

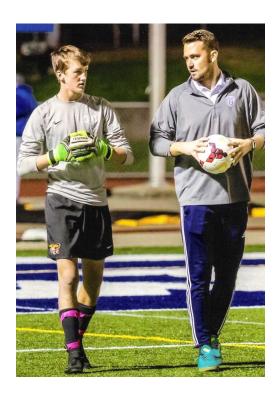
GOALKEEPER TRAINING

PERFECT YOUR TECHNIQUE. MAKE THE SAVE.

TRAIN WITH OUR GOALKEEPER COACH, ALEX KAMPHAUS!

Alex has over twenty years of experience as a goalkeeper, including four years playing NCAA DIII. He is currently the varsity assistant coach and goalkeeper coach for Wyoming High School.





Training Options:

- 1-on-1 sessions
- Group sessions
- Goalkeeper specific strength and conditioning
- Personalized training sessions and programs