

ASSESSMENT FAQ



URSA
PSYCHOLOGY

What is a comprehensive psychological assessment?

It is an in-depth evaluation designed to better understand your strengths, challenges, and areas of concern. Depending on the referral question, the process may include:

- Clinical interviews
- Standardized testing and questionnaires
- Review and interpretation of assessment results
- Written report preparation
- A feedback session to discuss findings and recommendations

Assessments are individualized and typically involve multiple appointments rather than a single visit.

How long is the wait to get started?

Current estimated wait times are:

- Psychodiagnostic: Approx. 1 month
- Adult ADHD: Approx. 1 month
- Adult Autism (ASD): Approx. 2.5 months
- Adult Learning Disability: Approx. 4 months

Please note that wait times are estimates only and may change based on referral volume and clinician availability.

How much does a comprehensive psychological assessment cost?

Comprehensive psychological assessments are billed by the clinical hour. Clinical hours include all aspects of the assessment process, including interviewing, testing, scoring, interpretation, report writing, and feedback.

Current Rates

- Psychologist: \$240 per clinical hour
- Supervised Associate: \$185 per clinical hour

Because each assessment is tailored to the individual's needs, total costs vary depending on complexity.

Typical fees are:

Assessment Type	Approximate Cost
Adult ADHD Assessment	\$2,500
Adult Autism (ASD) Assessment	\$3,000
Adult Psychodiagnostic Assessment	\$2,750
Adult Learning Disability Assessment	\$3,500

Does insurance cover psychological assessments?

Some extended health benefit plans provide coverage for psychological assessment services. Coverage varies between plans and providers, so we encourage you to contact your insurer directly to determine eligibility and reimbursement amounts.

