

Scope and Sequence PreK-12

UNIT	GRADE LEVEL	LESSON 1	LESSON 2	LESSON 3
UNIT 1 A Positive Learning Community	PreK-8	Making Introductions SEL COMPETENCY: Self-Awareness, Relationship Skills	Establishing Classroom Agreements SEL COMPETENCY: Self-Management, Relationship Skills	PreK-5 Only: Building Relationships and Community SEL COMPETENCY: Relationship Skills
	9-12	Making Introductions and Building Relationships SEL COMPETENCY: Self-Awareness, Relationship Skills		
UNIT 2: Personal Development	PreK-8	Clarifying Your Values SEL COMPETENCY: Self-Awareness	Assessing Strengths and Growth Opportunities SEL COMPETENCY: Self-Awareness, Relationship Skills	Building Self-Confidence and Self-Respect SEL COMPETENCY: Self-Awareness"
	9-12	Clarifying Your Values and Growth Opportunities SEL COMPETENCY: Self-Awareness	Building Self-Confidence and Setting Goals SEL COMPETENCY: Self-Awareness, Responsible Decision Making, Social Awareness	Exploring Emotions SEL COMPETENCY: Self-Awareness, Self Management
UNIT 3 Social Development	PreK-8	Listening SEL COMPETENCY: Relationship Skills, Social Awareness	Respecting Others SEL COMPETENCY: Social Awareness, Relationship Skills	Communicating with "What, Why, and How" messages SEL COMPETENCY: Social Awareness, Relationship Skills
	9-12	Listening and Respecting Others SEL COMPETENCY: Relationship Skills, Social Awareness	Communication SEL COMPETENCY: Social Awareness, Relationship Skills	Building Healthy Relationships SEL COMPETENCY: Social Awareness, Responsible Decision-Making, Relationship Skills
UNIT 4 Health and Prevention	PreK-8	Choosing Healthy Living SEL COMPETENCY: Responsible Decision-Making	Making Good Decisions Part I SEL COMPETENCY: Responsible Decision-Making	Growing in Responsibility SEL COMPETENCY: Responsible Decision-Making
	9-12	Choosing Healthy Living SEL COMPETENCY: Self-Management, Responsible Decision-Making	ATOD Use SEL COMPETENCY: Responsible Decision Making, Self Awareness, Self-Management	Responsible Decision-Making SEL COMPETENCY: Responsible Decision-Making
UNIT 5 Leadership and Service	PreK-8	Serving Your School and Community SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Assessing Classroom Assets and Interests for Service-Learning SEL COMPETENCY: Relationship Skills, Responsible Decision-Making, Self-Awareness	Identifying Classroom, School, and Community Issues and Needs SEL COMPETENCY: Relationship Skills, Responsible Decision-Making
	9-12	18 Lessons found in the Service-Learning Curriculum Manual		
UNIT 6 Reflection and Closure	PreK-8	Reflecting On Learning, Experience, and Goals SEL COMPETENCY: Relationships Skills, Responsible Decision-Making	Celebrating Class Successes and Acknowledging Contributions SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	
	9-12	Reflecting On Learning SEL COMPETENCY: Self-Awareness, Social Awareness, Responsible Decision-Making		

LESSON 4	LESSON 5	LESSON 6	LESSON 7	LESSON 8
PreK-5 Only: Working Together SEL COMPETENCY: Relationship Skills				
Motivating Yourself SEL COMPETENCY: Self-Management	Setting Positive Goals SEL COMPETENCY: Self-Management	Labeling Emotions SEL COMPETENCY: Self-Awareness	Managing Stress and Strong Emotions SEL COMPETENCY: Self-Awareness, Self-Management	Recognizing the Thoughts, Emotions, Action Connection SEL COMPETENCY: Self-Awareness, Self-Management
Stress Management SEL COMPETENCY: Self-Management				
PreK-5 Building Healthy Relationship 6-8 Working Together SEL COMPETENCY: Relationship Skills	PreK-5 What is Bullying? 6-8 Building Healthy Relationships SEL COMPETENCY: Relationship Skills, Social Awareness	PreK-5 Dealing with Bullying Behavior 6-8 Handling Conflict in Relationships SEL COMPETENCY: Relationship Skills, Social Awareness	Dealing with Bullying Behavior SEL COMPETENCY: Relationship Skills, Social Awareness	6-8 Only: Dealing with Bullying Behavior SEL COMPETENCY: Relationship Skills, Social Awareness
Handling Conflict in Relationships SEL COMPETENCY: Relationship Skills, Social Awareness	Dealing with Bullying Behavior SEL COMPETENCY: Social Awareness, Relationship Skills	Cyberbullying SEL COMPETENCY: Social Awareness, Responsible Decision-Making		
PreK-2 Being Careful Around Medicines 3-8 Staying Away from Tobacco SEL COMPETENCY: Responsible Decision-Making	PreK-2 Staying Away from Poisons 3-8 Staying Away from Alcohol SEL COMPETENCY: Responsible Decision-Making	PreK-2 Making Good Decisions Part 2 3-8 Staying Away from Other Drugs SEL COMPETENCY: Responsible Decision-Making	Standing Up to Social Pressure SEL COMPETENCY: Self-Management, Responsible Decision-Making	6-8 Only: Reinforcing and Modeling a Healthy, Drug-free Lifestyle SEL COMPETENCY: Self Management, Responsible Decision-Making, Relationship Skills
Standing Up to Social Pressure SEL COMPETENCY: Self-Management, Responsible Decision-Making				
Deciding Together on a Service-Learning Project SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Planning a Service-Learning Project SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Implementing the Service-Learning Project SEL COMPETENCY: Relationship Skills	Reflecting on and Demonstrating the Service-Learning Project SEL COMPETENCY: Responsible Decision-Making	Demonstrating Service SEL COMPETENCY: Relationship Skills, Responsible Decision-Making