

GOALKEEPER TRAINING

PERFECT YOUR TECHNIQUE. MAKE THE SAVE

TRAIN WITH OUR GOALKEEPER COACH, ALEX KAMPHAUS!

Alex has over twenty years experience as a goalkeeper, with four years of NCAA DIII play. Alex serves as the goalkeeper coach for Indian Hill High School.



Training Options:

- **1-on-1 sessions**
- **Skill and age level group sessions**
- **Goalkeeper specific strength and conditioning**