

# Daily Rhythm

M/W/F Dragonflies



## Routine

**9:20** (wash) Circle (song, read aloud, calendar, geography)

**10:00** (wash) Snack

**10:20** Daily work

**10:35** Centers

**11:00** Nature Explore

**11:20** Outside Play

**12:00** (wash) Lunch

**12:30** (wash) Centers

**1:00** Read aloud (resting time)

**1:20** Outside Play

**2:00** Parent Pick up



## What are Centers?

Centers are individual and pairs activities or stations that a child can explore.

These cover a variety of topic and teachers help children rotate to get a balance of all subjects including; art, math, science, geography, and writing.

Centers are rotated routinely based on season and weekly themes and academic focus.

## What is Nature Exploration?

Nature Exploration is teacher guided activities ranging from science scavenger hunts to collecting materials for math.

## Washing Hands

Hygiene is so important to the wellness of our classroom and we routinely wash before and after meals and entering from outside.

