

The Healthy Mind Center

"building a healthy life."

FEE SCHEDULE

ADULT **PSYCHIATRIST** (Dr. Kwon) FEES: GENERAL PSYCHIATRIC SERVICES (for adult patients over the age of 18):

- \$400 for a 60 minute initial consultation, regardless of whether it is for medications, psychotherapy or both
- \$375 for 50-60 minute psychotherapy sessions, with or without medications
- \$225 for 25-30 minute medication-only, follow-up visits

* Please note that our adult psychiatrists also offer 90 minute initial evaluations for adults (\$650) which allow more time to conduct a comprehensive assessment and treatment plan. These can be scheduled at the patient's request, or if the clinician/staff feel that the patient's presentation is complicated enough to warrant additional time at the initial visit. If you feel your needs may be better served by scheduling a 90 minute initial consultation, please let the office staff know upon scheduling your first appointment.

ADOLESCENT ADDICTION PSYCHIATRIST (Dr. Kwon) FEES: (for patients 13-17 with addiction issues).

- \$650 for a 90 minute initial consultation for an adolescent, regardless of whether it is for medications, psychotherapy or both. Parents or legal guardians are requested to be present at the initial meeting, to be able to provide consent for treatment as well as historical and collateral information.
- \$450 for 50-60 minute follow-up psychotherapy sessions, with or without medications
- \$250 for 25-30 minute medication-only, follow-up visits.

If the initial evaluation is for an adolescent with addiction issues, 90 minute evaluations are mandatory, to allow time for the adolescent addiction psychiatrist to meet with the patient, as well as the family members, to formulate a comprehensive diagnosis and treatment plan, and to discuss this with the adolescent as well as the family. If it is a complicated presentation, or there are multiple family members, this process of obtaining accurate history and collateral and formulating a comprehensive biopsychosocial treatment plan for an adolescent, which can be shared with the adolescent and their family, may span several appointments.

ADULT Psychiatrist (Dr. Kwon) Fees: Psychiatrist Services for patients who have substance use disorder:

- \$150 - \$300 for 15-45 minute initial phone interview.
- \$400 - \$650 range for 90 minute initial evaluation, depending on the complexity of the case.
- \$375 for 50-60 minute follow up therapy session, with or without medications.
- \$150 - \$300 for 15 - 45 minute medication follow up
- There may be package pricing available for those where suboxone maintenance treatment is recommended. Please discuss with the provider.

*Patients who are interested in substance use treatment at HMC will **REQUIRE** a short phone interview in order to assess the physical health and to make sure that an inpatient or residential level of care is not needed for the detoxification period of the treatment.*

There are very specific standards that must be met when being treated for a substance use disorder at HMC:

- Concurrent treatment/therapy (12 step; individual therapy with Dr. Kwon or another therapist; couples therapy; etc)
- random urine toxicology screens
- blood work with results prior to the first office visit (this will be discussed during the phone call)
- frequent office visits for the first 1-2 months or until stable for patients who will be receiving medication assisted treatment

MFT Fees

MFT THERAPY FEES: MFT SERVICES (for patients over 18)

- \$175 for a 60 minute initial consultation
- \$150 for 50-60 minute follow-up therapy sessions
- Reduced rates are available with bundle packages. Please discuss with the therapist.

MFT THERAPY FEES: MFT SERVICES (for patients from ages 6- 17 and family sessions)

- \$250 for a 90 minute initial consultation
- \$175 for 50-60 minute follow-up therapy sessions
- Reduced rates are available with bundle packages. Please discuss with the therapist.

OTHER SERVICES OFFERED

COUPLES THERAPY FEES:

At the Healthy Mind Center, we offer the opportunity for patients to participate in Couples Therapy. These occur in either 60 or 90 minute sessions with our clinical therapist or psychiatrist. Fees are generally comparable to individual therapy fees for each provider.

FAMILY THERAPY FEES:

Family Therapy is offered at the Healthy Mind Center and can be performed by all of our clinicians. These occur in either 60 or 90 minute sessions, depending on the number of family members and the complexity of the family dynamic. Please refer to the fees for the individual provider.

LEGAL TESTIMONY:

It is often unforeseen, but legal matters requiring the testimony of a mental health professional can and do arise. Legal testimony can often be damaging to the relationship between a patient and his/her clinician. Because of this, we require that you employ independent forensic psychiatric or psychological services should this type of evaluation or testimony be required. If for any reason, any of our clinicians is deposed or subpoenaed on your behalf and required to testify or appear in court, you will be responsible for our court fees, which are \$2250 per half day (4 hours or less), and \$4500 for a full day (4-8 hours).

OTHER PROFESSIONAL SERVICES :

Any other professional services that require longer than 10 minutes such as report writing, telephone conversations, email reading or writing, preparation of treatment summaries, communication or coordination of care with family members, or other providers, or time spent performing any other services on your behalf will be charged for each 10-minute increment, similar to the fee for the provider's professional services.

For example, for the psychiatrist's time, you will be charged \$75 per 10 min increment. For our MFT, you will be charged \$25 per 10 min increment.

MEDICAL RECORD REQUEST:

If you request copies of your psychiatric medical records, you will be responsible for a \$0.25/per page charge for all pages of your chart, an administrative fee for time spent copying or sending records, as well as any costs incurred from mailing records certified. These fees will need to be collected prior to the release of records, and only after a signed consent for release form has been completed by you on the Healthy Mind Center Consent for Release form. Further, psychiatric records are among the most highly protected records in medicine, and the Healthy Mind Center policy is to release these records only upon signed consent for release by our patients, and then only to mental health providers who will be continuing your care, or to whom you are transitioning your treatment.