

<u>2018 Membership Goal:</u> 100% / 85% Retention 2018 Current Status: **97.44%** / **72.11%** 

# April 2018



<u>All American Post</u>—1985,86,87,89,91,2003,13 <u>All State Post</u>—1984,85,86,87,89,90,91,94,95,2003,06,09,10,12,13,15 <u>Department of South Carolina Communication Award</u> — 2014,15,16

# TSGT. Walter C. Fulda Post 3433 POST "Crier"

## Veterans of Foreign Wars of the United States

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**Business E-mail:** 

vfwpost@comcast.net

Email List:

ladsonvfw 3433@gmail.com

Ballroom Scheduling:

Bonnie Walton - Coordinator waltonbonnie 29@yahoo.com

VFW National

http://www.vfw.org/

Department of SC VFW

http://www.vfwsc.org/

VFW Auxiliary

http://www.vfwauxiliary.org/

3433 Webpage

https://vfwpost3433.org/

Newsletter Editor— Ted Tufts

# From the Commander



Spring is in the air!!! I hope everyone is enjoying the weather (even the pollen). Thanks to all that helped with and attended the 20/20 party. Election meeting is April. Interested in a position? Throw your hat in the ring. Lots of positions available.

Hope everyone has a Happy Easter.

#### Howie

Todd W. Howard Commander 2017-18

# From the President



Steak Night reminder is April 6th & 27th and Jazz Night is on 27th at 6:30 pm. May 4th & 25th. Thanks to all who helped with District One Meal. Thanks to all that helped decorate our ballroom for the 20-20 post party. April 3rd meeting we will have nominations and election for our future Officers. All reports from Chairmen need to be to department by April 30th. Department picnic is April 21st at department Headquarters. Dues reminder May 30th we need 15 to

100% for our Auxiliary.

## Betty Gander

VFW Auxiliary President 2017-2018

# **Membership**





Spread the word

RECRUIT THE FUTURE OF

THE VFW. ANNUAL MEM-

BERSHIP + LIFE MEMBERSHIP + YOU = POST 3433.

We need your help to spread the word on what the VFW is about and all the wonderful things we do for our Veterans and their families. Comrades, now is the time – more than ever – to increase our membership in the VFW and in this great Post! Our strength is in our numbers; and our strength starts with each and every one of you!

VFW \$35, Auxiliary \$20.

Stats as of this writing – <u>97.44% Recruiting</u> is everyone's task. If you know a veteran or family member who qualifies, take a moment to tell them of all the good things we do to help veterans. Membership applications are behind the bar available to any Comrade or Auxiliary member for the asking.

VFW and AVFW to Post 3433 welcomes the newest members to our post home. On behalf of the Veterans of Foreign Wars of the United States, thank you for your continued service to our nation and for becoming a part of the greatest veteran's organization in the world.

#### **DUES NOTICE SCHEDULE**

Annual members will receive a mailed renewal notice five months, three months, and one month prior to their subscription end date. Annual members with a valid email address will also receive an emailed renewal notice six months, four months, and two months prior to their subscription end date.

Annual members will receive a mailed lapsed notice one, three, and five months following their subscription end date.

#### MEMBERSHIP PAYMENT OPTIONS

Members now have the option to enroll in two beneficial programs. Once enrolled in either program, automatic payments are processed using the credit card information provided on the application. These are simply added options on the membership application. The traditional methods of signing up for both annual and Life membership are still options as well.

#### VFW Autopay—renews your annual membership automatically!

**Life Installment Plan**—automatic monthly payments option—with this option, there is no need to complete a payment authorization form.

Annual members are encouraged to take advantage of the Life member installment plan. Annual are also encouraged to take advantage of the automatic payment option if they prefer not to become a life member.

#### Legacy Life Membership:

This prestigious program is available to all Life members and is now available in memoriam for past Life members. Three levels of membership each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

| Level - Costs     | Post    | Departments | National |  |
|-------------------|---------|-------------|----------|--|
| Gold - \$1,200.00 | \$18.00 | \$18.00     | \$18.00  |  |
| Silver- \$800.00  | \$12.00 | \$12.00     | \$12.00  |  |
| Bronze- \$400.00  | \$6.00  | \$6.00      | \$6.00   |  |

# Surgeon's Corner



April is Awareness Month for several groups and Illnesses to include Asian/Pacific American Heritage, the Military Child, Scottish American Heritage, and Thai Heritage, National Sarcoidosis, Stress, Alcohol, Bowel Cancer, Autism, Mental Health, Parkinson, and Sexual Assault. It is also The Month of Hope. Focus on the possibility of future good, rather than past, current, and potential future stressors in your life. Have fun with friends. Protect those in our sphere of influence. Pray for our deployed and at home peace keepers. And above all take good care of yourself.

We would normally be looking forward to the April rain for the May flowers, but who knows. We have had the January snow, the February summer, and March flowers. Enjoy each new and unpredictable

day. Its all good.

#### Post winners 2017-2018 Patriots Pen / Voice of Democracy.

#### PATRIOTS PEN

- 1. KEIRAN A. WOOD, 6TH GRADE, SC CONNECTIONS ACADEMY
- 2. KENDRA T. JEFFERSON 7TH GRADE, ALSTON MIDDLE SCHOOL
- 3. WYATT S. THOMAS 7TH GRADE, SC CONNECTIONS ACADEMY

#### VOICE OF DEMOCRACY

- 1. SYDNEY THOMAS
- 2. ARMAND M. JONES



PP 1st Place Keiran A. Wood with Post Jr. Vice Cmdr. Rob Zdenek and Post PP/VOD Chair Janet



VOD 2nd Place Armand M. Jones with Post Jr. Vice Cmdr. Rob Zdenek and Post PP/VOD Chair Janet

With much love to you all, your Post Surgeon, Janet Janet Chisolm-Richard

Post Surgeon - 2017-2018

#### Service Officer



Hello Comrades! This month's message is about some free things that can help you. You can have these on your smart phone. I know not everyone has one and probably half of those that do are really lost when trying to use them for something other than making a call. Count me as part of the lost group. However, I have found that I can do it, so you can too,

Here are the most basic directions about how to get one of the great apps listed below.

Go to the App Store on your phone (press the App Store icon on your screen).

When you get to a screen showing "Apps" look for the **Search** icon (usually a magnifying glass) on the lower right portion on the screen. Touch it.

When the "Search" screen comes up, type in "VA". When you get to the VA site scroll down and you will find the free apps listed below.

Touch "GET" next to the title of your choice. When your app shows up all you have to do is touch "Install" and it will be installed on your phone.

It is easy to do and the benefits from it will help keep you healthy and around a lot longer. The apps available on the App Store and VA Website are listed below.

PTSD Coach – This app connects users to tools for managing post-traumatic stress symptoms. It supports Service members and Veterans with self-assessments, symptom-tracking capabilities, educational materials and stress coping skills.

MOVE! Coach – This app is a 19-week weight loss program for Veterans, Service members, their families, and others who want to lose weight. The app helps participants track and receive feedback on their progress with weight, diet and exercise goals.

Moving Forward – This app allows users to access on-the-go tools and learn problem solving skills to overcome obstacles and deal with stress. While this app was designed for Veterans and Service members, it can be used by anyone.

Stay Quit Coach – This app provides information about smoking cessation, along with motivational messages, interactive tools and support contacts to help users stay smoke-free and cope with urges to

smoke.

Mindfulness Coach – This app leads the user through steps to learn how to practice mindfulness. Mindfulness means grounding yourself in the present moment. It has been shown to be helpful for reducing stress and helping people cope with unpleasant thoughts and emotions.

If you have questions, ask me. Remember, April is a great month to ask a fellow Veteran to join our Post. Always look out for a fellow brother or Sister Veteran.

# Ron Jones Post Service Officer 2017-2018



The VFW's Action Corps is the VFW's grassroots lobbying effort. Located in communities across the globe, this group work to inform and educate veterans and service members on the initiatives and policies that affect them and take the voice of veterans to local, state and national lawmakers.

Join the <u>VFW Action Corps</u> today and add your voice to the thousands of veterans' advocates making a difference every day, and if you're already a member of the VFW Action Corps, encourage your friends and neighbors to join the effort!

#### Participants receive:

- The VFW Action Corps Weekly, an easy-to-read electronic newsletter that highlights the VFW's advocacy efforts on Capitol Hill.
- Immediate access to a nationwide database of contact information for all elected officials, a congressional directory.
- Regular VFW "Action Alerts" on how to get involved when our nation's veterans, service members and their families need their voices heard on Capitol Hill.

# **News from the MOC Seam Squirrel**



Well now. It seems that I can't run as fast I used to in the Army. I was chased around the room and got caught. AGAIN. What a great celebration and an excellent turn-out! The MOC-MOCA is one of the best things that's ever happened to me. I thank you all for the honor of being your Seam Squirrel for another year. I just need to keep thinking up newsletters now!

A humongous THANK YOU to Goose, Smokey, and Liz! We destroyed that fire pit! Liz kept hitting me with the shovel. I turned around and Smokey had broken a sledge hammer because he was using the wrong the end. (Not kidding) Lesson learned, eh? It was a fun time. It's at a small stopping point right now but we'll get it done!

National Beer Day is April 7th. It falls on a Saturday this year so all of us folks that still work for living can toast a cold one! It's a celebration of the Cullen-Harrison Act that was signed by FDR in 1933. This allowed people to buy, sell, and drink beer that had 4% alcohol by volume. After he signed it he supposedly said "I think this would be a good time for a beer." That's a heck of POTUS in my book! Cheers to beer!

Spring Break for all area schools starts April 2nd and ends April 6th. Watch out for children while you're out and about.

#### Dates to remember:

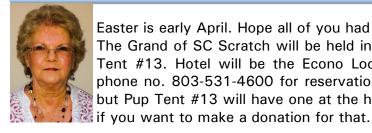
6-8 Apr - Grand of SC hosted by Pup Tent #13 at the Econo Lodge in Orangeburg located at 1415 John C. Calhoun Drive, 803-531-4600
10 Apr 1931 - Crummy Bug Scratch
Happy Easter!

Our next meeting will be April 10th at 1931. See y'all there!



Anglia (George) Soza
Seam Squirrel
2018-2019

#### **News from the MOCA President**



Easter is early April. Hope all of you had a happy one with family and friends. The Grand of SC Scratch will be held in Orangeburg on April 6-8, 2018, sponsored by Pup Tent #13. Hotel will be the Econo Lodge, 1415 John C. Calhoun Dr., Orangeburg. Call phone no. 803-531-4600 for reservations. Pup Tent #10 will not have a hospitality room, but Pup Tent #13 will have one at the hotel. The Ways and Means Table needs some items

New auxiliary officers for the year 2018-2019 will be: President - Judy Duncan, Sr. Vice president - JoAnn Perrett, Jr. Vice President - Dana Alves, Chaplain - Cody Miller, Treasurer - Betty Brewster, Conductress - Marietta Hill, Guard - Sandy Cates, Secretary - Pat Powers, 1 Year Trustee - Carrie Conyers, 2 Year Trustee - Karen McClendon, 3 Year Trustee - Sandy Rowland. Congratulations to the new officers and we are wishing you a successful year for Pup Tent #10 Auxiliary.

Our auxiliary is getting our year-end reports in during the month of April. That means the conventions are not that far away. We have had a great year, reached 100 + 1 in membership early, doing our hospital work for the veterans in the hospital and nursing homes, and making other contributions for our programs. Thank you for your continuing help and support.

The auxiliary, in partnership with the VFW Auxiliary and the Cracker Barrel, made donations of rocking chairs for the Charleston Fisher House. There is a rocking chair for every branch of service and one for the American flag on the front porch. Thank you JoAnn for your donation.

Our next meeting will be Tuesday, April 10, 2018 at 7:31 pm. Hope you will plan to attend.

Remember our slogan, "keep'em smiling in beds of white".

Sandy Rowland MOCA President 2017-2018

#### **VFW National**

KANSAS CITY, Mo. – The Veterans of Foreign Wars of the U.S. is proud to name the top three teachers in its 2018 Smart/Maher VFW National Citizenship Education Teacher Award contest.

Emily Cowan Ezell, a third-grade teacher at Cowan Elementary School in Cowan, Tenn., was named the elementary school winner for fostering students' patriotism through an annual production of her self-written and designed patriotic play, This Is Our Country. Ezell is known for planning annual field trips to military museums, inviting local veterans to visit her classrooms, and for showcasing veterans' pictures and stories to help ensure patriotism lives year-round in her school.

Representing the middle school level is Sara Gibson, a seventh-grade history teacher at Caroline Middle School in Milford, Va. From spearheading her History Club's creation of a Korean War Memorial in Caroline County and portraying important historical figures from every era, to leading field trips to local war and military museums, Gibson was chosen for her unique ability to bring history to life, while helping her students understand the service and sacrifice of America's veterans.

Michael Rauenhorst, an Air Force veteran and aerospace science teacher at North Pole High School in North Pole, Alaska, was selected at the high school level for encouraging community volunteerism, for his leadership of the school's Air Force JROTC, and his Curriculum in Action tours, which reinforces not only science in the classroom, but encourages citizenship and strengthens student perspectives of aviation and America's military past, present and future. Rauenhorst is a Life member of North Pole, Alaska, VFW Post 10029.

"Teachers like Emily, Sara and Michael play a vital role in raising our nation's next generation of leaders as civic-minded patriots," said VFW National Commander Keith Harman. "The VFW is honored to recognize the dedication and commitment of our nation's teachers as they help perpetuate the values and freedoms that have made this nation great."

Each teacher will receive an all-expense-paid trip to Kansas City, Mo., where they will each be presented with a \$1,000 award for professional development and \$1,000 for their school during the 119th VFW National Convention, July 21-25.

## **Department of South Carolina**

DEPARTMENT CONVENTION 2018 JUNE 7-10, 2018 COLUMBIA, SOUTH CAROLINA

DOUBLETREE by Hilton 2100 Bush River Road Columbia, South Carolina Phone (803) 731-0300

Registration form for the convention is on the Department webpage. Make your registrations now so Department can get a good count.

On 5 May there will be a CofA at Department Hq - 10am for the Comrades and 21 April is the Department Picnic also at Hq. All are invited and welcome to attend.

### **District 1 News**

The District awards ceremony was a huge success this year and many thanks to Post 3433 and Auxiliary for their hard work to make this event possible. Many awardees and visitors heaped praise on the meal, facilities and professionalism by the Post and members of District 1. Again many thanks for a job well done.

6 May is the District Convention at Post 3142. Nominations and election of District officers will be done at this time. Any Comrade in good standing can run for District office and nominations are open.

## **Around the Post**

The Post's General Membership Meetings are held on the first Tuesday of each month at 7:30 pm, in the ballroom at the Post Home; please plan on attending. Auxiliary Business meetings start right after the conclusion of the general meeting and the Comrades Business meeting starts at 8pm.



If you would like to receive the Newsletter by email, please contact us at ladsonvfw3433@gmail.com Email delivery is much faster than "snail mail", and it saves us the expense of printing and mailing.

To avoid an interruption in receiving your Post 3433 Newsletter, let us know if you have changed your email address.

Wanted: Newsletter Editor. My last newsletter will be the June edition which is the end of this membership year. Anyone desiring to take over this position contact the Commander or myself.



We need help. If you can spare some time to give us a hand stop by and talk to the Commander.

#### From the Steak Chairman -



Auxiliary Steak Nights have changed to the 1st and 4th Friday's of each month.

April 6th, April 27th

Thanks for your support!! Judy Duncan 843-708-9807 or jduncan 004@yahoo.com

### **District Meeting**







Cracker Barrel
Awards
Presentation







**20/20 Party** 













# **USS Ralph Johnson Commissioning**









**Cootie Clowns** 





Darts
Bowling
Taco's at the Post







The Charleston Community Jazz
Band was formed in 2016. The Jazz
Band with a Modern Twist!!!
See more information at:
charlestoncommunityband.org

Come join us for Auxiliary Steak
Night and enjoy this great Jazz Band.
Dinner orders starts at 6:30PM and
orders end at 8:00PM

Thanks for supporting the VFW Aux. 3433!!!!





# VFW Post 3433 Officers 2018 - 2019



| Commander          | Todd "Howie" Howard   | President            | Betty Gander           |
|--------------------|-----------------------|----------------------|------------------------|
| Sr. Vice Commander | Gregg Miller          | Sr. Vice President   | Betty Brewster         |
| Jr. Vice Commander | Rob Zdenek            | Jr. Vice President   | Dana Alves             |
| Quartermaster      | Andrew Steanson       | Chaplain             | Bonnie Walton-Guiendon |
| Chaplin            | Jay Johansen          | Treasurer            | Sandy Rowland          |
| Judge Advocate     | Edwin "Ted" Tufts     | Secretary            | Robin Pittman          |
| Service Officer    | Ron Jones             | Conductress          | Sandi Myers            |
| Surgeon            | Janet Chisolm-Richard | Guard                | Randall Brooks         |
| Adjutant           | Andrew Steanson       | Patriotic Instructor | Ellen Fulda            |
| 1 Year Trustee     | Anglia Soza           | Historian            | Judy Duncan            |
| 2 Year Trustee     | Edwin "Ted" Tufts     | 1 Year Trustee       | Beth Tufts             |
| 3 Year Trustee     | Joy Clark             | 2 Year Trustee       | Mary Bain              |
|                    |                       | 3 Year Trustee       | Shirley Houck          |

Post Chaplain: Jay Johansen cojohansen@gmail.com Auxiliary Chaplain:
Bonnie Guiendon Walton
waltonbonnie29@yahoo.com



# MOC/MOCA Officers 2017 - 2018

| A Die            |                       |                    |                 |
|------------------|-----------------------|--------------------|-----------------|
| Seam Squirrel    | Anglia Soza           | President          | Sandy Rowland   |
| Blanket Bum      | Joy Clark             | Sr. Vice President | Judy Duncan     |
| High Gimlet      | Jennifer Hanshew      | Jr. Vice President | Jo Ann Perritte |
| CCDB             | Gary Gander           | Chaplin            | Carrie Conyers  |
| Hungry Cootie    | Jackie Brooks         | Treasurer          | Betty Brewster  |
| Tight Wad 1      | James "Smokey" Stover | Secretary          | Betty Gander    |
| Tight Wad 2      | Norris Stevens        | Conductress        | Dana Alves      |
| Tight Wad 3      | Liz Britt             | 1 Year Trustee     | Ellen Fulda     |
| Pill Pusher      | Edwin "Ted" Tufts     | 2 Year Trustee     | Sandi Myers     |
| Jimmy Legs       | Ralph Minnoe          | 3 Year Trustee     | Karen McClendon |
| Shyster          | Phil Cates            | Guard              | Marietta Hill   |
| Sky Pilot        | Robert Hill           |                    |                 |
| Provost Marshall | Jim McClendon         |                    |                 |

#### **Family Information Contact Sheets**

We are being notified much too late, if we are notified at all, concerning the well-being of Post members. Usually this occurs when it is much too late for anyone to help or complete the appropriate actions. If something happens, please notify us as soon as possible about the illness, injury, or death of a Post member. For everyone's help and convenience, Family Information Contact Sheets are in an envelope in the Canteen. The information is passed to the appropriate Chaplain.



# May 2018

Monthly meetings are the 1st Tuesday of each month. VFW business meeting starts at 7:30, AVFW

meets right after and Comrades meet at 8pm.

- Wed ♦ 1 s t Night - Wings 6:00 to 7:30
- ♦ 1st Thursday -Bassmasters 7
- 1st/4th Monday Aux Steak
- ◆ 3rd Tuesday Spaghetti Night. 6:30
- ◆ 3rd Thursday -**DAV 7:30**
- ♦ 3rd Saturday -11:00 S.A.M.S. Mtg.
- ◆ April 6-8-MOC/ MOCA Grand of SC Orangeburg
- ◆ April 21 VFW Dept., Picnic Columbia
- ♦ April 27 Jazz Night
- May 1 Loyalty Day
- ◆ 5 May Dept. CofA
- May 6 District Convention Pos 3137

| Sun  | Mon                    | Tue                               | Wed      | Thu                   | Fri                        | Sat                                |
|--|------------------------|-----------------------------------|----------|-----------------------|----------------------------|------------------------------------|
|  |                        | 1 VFW<br>Business<br>Meeting 7:30 | 2 6-7:30 | 3 Bass<br>Masters 7pm | 4 Auxiliary<br>Steak 6:30  | 5 Department<br>of SC CofA<br>10am |
| 6 District 1<br>Convention<br>1pm Post<br>3142 | 7 Honor Guard<br>7:30  | 8 MOC/MOCA<br>7:31                | 9        | 10 Taco Nigh          | 11                         | 12                                 |
| 13   | 14                     | 15 6:30<br>Spaghetti              | 16       | 17 7:30               | 18                         | 19 S.A.M.S<br>11am                 |
| 20   | 21 Honor<br>Guard 7:30 | 22                                | 23       | 24                    | 25 Auxiliary<br>Steak 6:30 | 26                                 |
| 27   | 28                     | 29                                | 30       | 31                    |                            |                                    |







# April 2018 💝

| ,       | SUN      | MON                 | TUE                         | WED      | THU                   | FRI                        | SAT   |
|---------|----------|---------------------|-----------------------------|----------|-----------------------|----------------------------|---|
| of<br>g | 1        | 2 HC 7:00 /<br>7:30 | 3 VFW Business Meeting 7:30 | 4 6-7:30 | 5 Bass<br>Masters 7pm | 6 Auxiliary<br>Steak 6:30  | 7   |
| y       | Easter 8 | 9                   | 10 MOC/<br>MOCA<br>7:31     | 11       | 12 Taco Nigh          | 13                         | 14  |
| 1<br>st | 15       | 16 7:30             | 17 6:30  Spaghetti          | 18       | 19 7:30               | 20                         | 21 VFW<br>Dept., Picnic<br>Columbia /<br>S.A.M.S 11am |
|         | 22       | 23                  | 24                          | 25       | 26                    | 27 Auxiliary<br>Steak 6:30 | 28  |
|         | 29       | 30                  |                             |          | Apr MOC/MOCA          | Grand of SC-               | Orangeburg  |

Thank you to everyone who contributed to this newsletter. Without you, it would not be what it is. Stay connected and get your newsletter early via email by contacting the post at ladsonvfw3433@gmail.com or vfwpost@comcast.net