

# FX



FX ATHLETIC PERFORMANCE

## Youth Soccer Camp August 2019

1ST - 8TH GRADE ATHLETES LOOKING  
TO LEARN FROM COLLEGIATE SOCCER  
PLAYERS DURING A 2 DAY CAMP

10 - 11 AUGUST 2019

FX ATHLETIC FACILITY  
BLUE ASH, OHIO

VISIT [FXATHLETICPERFORMANCE.COM](http://FXATHLETICPERFORMANCE.COM)  
FOR MORE INFORMATION



**GET ADDITIONAL DETAILS BELOW OR**

**[REGISTER HERE](#) !!!**

## **FX Athletic Performance Youth Soccer Camp**

The FX youth soccer camp is open to athletes in grades 1st-8th that are seeking to learn and improve their soccer skills. The camp is spread out over two days and is run by FX's own collegiate athletes. Athletes will be split into groups based on age and skill level. Groups will rotate through different stations each day of camp, each station focused on its own part of the game. Join us to learn, improve, and get final prep touches on the ball before the fall season kicks into full gear!

### **Camp Objectives**

The goal for the FX youth soccer camp is to allow athletes to work hard, make mistakes, and learn. Over two days athletes will progress through different ball skills, passing patterns, and shooting techniques, all ranging from our base skill set to advanced ball work and striking techniques. Athletes will get controlled and focused touches on the ball, while having the opportunity to be creative and to be challenged by their peers and our coaches.

The FX youth soccer camp coaches will consist of FX's own college athletes and trainers. These athletes embody FX's values and standards, and they not only know what it takes to succeed and reach their goals, but how to work for them. They have experienced many different levels of soccer first hand, from club to high school to college, and want to pass along the knowledge that they have gained over the years.

### **August Camp Details**

- When- August 10 & 11, 1-5th grade 12-2pm, 6-8th grade 3-5pm
- Cost- Register by July 31st \$40/day, \$70/weekend, Late registration after July 31st \$50/day, \$90/weekend
- Cut off at 60 campers
- FX youth camp T-shirt included in cost

### **What to Bring**

- Cleats
- Shin guards

- Water bottle
- Ball

**Tentative Itinerary: 1<sup>st</sup> - 5<sup>th</sup> Grades**

- 11:30- Check in
- 12:00- Warm up
- 12:30- Technical stations
- 1:30- End of day games and cool down

**Tentative Itinerary: 6<sup>th</sup> - 8<sup>th</sup> Grades**

- 2:30- Check in
- 3:00- Warm up
- 3:30- Technical stations
- 4:30- End of day games and cool down

**REGISTER TODAY !**