



Our mission at FX Athletic Performance is to build our players into the best possible athletes and people they can be. We tend to the individual. What motivates YOU? What are YOUR success goals? What do YOU need to ensure success?

FX assists young athletes in accomplishing both their short- and long-term athletic goals. Through an initial evaluation, our staff will learn all about who the athlete is as a whole, inside and outside of his or her sport. This gives us the information we need to develop an individualized program based on each specific athlete and his or her specific goals.



**FULL WEIGHT ROOM**



**7500-SQUARE-FOOT TURF FIELD**

**CHAMPION  
STATE OF MIND**

We are not here to compete with your other training, coaching, or rehabilitation. We are here to fill in the missing pieces of the puzzle.

- Improve Weaknesses
- Speed and Agility
- Strength
- Power
- Stability and Balance
- Flexibility
- Endurance
- Injury Prevention
- Soccer Skill
- Confidence

**Find your success! Call today to set up your initial individual evaluation. We'll create a personalized program that will highlight your strengths and improve your weaknesses.**

## **FX Athletic Performance**

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**(513) 791-2019**

**[www.fxathleticperformance.com](http://www.fxathleticperformance.com)**