them which be disobedient, the stone which the builders disallowed, the same is made the head of the corner,

⁸ And a stone of stumbling, and a rock of offence, even to them which stumble at the word, being disobedient: whereunto also they were appointed.

⁹ But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light;

¹⁰ Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy

Hebrews 11:1

11 Now faith is the substance of things hoped for, the evidence of things not seen.

Preparation For Next Lesson:

Styrofoam containers need to be all prepared for adding dirt.

Lesson 2: Foundation: Reason and Tradition



Learning Objective:

- When do we have to guard ourselves and our traditions with a strong foundation?
 - We can be influenced by those that disguise themselves as Christians.
 - We need to stay strong in our faith and surround us with people that reinforce our faith.
 - Our faith should not be dependent only on when times are good or a feeling.

Items Needed:

- Print out of Bible Verse (or Synopsis) (optional)
- Pen, Pencil, Marker, Crayon
- Team Work: Balloon Pass
 - Balloons
- Activity: Scripture Bag Relay
 - 2 bags (paper or plastic)
 - Paper cut in squares
- Project: Styrofoam Planter
 - Styrofoam boxes
 - Tempura Paint
 - Paint Brushes
 - Stencils (optional)
 - Water to clean brushes
 - Plate to mix paint
- Project: Painted Rocks

- Rocks (with base paint)
- Tempura Paint
- Paint Brushes
- Water to clean brushes
- Plate to mix paint
- Projector/laptop for video (optional)

Leader Preparation:

Read Scripture: Luke 14:28-30, Zechariah 1:16, and Psalm 127: 1-2 (King James Version)

Luke 14:28-30

²⁸ For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have sufficient to finish it?

²⁹ Lest haply, after he hath laid the foundation, and is not able to finish it, all that behold it begin to mock him,

³⁰ Saying, This man began to build, and was not able to finish.

Zechariah 1:16

¹⁶ Therefore thus saith the LORD; I am returned to Jerusalem with mercies: my house shall be built in it, saith the LORD of hosts, and a line shall be stretched forth upon Jerusalem.

Psalm 127: 1-2

127 Except the LORD build the house, they labour in vain that build it: except the LORD keep the city, the watchman waketh but in vain.

² It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep.

Activity: Relay balloon race (optional)

1. Divide into two teams.
2. Have each team sit in chairs next to each other.
3. Pass the balloon from person to person in front and return the balloon back going behind.

Discussion following Activity:

1. What was the hardest part of the activity?
2. What did you learn?

Activity: Scripture Bag Relay

1. Divide into two teams.

2. Place each bag at end of a relay lane.
3. When a leader says, "Go," one player from each team must race to the end of their lane, grab a paper and un-crumple it.
4. If he or she finds a word, they race back to the start with the paper. If he or she pulls out a blank page, they must recrumple the paper, stuff it back in the bag, and try again.
5. They continue until they find a paper with a word on it. Back at the starting line, each team assembles the papers in order until one team wins.

Discussion following Activity:

1. What was the hardest part of the activity?
2. What did you learn?

Teaching Plan: Foundation: Reason and Tradition

Lesson: Read Scripture: Luke 14:28-30, Zechariah 1:16, and Psalm 127: 1-2 (King James Version) Hand out the scripture (see reference section)

Children: <https://www.youtube.com/watch?v=eXH0hDqvNxs> or <https://www.youtube.com/watch?v=Mt5PBQINfBc> (both are good)

Discussion following Scripture:

1. Why is important to know the cost and time it takes to build a tower:
2. What is Luke talking about when he says:
 - a. Lest haply, after he hath laid the foundation, and is not able to finish it, all that behold it begin to mock him,
 - b. Saying, This man began to build, and was not able to finish.
 - c. Why would the person building the tower/home be mocked and teased?
3. How does this relate to our faith?
4. How do we use this information for building our foundation in Christ?

Construction Project:

1. Using the container provided prepare it by completing the following steps:
 - a. Adults/Children: Poke holes in upper container (if not completed). Using the stencils and paint provided paint your container. Make sure you mark your container with your name on the bottom.

Rock Painting (time permitting):

1. Using the rocks provided create painted rocks for your garden or yard.

Reference:

- Video: <https://www.youtube.com/watch?v=eXH0hDqvNxs> or <https://www.youtube.com/watch?v=Mt5PBQINfBc> (both are good) for Children
- Activity:
 - Scripture Relay: <https://www.fellowshipone.com/blog/5-team-building-games-for-kids-church/>
- Other: Scripture Printout Day 2 Take Home.

Preparation For Next Lesson: None

Lesson 3: Foundation: Church, Community & World in the Light of Faith/Scripture

**Learning Objective:**

- With God with us we can do anything.

Items Needed:

- Print out of Bible Verse (or Synopsis) (optional)
- Team Work: M&M race
 - M & M 's
 - Spoon
- Activity: Classify This
 - 20 different items
- Pen, Pencil, Marker, Crayon
- Projector/laptop for video (optional)

Leader Preparation:

Read Scripture: Proverbs 24:3-4, Hebrews 3:4, and

Proverbs 24: 3-4

³ Through wisdom is an house builded; and by understanding it is established:

⁴ And by knowledge shall the chambers be filled with all precious and pleasant riches.

Hebrews 3:4

⁴ For every house is builded by some man; but he that built all things is God.

1 Corinthians 3:10

¹⁰ According to the grace of God which is given unto me, as a wise masterbuilder, I have laid the foundation, and another buildeth thereon. But let every man take heed how he buildeth thereupon.

Activity: Foundation Classify This

1. Collect at least 20 items and set them on a table. The broader the category, the better (i.e., jewelry, office supplies, toys). You want these items, at first glimpse to have no obvious connection to each other.
2. Break into equal teams, armed with a pen and paper. First write down all items on the paper provided. Then classify the items (objects) into 4 different groups and name the groups.
3. Have each team explain how they classified the items.

Activity: Foundation M&M race

1. Taking a spoon in the mouth, M&Ms must be carried from a start line over the finishing line. Team that can transport the most M&Ms in the 3 minutes wins.

Discussion following Activity:

Teaching Plan: Scripture and Faith

Lesson: Read Scripture: Matthew 19:26, Matthew 5:42-44 and Matthew 7:7-8

For Children:

For Teens and Adults:

Discussion following Scripture:

Reference:

- Video (Children)

https://www.youtube.com/watch?v=PG1LjFO99dA&list=PLue6MXzGz0DJmramRHEzV1Q_f-zLYpFck OR

https://www.youtube.com/watch?v=z_UY8zYI5Dw&list=PLue6MXzGz0DJmramRHEzV1Q_f-zLYpFck&index=2

- and/or (Teens/Adults): <https://www.youtube.com/watch?v=3Dv4-n6OYGI> (long)
- Activity: <https://funattic.com/indoor-team-building-games> and <https://www.games4youthgroups.com/games-less-material/M-M-relay.html>
- Other: Scripture Printout Next Page

Preparation For Next Lesson: None