

2018 Membership Goal: 100% / 85% Retention 2018 Current Status: at 87.23% with 40.53%

November 2017



All American Post—1985,86,87,89,91,2003,13 All State Post—1984,85,86,87,89,90,91,94,95,2003,06,09,10,12,13,15

TSGT. Walter C. Fulda Post 3433 POST "Crier"

Veterans of Foreign Wars of the United States

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VFW National

http://www.vfw.org/

Department of SC VFW http://www.vfwsc.org/

VFW Auxiliary

http://www.vfwauxiliary.org/

3433 Webpage

https://vfwpost3433.org/

Newsletter Editor— Ted Tufts

From the Commander



Happy October to everyone!!! Mother Nature finally is done with the hot weather and the temperature is starting to cool off outside. Meanwhile things at the "Post with the Most" are starting to heat up. Many activities are happening between bowling, darts, turkey shoot, etc. Come on out and enjoy our post.

Membership is always important and we are trying to get that taken care of early. We have a drawing for a life membership if you pay

your 2018 dues by 12/20. Don't miss out on this opportunity. If you know someone eligible, bring them in, sign them up and they are eligible too.

Big thanks to all that helped make the comedy night a success!!! Look for more events like these.

Commander's project is going to benefit Patriot's Village. I have donation letters at the club. If you can get a donation from a local business for this project, please do and give them a letter in return.

Any questions, please ask!

Veterans Day activities in Summerville and parade in Charleston. See details at post.

Howie

Todd W. Howard Commander 2017-18

From the President



Our conference in Myrtle Beach is on Nov. 3rd & 4th hope to see you all there We have a Buddy POPPY display that we are entering Hope to do well again this year. On Nov 10th we have Veterans Day Memorial in Summerville @ 10 am and on Nov. 11th we have the Veterans Day Parade @ 2pm. There will not be Steak Night on the 3rd and 24th of Nov. and no Steak Nights in December. We will reopen in January on the 5th 2018. Our Children Xmas party on 17th of Dec

@ 1 pm also we have VA's Christmas party at the VA Hospital needing Volunteer to HELP to cover all post functions this day. WE are doing well in Membership this year and new members are Welcome. Have a Happy Thanksgiving to all.

Betty Gander

VFW Auxiliary President 2017-2018

Membership





Spread the word

RECRUIT THE FUTURE OF THE VFW. ANNUAL MEM-BERSHIP + LIFE MEMBERSHIP + YOU = POST 3433.

We need your help to spread the word on what the VFW is about and all the wonderful things we do for our Veterans and their families. Comrades, now is the time – more than ever – to increase our membership in the VFW and in this great Post! Our strength is in our numbers; and our strength starts with each and every one of you! VFW \$35, Auxiliary \$20.

Stats as of this writing – <u>87.23%</u>. Recruiting is everyone's task. If you know a veteran or family member who qualifies, take a moment to tell them of all the good things we do to help veterans. Membership applications are behind the bar available to any Comrade or Auxiliary member for the asking.

VFW and AVFW to Post 3433 welcomes the newest members to our post home. On behalf of the Veterans of Foreign Wars of the United States, thank you for your continued service to our nation and for becoming a part of the greatest veteran's organization in the world.

DUES NOTICE SCHEDULE

Annual members will receive a mailed renewal notice five months, three months, and one month prior to their subscription end date. Annual members with a valid email address will also receive an emailed renewal notice six months, four months, and two months prior to their subscription end date.

Annual members will receive a mailed lapsed notice one, three, and five months following their subscription end date.

MEMBERSHIP PAYMENT OPTIONS

Members now have the option to enroll in two beneficial programs. Once enrolled in either program, automatic payments are processed using the credit card information provided on the application. These are simply added options on the membership application. The traditional methods of signing up for both annual and Life membership are still options as well.

VFW Autopay—renews your annual membership automatically!

Life Installment Plan—automatic monthly payments option—with this option, there is no need to complete a payment authorization form.

Annual members are encouraged to take advantage of the Life member installment plan. Annual are also encouraged to take advantage of the automatic payment option if they prefer not to become a life member.

Legacy Life Membership:

This prestigious program is available to all Life members and is now available in memoriam for past Life members. Three levels of membership each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

Enrollment Cost: Annual Payouts

What will your Legacy be?

Level - Costs	Post	Departments	National
Gold - \$1,200.00	\$18.00	\$18.00	\$18.00
Silver- \$800.00	\$12.00	\$12.00	\$12.00
Bronze- \$400.00	\$6.00	\$6.00	\$6.00

Service Officer



Hello Comrades. I know you have heard this message before. But, it needs to be repeated over and over again. If you have not already done so, please get a flu shot. A flu shot not only helps you to avoid the flu. It helps protect your family and friends from catching the flu from you! Do you want to be responsible for spreading the flu to your loved ones because you chose not to get a flu shot?

There are many, many ways you can get your flu shot with little or no cost. In some cases you will actually make money when you get a flu shot. So don't put it off. Go to one of the suggested places detailed below and get flu protection for yourself and don't be a carrier to infect others.

Veterans Administration: Veterans enrolled in VA health care can get a free flu shot at a VA health care facility. Check with your local facility to confirm supply.

State of South Carolina: If you are 19 years of age or older and are uninsured or your insurance doesn't cover the flu vaccine, you may be eligible for DHEC's Adult Vaccine Program. (For all others cost will not be a barrier to flu vaccines offered in DHEC clinics for anyone. In Summerville call (843) 832-0041 for more information.)

Walgreen: No cost flu shots for veterans enrolled in the VA Health Care System, are available at Walgreen or Duane Reade. (Please note: This wellness benefit is only for veterans enrolled in the VA Health Care system. Family members and Tricare members are not eligible.)

Harris Teeter: If you have Tricare Insurance (most military retirees and their families do) or most insurance plans, your flu shot (for you and your family) is free. But even better, you get a \$5 coupon for free groceries for each flu shot given to you and your family covered by Tricare. These are just a few of many low or no cost venues to get your flu shot. Do it for yourself and those care about. A pinprick on your arm is a lot better than days of misery for you and your family.

Remember with November having Veteran's Day and the Marine Corps Birthday, it is a great time to recruit a veteran for our fine organization! Semper Fidelis!

Ron JonesPost Service Officer
2017-2018

On the House

As our first event, under the newly installed House Committee comes to an end, I can say that the Comedy Show was a success. After all expenses were backed out of the total ticket sales, the Post made almost \$1400.00. I heard a lot of laughter coming out of the ballroom. Good to hear that sound, because we don't always have to take ourselves too seriously. I hope the food choices were adequate for the venue, and I am always open to suggestions for how things can be made better next time. I'm also open to criticism, so that we avoid some of the missteps that might have occurred. I am proud of those individuals that put in the time organizing, planning and cleaning up after the show. I want to give a thank you to the House Committee, the Bartenders and Barbacks, the Auxiliary and everyone else that was involved in this endeavor and helping to sell tickets. Some special mention needs to go out to Rob Zdenek, Junior Vice Commander, for all his tireless efforts in decorating, planning, running the raffles, 50/50 and Gift Certificate drawings. Also, Greg Miller, Senior Vice Commander for all his efforts, as

well as cooking the pulled pork, which I thought was amazing and also think that people missed out on because of too little promotion. Also, for standing by to help the kitchen in the event that they were too inundated with orders. He quietly did what he had to do for the Post, and this event, starting 5am Saturday morning. His contribution was done in the background and now he deserves to be recognized. And let's not forget our Post Commander, Todd "Howie" Howard, who let us smooth-talk him into donating Wings and Bucket of beer out of his own pocket, as well as a Canteen bar tab. What a guy! I also want to thank those members, you know who you are, that bought tickets and donated them back to the Post so that they could be raffled off for additional funds, as well as those members that bought tickets simply for the good of the Order. The Auxiliary needs to be mentioned as well. They stepped up to the plate and came up with a Gift Certificate for a Steak Dinner for two. My hat is off to all of you ladies and gentlemen. Great effort by all! Lastly, I would like to remind members of what it means to be a volunteer. The word is thrown around the Post all the time, and in doing so might have lost some of its meaning.

vol·un·teer

- 1. a person who freely offers to take part in an enterprise or undertake a task.
- 2. a person who freely offers to do something.
- 3. a person who works for an organization without being paid.

Joe Aviles

House Committee Chairman 2017-2018

Surgeon's Corner

November is Veterans Month. I salute all of our fellow veterans in the post and auxiliary. Celebrate and enjoy the freedom you contribute to. Keep in mind that moderation is always good. Share your story with others, those who served and those who did not. It may be a blessing to you both.

November is the beginning of a three months holiday season. We celebrate Thanksgiving, Christmas and New Year. For many of us, this is a fun, enjoyable

time with family and friends. But for some this is a very stressful, lonely, and depressing time. For the active duty, empty-nesters, and widows this can be a time of sorrow and isolation. Be kind to one another and look for that comrade, brother, or sister who seems to be alone and quiet. Visit, send a card, note, or email, or call the person who has lost someone even if it has been more than a year. And as always, take care of yourself.

November is also: National Alzheimer's Disease Awareness Month, American Diabetes Month, Chronic Obstructive Pulmonary Disease (COPD) Awareness Month, Diabetic Eye Disease Month, National Epilepsy Awareness Month, National Family Caregivers Month, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prostate Cancer Awareness Month, National Stomach Cancer Awareness Month, Prematurity Awareness Month, Great American Smoke out (third Thursday of November), Bladder Health Month, International Survivors of Suicide Day (November 19). Fact Sheets for Alzheimer and Diabetes are provided. For Lung Cancer cigarette smoking is still the leading culprit. Radon exposure is second. Everyone can get lung cancer. It occurs when the cells in the lung change. Smoking cessation classes are available at the VA and other health care facilities. Get your home checked with radon monitors.

Prostate cancer is second only to skin cancer in men and is the leading cause of cancer death

in men. There is no sure way to prevent, but a simple blood test can detect it early.

Much Love, your Post Surgeon Janet Chisom-Richard Post Surgeon 2017-2018

10 EARLY SIGNS AND SYMPTOMS OF ALZHEIMER

Memory loss that disrupts daily life may be a symptom of Alzheimer's or another dementia. Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. Every individual may experience one or more of these signs in a different degree. If you notice any of them, please see a doctor. Memory loss that disrupts daily life.

- 1. Challenges in planning or solving problems
- 2. Difficulty completing familiar tasks at home, at work, or at leisure.
- 3. Confusion with time or place
- 4. Trouble understanding visual images and spatial relationships.
- 5. New problems with words in speaking or writing
- 6. Misplacing things and losing the ability to retrace steps
- 7. Decreased or poor judgement
- 8. Withdrawal from work or social activities
- 9. Changes in mood and personality

There is currently no cure for Alzheimers.

For more information go to www.alz.org.

News from the MOC Seam Squirrel



What a great turnout for the Turkey Shoot/Cootie Shack cleanup! We busted our behinds and were done by noon. Chasing spiders and wasps, and each other with spiders and wasps! The Auxiliary made lunch. Who can ask for more on a Saturday?!

The International Space Station received a new robot hand in October. The other hand was over sixteen years old. Did you know there are currently six men living 250 miles above us? Three Americans, Two Russians, and an Italian. I wonder

if they all decided to stop arguing about which country has the best food and just eat Mexican food.

The first night of the Turkey Shoot fell on the same night as wing night. The turnout was really good for a first night. All of us know that it only gets better from here. I want to thank everyone that is helping out. You ARE appreciated! We will be closed on Thanksgiving but will be open again the day after. No rest for the weary.

It's time for the fair. There were a lot of accidents this year around the country. You are allowed to ask when the ride was last inspected. Even merry-go-rounds get inspected. I don't want anyone get run over by a swan or something.

The Veterans Day Parade in downtown Charleston is Saturday, November 11th, 2017. You can ride the float or walk. Carpool from our VFW to save yourself the traffic headache. We meet at the VA Hospital to catch a shuttle to the staging area. Wear what you want! Cootie, VFW, Clown, one of the X-Men, R2D2, etc. Your choice!

Since we'll already be there, we're going to visit the vets at the VA Hospital before the parade. Then on Sunday, November 12th we're going to the Victory House. We'll meet at our VFW at 1200. Let's all try to bring at least one "civilian" friend with us. Our Veterans will appreciate their support as well as ours.

Tomb Trek is here (November 3-5.) Everyone be careful while traveling. It will be fun sharing all of your stories and pictures.

Our next meeting will be November 14th at 1931. See y'all there!

Anglia (George) Soza Seam Squirrel 2017-2018

News from the MOCA President



The Turkey Shoot is up and running. We still need volunteers to sign up to help with the concession stand. A sign-up sheet is in the canteen on the bulletin board. Thank you to those who have stepped up to the plate so far. This is our biggest fund-raiser of the year to have funds to support our programs for our hospitalized veterans. The Turkey Shoot runs Wed-Sat nights until Dec. 16th, starting at 7:00 PM.

If you can, plan to join some of us for the Veteran's Day Parade on Saturday, November 11th. The MOC/MOCA along with the VFW/VFW Auxiliary have a float that you can ride on, or you may walk the parade route. You can dress as a clown if you wish.

We had a good turn out at the Grand in Beaufort. Along with the certificates we received for the programs our auxiliary participates in, two of our members received awards for their valuable contributions. Betty Brewster received an award for Membership and Sandi Myers received an award for reaching the goal of donating 1/2 gallon of blood. Congratulations to Betty and Sandi. As a reminder, the blood donation info is in the foyer at the post. Select which organization gets the credit for your donation.

If you have not paid your dues for the year, please do so as soon as you can. We need a few more to be at 100 percent in membership.

The next Grand of SC will meet Jan. 26-28, 2018, in Spartenburg, SC. The next 5th District Supreme will meet Jan. 19-21st, 2018, in Crystal River, FL. Hotel info will be in next newsletter.

I wish all of you and your family a wonderful Thanksgiving. The holiday season is here. Take time to enjoy and give thanks and remember those who cannot be with us.

Our next meeting will be November 14, 2017, at 7:31 PM. Hope to see you there.

Until next time, "keep'em smiling in beds of white".

Sandy Rowland

MOCA President 2017-2018

VFW National

Women Veterans

Ensuring women veterans receive veterans' benefits and services that honor their brave military service is one of the VFW's top priorities. Currently, women comprise 15 percent of the active duty military and 18 percent of the Guard and Reserve. With the steady increase of women wearing our nation's uniform and their increased role in military operations, it has never been more important that we ensure women veterans have a VA that is ready and able to care for them when they transition back to civilian life.

Background

To gauge how well VA is serving women veterans and to identify areas where it needs to improve, the VFW's women veterans' advisory team commissioned a survey of women veterans to collect direct feedback from women veterans around the country. After analyzing survey responses and direct feedback from nearly 2,000 women veterans, the VFW has identified multiple recommendations to improve VA health care, outreach, training and homeless programs. Read the VFW Survey of Women Veterans Summary of Findings here.

Health Care

The overwhelming majority of women veterans want VA to expand access to women-specific health care, which includes hiring more VA health care professionals who are able to identify and treat their unique health care needs. More specifically, women veterans want the opportunity to receive their health care from women health care providers. The VFW has urged Congress and VA to expand its Designated Women's Health Primary Care Provider model to mental health clinics and other health care specialties. This would ensure all women veterans have access to health care professionals with specialized women's health care training. The VFW has also urged VA to allow all women veterans to choose the aender οf their health care provider. Women veterans who use VA health care for family planning services are also concerned that VA requires copayments for preventative prescription drugs, such as contraceptives. This is counter to industry standards for private health insurance plans, which do not require out-of-pocket costs for preventative care prescriptions. The VFW has urged Congress to align VA's cost share requirements with industry standards.

Identity & Outreach

The VFW was disturbed to hear from survey respondents that VA employees continue to confuse them for spouses and caregivers or challenge their veteran status. This is unacceptable and the VFW has urged VA to properly train its workforce to treat women veterans with the respect and dignity they have earned. The VFW also found that older women veterans were less likely to use their earned benefits and services compared to their younger counterparts, despite being equally as likely to be eligible or need such benefits and services. No veteran should be left to wonder what, if any, benefits she is eligible to receive. The VFW has urged VA to conduct targeted outreach to older women veterans who may not be aware of the veterans' benefits and services VA provides.

Homelessness

Women veterans with children who are homeless or at risk of becoming homeless face much different barriers than homeless veterans without children. In fact, homeless and at risk veterans with children report the

lack of childcare services impact their ability to receive the VA health care and job training services they need. The VFW has urged Congress and VA to ensure homeless veterans have access to childcare when receiving health care and job training services. Homeless veterans were also concerned with the lack of access to job training programs and counselors who understand the challenges of being homeless. The VFW has urged Congress and VA to expand successful employment and peer-support programs to all homeless veterans to ensure they are able to obtain meaningful employment and stay off the streets. The VFW wants to hear from you. If you would like to share your experience with VA health care or benefits, email the VFW or call 1-800-VFW-1899 (1-800-839-1899).

Department of South Carolina

Department of South Carolina Fall Conference

November 3-5, 2017 Myrtle Beach, South Carolina Hilton Myrtle Beach Resort 10000 Beach Club Road Myrtle Beach, SC 29572 Phone (843) 449-5000 or (800) 876-0010 (Toll Free)

District 1 News

Time is getting close for submission of Department awards for Post and Member and the District Volunteer award. Anyone can submit an award and all are encouraged to do so. See the Post Commander or Quartermaster for more information and requirements for submission. The next District meeting will be March 4th at Post 3433. This will be the District Awards banquet and we are expecting a big turnout. All members are invited to attend and are encouraged to do so to support the awardees. Patriots Pen, Voice of Democracy and Teachers awards are due to the Post by October 31st. Good luck to all participates.

Around the Post

The Post's General Membership Meetings are held on the first Tuesday of each month at 7:30 pm, in the ballroom at the Post Home; please plan on attending. Auxiliary Business meetings start right after the conclusion of the general meeting and the Comrades Business meeting starts at 8pm.



If you would like to receive the Newsletter by email, please contact us at

ladsonvfw3433@gmail.com Email delivery is much faster than "snail mail", and it saves us the expense of printing and mail-

ing. To avoid an interruption in receiving your Post 3433 Newsletter, let us know if you have changed your email address.

We need help. If you can spare some time to give us a hand stop by and talk to



VOLUNTEERS

Sarge or the Commander. The pay is terrible but the rewards of helping your post and veterans out weight the dollars.



OUR GOAL:

Educate and raise awareness among the general public about the veterans who have served on their behalf by

promoting the values of duty, honor, sacrifice and patriotism.

VNN Host: https://vnnusa.com/listing/guide/vnn-host

If you would like to support the Veterans News Network with a sponsorship Ad, please visit http://www.vnnusa.com/thanks-for-supporting-vnn/

Veterans Day Parade 2017 update includes timeline

RAIN DATE: As the Veterans Day Parade takes months to plan, there can be no rain date. If the parade is to be canceled, we will email and call participants no later than 10 am on the date of the parade.

FLYOVER: We will have a C17 flyover kicking off the parade at 2:30 pm.

ROUTE: The parade route is on the web site here: http://www.charleston.va.gov/ Veterans Day Parade.asp.

PARKING & TRANSPORTATION FROM VA TO PARADE STAGING, and FROM END OF PARADE TO VA: We will have two vans operating continuously from the rear of the building at the VA Medical Center (address below) to the parade staging area on Concord from noon to 2:15 pm. Those same vans will be picking up at the parade end at Colonial Lake (CLICK HERE for map) from approximately 3 pm to 4 pm. If you need a ride to or from, please be in those areas – VA staff will be at VA to guide you, but at the end of the parade route please flag down a van (they'll be easy to spot with government plates front and rear.) If you have your own transportation (school buses) dropping at the staging area, they can line up around Colonial Lake for pickup. If traveling/walking/marching to VA from Colonial Lake (about 7 blocks) please use caution. Some of you may choose to march/walk from Colonial Lake to VA, which is fine.

STAGING: Staging can start at 12:30 pm on Concord – We ask that ALL participants be in firm place by 2 pm. If you have a large group, please plan to arrive early to get in place. Citadel cadets will be at the site to guide you directly to your staging location. *Please do not proceed to your spot without a cadet escort – it is impossible to turn around a float in this area.* When the parade starts, the RIGHT line will go first, then the LEFT line will follow. CLICK HERE for a map of the staging area from google. Zoom out on the map to find several ways to enter the Washington/Pritchard/Concord area from East Bay north of Market. Police will be at Hasell and Concord at 12:30.

LUNCH: We will serve a Bo jangle's chicken lunch starting at 3 pm-ish.

Have you cleaned your dryer vent recently?

Lint is highly flammable and can pose a severe fire hazard when dryer vents are not cleaned regularly and properly. According to the U.S. Fire Administration's National Fire Data Center, clothes dryers are responsible for more than 15,000 structure fires around the country



Before

After

each year, and 80 percent of those fires start with clogged dryer vents. Another dangerous aspect of a clogged dryer vent is the possibility of the release of poisonous gas fumes. Blocked vents can cause carbon monoxide to back up into your home instead of being exhausted outdoors. Give your wallet (and the environment) a break

It's a sad reality that's been coming to a head for years now. Thousands of websites are hacked each and every day.

What does that mean for your data and personal information? Simply put, it's not safe. Data breaches are constantly being reported, and it doesn't look like that's going to change anytime soon.





Now more than ever, you're vulnerable to hackers' tricks and schemes. One major problem is, most folks don't know they've been hacked until it's too late.



The chance that your email account has been compromised is greater than ever. That's why you need to know about the helpful website Have I Been Pwned.



Just enter a valid email address that you use on other sites and Have I Been Pwned will check to see if it's been compro-

mised in a data breach. If your email address is out there, you can take steps to make your account passwords stronger. Hackers can guess the average person's password nearly 73 percent of the time when they know some information about you. Create a unique and complex password that isn't hard to remember. One trick is a "passphrase," which is both a statement and a complex series of characters, cases, and numbers. Make a phrase that's specific to you like, "MySonWasBornOnAug12!"



Change your password regularly, but not too often. It is recommend that you change your password at least once every 12-months. If one of the services you use is involved in a data breach, you'll want to update your password for that account now.

Remember, you are the only one who can protect your identity. Be aware of what you share, keep sensitive personal and financial documents secure, protect your mobile devices and check your credit report.



The Veterans' Voice

We are the voice that represents veterans everywhere and defends their rights and benefits. Our representatives stand for veterans every time. <u>Action Corps</u>.



Reprinted by Request:

Are you eligible for combat related special compensation?

FORT KNOX, Ky. — Have you heard about a retired veteran's program called Combat-Related Special Compensation (CRSC)? If you haven't, don't worry, you are not alone. If you are familiar with CRSC, it's likely you're still not sure if you qualify or how retired veterans can apply for this benefit. To shed light on the program, the Army CRSC office at Fort Knox, Kentucky offers the following helpful tips and information.

First, potential applicants should understand that CRSC is a Department of Defense (DOD) program, not a Department of Veterans Affairs (VA) program, and is authorized under 10 U.S. Code § 1413a. CRSC is a form of concurrent receipt paid monthly to eligible military retirees. In other words, CRSC restores military retired pay that is offset when a retiree accepts compensation from the VA for a disability or condition that can be directly linked to a combat-related event as defined by the CRSC DOD program guidance. The CRSC benefit allows eligible retirees to concurrently receive an amount equal to or less than their length of service retirement pay and their VA disability compensation.

Retirees must meet all of the following criteria to be eligible for CRSC:

- Must be retired and receiving military retired pay.
- VA must have awarded 10 percent or greater service connected disability for a condition that meets the combat related definition as defined by CRSC DOD program guidance.
- Must have a VA waiver (VA Form 21-651, MAR 2005) in place for by-law reduction of military retired pay in the amount of the VA disability payment.

Eligible retiree categories include those who have 20 or more years of service, or a medical retirement under Chapter 61, Temporary Early Retirement Act (TERA), or Temporary Disabled Retirement List (TDRL).

A combat-related injury is one that can be attributed to:

- Simulated war training (e.g., combat obstacle course)
- Hazardous duty (e.g., underwater diving, parachute duty)
- Instrumentality of war (e.g., military vehicle rollover during a training mission)
- Presumptive Disabilities (e.g., Agent Orange, mustard gas)
- Armed conflict (e.g., gunshot wounds, shrapnel wounds, punji stick injuries)

Due to the volume of applications received, the Army's CRSC program is experiencing an average 10-month claims processing cycle. CRSC applicants should note that an uncorroborated statement in a record that a disability is combat-related will not be considered determinative for purposes of meeting combat-related program standards; documentation verifying the cause of the disability is required. The CRSC program validates your submitted 10 information against your personnel records, available military medical and VA records in

making eligibility determinations. Therefore, you only need to submit those documents that directly support your claim that are not already found in your official record. Submitting non-related documentation (i.e., your entire medical history) will only slow the process and increase your wait-time. Finally, electronic submittal is the best, lowest cost, and most efficient way for you to submit your claim.

For more information on CRSC, including how and where to submit an application, visit the Human Resources Command website at https://www.hrc.army.mil/content/CRSC, call toll free (866)281-3254 (Mon-Fri / 0800-1800 hours), or email CRSC questions to mailto:askhrc.army@us.army.mil.

Army Echoes – Jun-Sep 2017 Thanks to Mary Bain.



A haircut at Sport Clips can "Help A Hero" now through Veterans Day

GEORGETOWN, Texas (October 16, 2017) – The annual Sport Clips Haircuts' "Help A Hero" campaign kicks off today, and you can help service members and veterans take the next step toward civilian careers through education when you visit a local store. Now through Veterans Day, November 11, you can "Help A Hero" when you get a haircut at one of the more than 1,700 Sport Clips locations across the U.S. The goal again this year is to raise \$1 million to benefit veterans through the Veterans of Foreign Wars of the U.S. (VFW)-administered scholar-ship program.

The VFW and Sport Clips established the Help A Hero scholarship program in 2013, but have worked together for more than a decade to support America's service members and their families. The "Sport Clips Help A Hero Scholarship" program provides up to \$5,000 of assistance to qualified individuals who have served in the military, are in need of financial assistance, and are pursuing an education at post-secondary institutions, including trade schools. To date, Sport Clips, clients, team members and product partners have raised more than \$3 million for the program, which resulted in more than 800 scholarships being awarded.

"The first Help A Hero Scholarship recipients are completing their studies and securing meaningful work. It's fulfilling to see them employed, helping others, supporting themselves and their families, and reaching career goals with the help of these scholarships. Even though the GI Bill has been recently updated, it still doesn't cover all the expenses many veterans have when they return from active duty and enroll in school. Privately funded scholarships are critical to numerous veterans when they seek further education," said Sport Clips Founder and CEO Gordon Logan, an Air Force veteran and VFW Life member. "This is one of the best ways we can say 'thank you' for what these men and women have given to our country, and it's an honor to serve them through the support of these scholarships."

Donations to the Help A Hero campaign will be collected by Sport Clips stylists and other team members in stores and at local fundraising events. Sport Clips will also hold "The Biggest Hair-

cut Day of the Year" on Veterans Day, November 11, when the company donates a dollar for every haircare service to the scholarship program, and many <u>participating stores</u> will also offer free haircuts to service members and veterans with valid military identification.

"We've fought hard to expand the Post-9/11 GI Bill benefits, protecting and expanding educational benefits for future generations," said VFW National Commander Keith Harman. "Together with Sport Clips' support, we will continue to ensure today's service members and veterans receive every opportunity for success, one scholarship at a time."

Sport Clips is the official haircutter of the VFW, and its Help A Hero program is just one of many ways the company supports active-duty military and veterans. To find out more, visit your local Sport Clips or SportClips.com.

About Sport Clips Haircuts

Sport Clips Haircuts is headquartered in Georgetown, Texas. It was established in 1993 and began franchising in 1995. The sports-themed haircutting franchise, which specializes in haircuts for men and boys, is ranked by Entrepreneur Magazine as one of the "Fastest-Growing Franchises" and in the top 10 in its "Franchise 500." There are more than 1,700 Sport Clips stores open in the U.S. and Canada. Sport Clips is the "Official Haircutter" of the Veterans of Foreign Wars (VFW), offers veterans preferential pricing on haircuts and franchises, and was named a "2016 Best for Vets: Franchises" by Military Times. Sport Clips provides "haircuts with heart" through its annual Help A Hero fundraiser that has given \$5 million to the VFW; national partnership with St. Baldrick's Foundation, the largest private funder of childhood cancer research grants; and other national and local philanthropic outreach. Sport Clips is a proud sponsor of Joe Gibbs Racing's NASCAR driver Denny Hamlin and Furniture Row Racing's Erik Jones, and partners with numerous NCAA and professional sports teams. To learn more about Sport Clips, visit sportclips.com.

About The Veterans of Foreign Wars

The Veterans of Foreign Wars of the U.S. is the nation's largest and oldest major war veterans organization. Founded in 1899 and chartered by Congress in 1936, the VFW is comprised entirely of eligible veterans and military service members from the active, Guard and Reserve forces. With nearly 1.7 million VFW and Auxiliary members located in nearly 6,400 Posts worldwide, the nonprofit veterans service organization is proud to proclaim "NO ONE DOES MORE FOR VETERANS" than the VFW, which is dedicated to veterans' service, legislative advocacy, and military and community service programs. For more information or to join, visit our website at www.vfw.org.

Cootie Clowns on a Hospital Visit





Friends





Special VIP Table at the Comedy Show



Enjoying the show





Spaghetti Night at the Post



Scoring the shot at the MOC Turkey Shoot



Tuning up and getting ready to entertain the members at Jazz Night.









VFW Post 3433 Officers 2017 - 2018



Commander	Todd "Howie" Howard	President	Betty Gander
Sr. Vice Commander	Gregg Miller	Sr. Vice President	Betty Brewster
Jr. Vice Commander	Robbert Zedneck	Jr. Vice President	Dana Alves
Quartermaster	Andrew Steanson	Chaplain	Bonnie Walton-Guiendon
Chaplin	Jay Johansen	Treasurer	Sandy Rowland
Judge Advocate	Edwin "Ted" Tufts	Secretary	Robin Pittman
Service Officer	Ron Jones	Conductress	Sandi Myers
Surgeon	Janet Chisolm-Richard	Guard	Randall Brooks
Adjutant	Andrew Steanson	Patriotic Instructor	Ellen Fulda
1 Year Trustee	Anglia Soza	Historian	Judy Duncan
2 Year Trustee	Edwin "Ted" Tufts	1 Year Trustee	Beth Tufts
3 Year Trustee	Joy Clark	2 Year Trustee	Mary Bain
		3 Year Trustee	Shirley Houck

Post Chaplain: Jay Johansen cojohansen@gmail.com Auxiliary Chaplain: Bonnie Guiendon Walton waltonbonnie29@yahoo.com



MOC/MOCA Officers 2017 - 2018

OK DE			
Seam Squirrel	Anglia Soza	President	Sandy Rowland
Blanket Bum	Joy Clark	Sr. Vice President	Judy Duncan
High Gimlet	Jennifer Hanshew	Jr. Vice President	Jo Ann Perritte
CCDB	Gary Gander	Chaplin	Carrie Conyers
Hungry Cootie	Jackie Brooks	Treasurer	Betty Brewster
Tight Wad 1	James "Smokey" Stover	Secretary	Betty Gander
Tight Wad 2	Norris Stevens	Conductress	Dana Alves
Tight Wad 3		1 Year Trustee	Ellen Fulda
Pill Pusher	Edwin "Ted" Tufts	2 Year Trustee	Sandi Myers
Jimmy Legs	Ralph Minnoe	3 Year Trustee	Karen McClendon
Shyster	Phil Cates	Guard	Marietta Hill
Sky Pilot	Robbert Hill		
Provost Marshall	Jim McClendon		

Family Information Contact Sheets

We are being notified much too late, if we are notified at all, concerning the well-being of Post members. Usually this occurs when it is much too late for anyone to help or complete the appropriate actions. If something happens, please notify us as soon as possible about the illness, injury, or death of a Post member. For everyone's help and convenience, Family Information Contact Sheets are in an envelope in the Canteen. The information is passed to the appropriate Chaplain.

DAYLIGHT-SAVING TIME ENDS ON NOV. 5, 2017 AT 2:00 A.M.

Monthly meeting are held on the 1st Tuesday of each month. VFW Business meeting starts at 7:30, AVFW meets right after and Comrades meet at 8pm.



- Friday Night –AuxiliarySteak. 6:30
- 1st Thursday
 Bassmasters
 pm
- 5.A.M.S. 11am
- ◆ 3rd Tuesday Spaghetti Hight. 6:30 ◆ 3rd Thursday – DAV 7:30
- ◆ 3rd Saturday−11:00S.A.M.S. Mtg.
 - Dec 16 -Wreaths across America Day.
 - Dec 17 Children's Christmas Party 1pm Dec 17 - VA Christmas Party

- 11am



Nevember

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6-7:30	2 Bass Masters 7pm	3 No Steak	4
5 Daylight Savings Time Ends	6 House Committee Mt 7:00	7 VFW Business Meeting 7:30	8	9	10 Auxiliary Steak 6:30	VETERANS DAY
12 MOC/ MOCA visit to Victory House	13 7:30	14 MOC/ MOCA 7:31	15	16	17 Auxiliary Steak 6:30	18 S.A.M.S Mtg. 11am
19	20	21 6:30 Spaghetti	22	23	24 No Steak	25
26	27 7:30	28	29	30		





			27.5	A		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Tui	key Shoot -	4 Oct - 16 D	ec.		1 No Steak	2
3	4 House Com- mittee Mtn 7:00	5 VFW Business Meeting 7:30	6 6-7:30	7 Bass Masters 7pm Pearl Harbor Day	8 No Steak	9
10	11 7:30	12 MOC/ MOCA 7:31	13	14	15 No Steak	16 S.A.M.S Mtg 11am Wreaths Across America Beaufort 10am
17 Children's Christmas Party Ipm - VA Christ- nas Party 11 AM	18	19 6:30 Spaghetti	20	21	22 No Steak	23
24 Christmas Eve	25	26	27	28	29 No Steak	30
31 New Years Eve Happy New Year!						

Thank you to everyone who contributed to this newsletter. Without you, it would not be what it is. Stay connected and get your newsletter early via email by contacting the post at ladsonvfw3433@gmail.com or vfwpost@comcast.net

Ted Tufts-Newsletter Editor.